

'94 SHIMANO

BICYCLE
SYSTEM
COMPONENTS

SHIMANO

Message From Shimano...

We are trying to refine the bicycle in a way that makes it appeal to more people. Our component development work is aimed at making the bicycle easier to ride and control. We want to dispel the myth that a derailleur-equipped bicycle with hand brakes requires special skills to ride safely and competently.

SIS, Rapidfire Plus levers, SLR/M System brakes, HG sprockets and other refined components have already done much to show the public that today's modern lightweight multi-speed bicycle can be easier and much more enjoyable to ride than the heavy one-speed types that were predominant just a few years ago.

Just because someone doesn't want to spend a lot of money on a bicycle doesn't mean that person shouldn't be able to enjoy the latest cycling technology. That's why you can find the complete range of advanced Shimano functions on almost every component group, from the pro-level Dura-Ace and XTR racing components down to the new MJ Series developed especially for youth bicycles.

We believe that every new function we develop should be made available to as wide a range of cyclists as possible. We continually refine, simplify, and improve these

mechanisms so they can be integrated into components used on bicycles in every segment of the market.



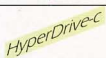
New features for 1994 include Advanced Light Action, Optical Gear Display, and HyperDrive-C. Advanced Light Action provides a lighter and more precise shifting feeling. The Optical Gear Display on MTB lever sets offers the rider a clear readout of the current gear position, something veteran cyclists, even racers appreciate. HyperDrive-C is a new compact chainwheel and rear sprocket system that reduces weight and mass while actually increasing gear range.

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Also new for 1994 is the STX mountain bike component group. STX gives a higher sense of style and quality to mid-priced mountain bikes. Available in a standard or Special Edition version which features a beautiful Chromica plating finish, STX was developed to make the mountain bike a stylish performance vehicle adaptable to a wide range of lifestyles. STX responds to the consumer's demand for style, quality, value and performance.

The Ride Light concept, introduced in 1993, is a design philosophy which stresses the total feeling of lightness in the way the Shimano-equipped bicycle looks, feels, and rides. The purpose of Ride Light is to tell the consumer that today's modern multi-speed bicycle makes cycling easier and more fun than ever before. Ride it! It's new, it's light, it's fun!

At Shimano, we hope to make every bicycle, regardless of price, easier and more fun to ride for everybody. Through these efforts we will introduce more people to the joys of cycling. The result will be a cleaner environment, a friendlier society and a better planet for us all.

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STX and Ride Light for 1994

The Ride Light promotion for 1994 is aimed at expanding the mid-range segment of the mountain bike market. The Ride Light theme is being presented primarily through the new STX components and will stress these four points.

- 1 **The STX bicycle features light-effort controls that are easy to operate**
- 2 **It feels nimble and precise to ride**
- 3 **It presents an appearance of quality and light weight**
- 4 **It is a durable lightweight machine.**

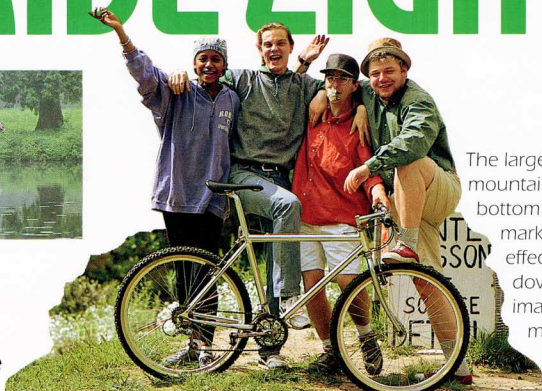
The new STX component group is being priced in the middle of the market to appeal to a wide range of consumers who demand different things from a bicycle. The STX-equipped bicycle can be thought of as a personal recreational vehicle that is adaptable to the owner's individuality and unique lifestyle. It can satisfy a wide range of demands for quality, performance, value, and style. We see that STX will stimulate the market for mid-level mountain bikes.

RIDE LIGHT



Just who is the STX bicycle aimed at?

The STX bicycle is being targeted at a wide range of people who are looking for a quality, high-performance bike at a reasonable cost. The appeal of the STX bicycle lies in the fact that it is an extremely high-value product offering stylish appearance, quality, and advanced component functions. This allows it to fulfill the individual demands of a wide range of consumers. The STX bicycle is positioned in the middle level of the MTB market, a relatively thin area bracketed by high-performance machines above and entry-level cruiser-type mountain bikes below.



The large volume of mountain bikes at the bottom end of the market has had the effect of downgrading the image of the mountain bike in the eyes of some consumers. As a result, it is being increasingly perceived as a relatively cheap street cruiser-type bike offering little real value. Value-conscious consumers, those looking for a quality MTB at a reasonable price, are often forced to choose between a very expensive MTB, or one that really doesn't meet their expectations of quality and value. A high quality yet reasonably priced mountain bike can help fill out the market by appealing to consumers who want value, quality and style without paying more than their budgets allow. We think the STX-equipped mountain bike can help create a larger and more balanced mountain bike market.



Just what is product appeal?

Recreation is becoming an increasingly important part of the modern lifestyle. People have more leisure time on their hands, and leisure-use products are appearing in greater numbers. So the demand for quality in these products continues to increase. More than ever, today's consumers are coming to recognize the importance of quality and value. They are extremely well informed and no longer impressed merely by a brand name. Less concerned with image, they are looking for products made from quality materials, products that provide good value for the money spent.



Shimano STX

The mountain bike for the middle range of the market must project a sense of fun, freedom and excitement. These are the qualities which represent the real "soul" of the mountain bike. We developed the STX components in an effort to recapture the original intent and spirit of the mountain bike. The STX bike is being targeted at a wider range of consumers by appealing to everybody's sense of fun, freedom, and recreation.

Just what kind of bicycle appeals to this consumer?

If a recreational product is to satisfy the target consumer, it must offer value in terms of amusement. That is, it must simply be fun to use. But it must also offer value as a possession that satisfies a desire for quality, performance, and functionality.

The mountain bike originally evolved as a recreational tool. It was a new type of bike that offered great utility due to its comfortable ride, ruggedness, and ability to go on or off the road. It was a go-anywhere bike that was fun to ride. After years of booming sales, however, the quality mountain bike is assuming a narrower role. It is increasingly viewed as a competition-oriented machine or a bicycle intended solely for hard off-road riding.

Certainly today's high-performance mountain bike offers high quality and functionality. We feel, however, that the high-end MTB is assuming an increasingly narrow competitive orientation, a role which will not help us to realize the sales potential waiting to be tapped in the middle market range. The bicycle targeted toward this area must offer outstanding appearance, quality and value at a reasonable price.

New components for '94



Deore XT

Completely redone for 1994, Deore XT offers more performance than ever for off-road racing or heavy-duty trail riding. Advanced Light Action design gives Rapidfire shifting a lighter and more precise feeling. New Rapidfire Plus levers feature easy-to-read Optical Gear Display and modulated Servo-Wave action. New HyperDrive-C gear train features compact 42-32-22 chainwheels and 11-28 8-speed Hyperglide sprocket cluster to reduce weight and mass with no sacrifice in wide-range gearing. Cartridge-type headset totally shuts out water, mud, and dust for extended service life. Super-strong Parallax front hub offers an optional 11mm alloy axle along with the standard 9mm steel type. Also available are replaceable M-System cartridge-type brake pads.



Deore LX

Completely redesigned in 1993, the Deore LX group is now available with many options. These include the ST-M564 Rapidfire Plus lever set featuring Advanced Light Action design and modulated Servo-Wave brake action. HyperDrive-C drive train uses compact lightweight 42-32-22 chainwheels and 11-28 7-speed rear sprocket cluster for less weight. The HB-M564 Parallax front hub utilizes a strengthened alloy body and beefed up 10mm steel axle. Crank available in new silver version.



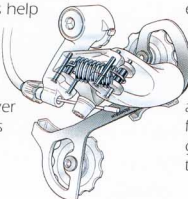
STX

STX is Shimano's all-new MTB component group for 1994 available in standard and Special Edition versions. STX is a sports/recreation component system offering more quality, style, and functionality in the middle-level MTB market. The Special Edition version features lustrous Chromica plating on the crank arms, derailleurs, cantilevers, brake levers and hubs. Advanced Light Action design makes shifting lighter and easier than ever. Optical Gear Display provides at-a-glance gear verification. Compact HyperDrive-C gear train uses 42-34-24 chainwheels and 11-28 rear sprocket cluster. Cartridge-type headset eliminates maintenance and prolongs service life. Special coated fasteners resists corrosion. Beefy Parallax front hub makes a stronger wheel.

New functions for '94

Advanced Light Action

Shimano has refined the SIS shifting system with Advanced Light Action. Redesigned SIS units in shift levers, a new coil spring design in the rear derailleur, and low friction pivot pins in both derailleurs help reduce shifting friction. The result is lighter effort shifting and a more precise lever feeling that makes SIS shifting easier than ever.



Optical Gear Display

All new MTB component groups for 1994 feature the Optical Gear Display. The Optical Gear Display is integrated into the lever assembly and gives the cyclist an easy-to-read visual indication of the current gear. New cyclists will appreciate being able to conveniently verify their gear at a glance. Racing cyclists, fitness and sport riders will also benefit from being able to check their gear without twisting to look at the crank or rear sprockets.

HyperDrive-C

The HyperDrive-C drive train features smaller 42-32-22 or 42-34-24 chainwheels and an 11-28 rear sprocket cluster to reduce weight and mass without any sacrifice in gear range. HyperDrive-C also allows a shorter chain to be used, saving even more weight. The smaller chainwheels and sprocket cluster integrate better into the overall form of the bicycle for a cleaner design.



Alivio

New for 1994, Alivio is a great cost-performance value in a mountain bike component group. Available in standard and high-line versions, Alivio makes full use of all the newest Shimano functions. Advanced Light Action design makes SIS shifting a breeze. Large Optical Gear Display lets you verify your gear at a glance. Wide range HyperDrive-C drive train uses compact SG-X chainwheels and Hyperglide sprockets for less weight. High-line version features Rapidfire Plus lever set with numerical indicator, detachable chainrings, and Parallax hubs with rubber cup sealing.



Altus C50

Altus C50 is the component group that delivers an unexpected level of performance and value for the entry-level mountain bike. Advanced Light Action system provides effortless shifting. Dual SIS for precise click-stop shifting at both rear and front derailleurs. Dial-type Optical Gear Display on right and left thumb shifters. Handsome crankset features black chain rings and luster finish arms.

Tourney 30

The new Tourney 30 components bring advanced Shimano functions to a wide range of entry-level mountain bikes, street cruisers, and recreational bicycles. Advanced Light Action design provides a lighter and more precise shifting feeling. Dial-type optical gear displays on right and left shift levers give at-a-glance gear verification. M-System brakes deliver more dependable stopping power. Black chain rings and luster finish crank make Tourney 30 a standout in its class.



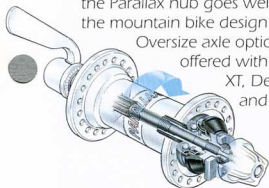
MJ Youth Package

MJ reflects a new generation of Shimano components especially designed for children's bicycles. Never before has a youth component package delivered so much advanced performance and quality. Dual SIS with Advanced Light Action design makes shifting easier and more precise. Double or triple cranksets with available crank lengths from 150 to 160mm let MJ be customized for any bicycle type or size. Youth-sized anatomic Rapidfire shift levers mount to smaller 19.1mm handle bars and feature easy-to-read dial type Optical Gear Display indicators.

Parallax Hubs

All new MTB groups for 1994 feature the new Parallax hub design that uses a larger diameter hub body for increased strength and rigidity. The beefier look of the Parallax hub goes well with the mountain bike design.

Oversize axle options are offered with Deore XT, Deore LX, and STX.



Cartridge Headsets

New cartridge headsets feature integrated, easily serviced cup and cone units that seal out dirt and water and last longer. Installation and adjustment is also easier than standard types.



RX100

The RX100 sport-racing component group has been completely redone for 1994. Offering more advanced functions than ever, RX100 now gives you Shimano Total Integration with Dual Control Levers for hands-on-the-bars SIS shifting. And that's not all. Super low profile crank set, front SIS with SG-X chainrings, and 8-speed HG freehub make the RX100-equipped bike a great performance value for sport, fitness and recreational cycling.

SHIMANO XTR

SP-M900

SQ-M900

BB-UN91

HB-M900

FH-M900

BR-M900-R

BR-M900-F

CS-M900

FD-M900

CN-7401

FD-M901

RD-M900

FC-M900-A

HP-M900

ST-M900

PD-M737

XTR - simply the best MTB component group available today.

Tough...lightweight...advanced functions...and built for all the punishment that off-road competition can dish out. That's Shimano XTR. The latest in Shimano off-road component technology has been applied to make XTR the hottest MTB group available today. Advanced computer-aided design techniques have significantly reduced component weight without any compromise in strength. If you race, or demand the best there is, there's only one choice ... Shimano XTR.



DUAL SIS

Precise click-stop SIS shifting for both rear and front derailleurs.

SLR PLUS

Friction-free action and servo-wave system provide smooth modulated braking power at the touch of a finger.

HG

8-speed HG cassette sprockets feature cutouts and ramps for instant SIS shifting. Alloy Spider Arm increases strength and reduces weight.

SHIMANO HYPERDRIVE

Rigid offset cold forged crank arms, super-stiff chainwheels, and 8-speed HG spider cassette sprockets deliver high-efficiency power transfer.

THE SHIMANO FREEHUB

Wider bearing placement and cold forged hub body make a stronger and lighter rear wheel.

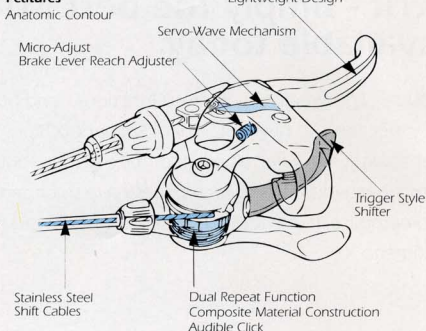
SPD

Shimano Pedaling Dynamics. SPD shoes click into the SPD pedals for pedaling stability and unsurpassed power transfer efficiency.

Rapidfire Plus Shift Lever Set

ST-M900 (servo-wave/2-finger lever)

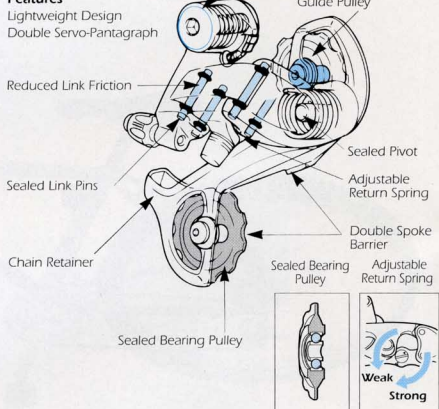
Weight	411 g (pair)
Compatibility	Shimano Total Integration Shimano HyperDrive Dual SIS (8-rear, 3-front) SLR (Shimano Linear Response) Plus 22.2 mm
Clamp Dia	Aluminum/Paint (bracket)
Material & Finish	Forged Aluminum/Anodized (lever)
Note	Use with SLR outer casing and SIS-SP shift outer casing for best performance. Avoid using handlebar grips more than 5mm thick.

Features

Rear Derailleur

RD-M900 (medium cage)

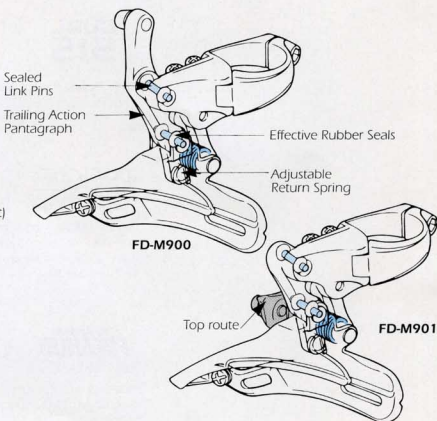
Weight	230g
Compatibility	Shimano Total Integration 8-speed SIS
Capacity	Max. Sprocket 32T Min. Sprocket 12T F/Difference 22T or less Total Capacity 33T
Material & Finish	Aluminum/Anodized

Features

Front Derailleur

FD-M900 (bottom route)**FD-M901** (top route)

Weight	118g
Compatibility	Shimano Total Integration Dual SIS Shimano HyperDrive Narrow Chain
Capacity	26T (round)
Clamp Dia	28.0-28.6/31.8/34.9mm (band mount) 31.8 mm (EC type)
Material & Finish	Aluminum/Anodized (F&R bands, R&L links) Steel/Chrome Plated (chain guide, chain guide bolt)

Features

Front Chainwheel

FC-M900-A [SG-X gear triple / low profile type]

Weight Compatibility

680g (46-36-26T / 175 mm)
Shimano Total Integration
Shimano HyperDrive
Dual SIS

Gearing Crank Arm Lengths Bottom Brackets Material & Finish

Narrow Chain
48-36-26T / 46-36-26T (round SG)
165/170/172.5/175/180mm
BB-UN91
Cold Forged Aluminum/
Titanium Color Anodized (chainrings)
Aluminum/Anodized (crank arms)

Features

Shimano SG-X Gear
(top/middle)

Shimano SG Gear (low)

Super Low Profile Design

Cap-Less
Crank Arm

Sealed Cartridge Bottom Bracket

BB-UN91

Weight Compatibility

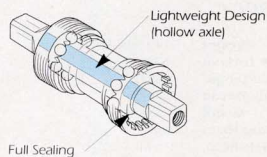
255g
Shimano HyperDrive
Easy Assemble Design

Specifications

Chain Line	47.5mm	50mm
Spindle Length	107mm	113mm
Shell Width	68[BC] 70[M36] 73[BC]	68[BC] 70[M36] 73[BC]
Spindle Marking	MM107	LL113

Features

Extended Service Life
Maintenance Free



Lightweight Design
(hollow axle)

Full Sealing

SPD Pedal

PD-M737

Weight Axle Thread Material & Finish

450g (pair)
BC 9/16" x 20T.P.I.
Aluminum/Black (pedal body)
Cr-Mo Steel (axle)

Features

31° Ground Clearance
SPD Cleat System
Low Profile Design

Cleat Retention Indicator

Cleat Retention Adjuster

Sealed Mechanism

Cartridge Unit Axle

Dual Surface Binding

Cantilever Brake

BR-M900-F/R

Weight Compatibility

340g (F&R set)
Shimano Total Integration
SLR [Shimano Linear Response] Plus
Cold Forged Aluminum/Titanium Color Anodized
Use BR-M900 cantilevers with
ST-M900 lever set and SLR outer casing.

Features

Lightweight Design

Easy Cable Mount

Super Low Profile
Design

Spring Tension
Adjuster

Internal Spring

Sleeve Type Axle

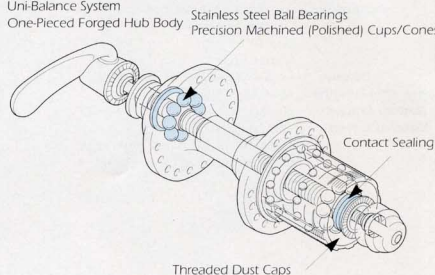
Freehub

FH-M900 (8-speed)

Weight	454g (w/OR)
Compatibility	Shimano Total Integration 8-speed HG Spider Arm Sprockets HG Cassette
Over Locknut	135mm
Axle Length	146mm
Axle Dia	10mm
Mount	Quick Release
Spoke Holes	28/32/36
Hole P.C.D.	45mm
Material & Finish	Aluminum/Titanium Color Anodized (hub shell)

Features

Spider Arm Boss Included
Lightweight Design
6.55mm Rim Offset
Uni-Balance System
One-Piece Forged Hub Body



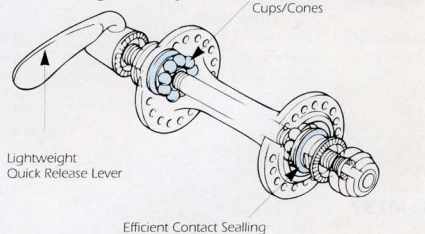
Front Hub

HB-M900-F

Weight	214g (w/OR)
Over Locknut	100mm
Axle Length	108mm
Axle Thread	9mm
Mount	Quick Release
Spoke Holes	28/32/36
Hole P.C.D.	38mm
Material & Finish	Aluminum/Titanium Color Anodized (hub shell)

Features

Lightweight Design
One-Piece Forged Hub Body



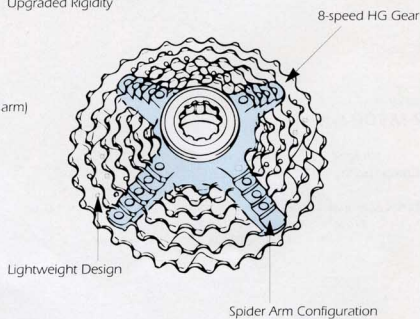
Cassette Sprockets

CS-M900-8 (8-speed HG)

Weight	332g (P-group & spacers)
Compatibility	Shimano Total Integration 8-speed HG Narrow Chain
Material & Finish	Steel/Champagne Gold (sprockets) Aluminum/Titanium Color Anodized (spider arm)
Sprocket Combinations	P 12 14 16 18 21 24 28 32T Q 12 13 14 16 18 21 24 28T
Note	CS-M900-8 sprockets must be used with FH-M900 freehub.

Features

Improved Gear Precision
Upgraded Rigidity



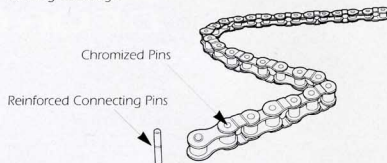
CN-7401

Compatibility
Size
Material & Finish

Shimano Total Integration
1/2" x 3/32"
Steel/Nickel Finish (roller links, pin links)
Chromized Pins

Features

Narrow HG Chain
Bushingsless Design



Head Set

HP-M900 (English/Italian, JIS, French, ISO)**HP-M901** (1-1/8")**HP-M902** (1-1/4")

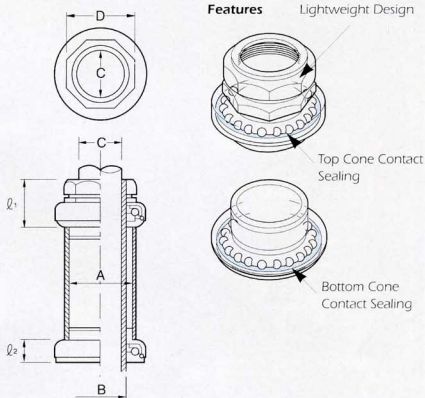
Weight
119g (HP-M900)
136g (HP-M901)
167g (HP-M902)

Type

Off-Road
Aluminum/Titanium Color Anodized (locknut, cups)

Material & Finish**Variation & Dimensions**

Type	HP-M900	HP-M901	HP-M902
Thread	BC1"x24T.PI.	BC1-1/8"x26T.PI.	BC1-1/4"x26T.PI.
A	30.2/30.0mm (JIS)	34.0mm	37.0mm
B	26.4/27.0mm (JIS)	30.0mm	33.0mm
C	22.3mm	25.5mm	28.7mm
D	32.0mm	36.0mm	40.0mm
I1	22.8mm	22.8mm	27.3mm
I2	11.5mm	11.5mm	13.0mm



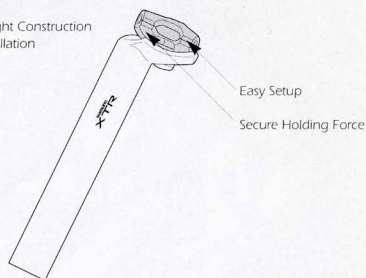
Seat Post

SP-M900

Weight 270g (330mm)
Pillar Diameter 26.6/26.8/27.0/27.2mm
Lengths 280/330/360mm
(360mm length in 27.2mm diameter only)
Material Cr-Mo Steel (tubing)

Features

Lightweight Construction
Easy Installation



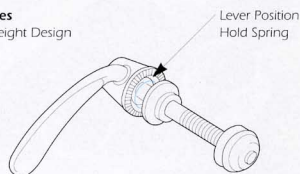
Seat Post Quick Release

SQ-M900

Weight 66g
Adjusting Range 36-43mm / 26-33mm
Shaft Dia 6mm / 8mm
Material Steel/Chrome Plated

Features

Lightweight Design



SHIMANO DEORE XT



PD-M735



SP-M730



DF-M730



SO-M730



BB-UN91



PD-M737



HB-M738



HB-M737



SM-CS80



CS-M737



BR-M737



FH-M737



ST-M737



RD-M737



FC-M737



HP-M742



FD-M737



Completely redone for 1994, Deore XT offers more performance than ever for the off-road racer or performance enthusiast. New features include cartridge head set, Parallax hubs, and Optical Gear Display. Deore XT is still the one to beat.

HyperDrive-C Cassette Sprockets

CS-M737-8 HG-C rear sprocket cluster features alloy Spider Arm and 11-28T gears for reduced weight and mass without any sacrifice in wide-range gearing. Compact 42-32-22 HyperDrive-C crank provides more ground clearance too.



Parallax Hubs

HB-M738 front hub features a large diameter hub body that increases strength and rigidity and enhances the rugged mountain bike look. Heavy-duty alloy 11mm axle available.



Rapidfire Plus with OGD

ST-M737 Rapidfire Plus shift levers now feature Optical Gear Display for at-a-glance gear verification.



ADVANCED LIGHT ACTION

Advanced Light Action system features new mechanisms in the shift levers, rear derailleur, and front derailleur for a lighter and more precise shifting action.

PARALLAX HUB

Rear freehub and front hub feature oversize body diameter for increased strength and rigidity.

CORROSION RESISTANT NUTS & BOLTS

All component hardware is plated and coated with a special corrosion retardant to resist rust and discoloration.

DUAL SIS

Smooth error-free SIS shifting at both the rear and front derailleurs.

HG HYPERGLIDE

Fast-shifting 8-speed HG sprockets in a compact 11-28T cassette cluster. Alloy Spider Arm reduces weight and increases strength.



Shimano Pedaling Dynamics shoe and pedal system provide a stable and more energy efficient pedaling platform.

SHIMANO HYPERDRIVE-C

Compact crank uses 42-32-22 chainwheels for less weight and more ground clearance. No reduction in gear range.

SHIMANO M-SYSTEM

Replaceable cartridge-type brake pads use a special formulation for all-weather SLR braking performance.

Tools to upgrade consumers from Deore XT to XTR

XTR offers the following features not found in the Deore XT group...

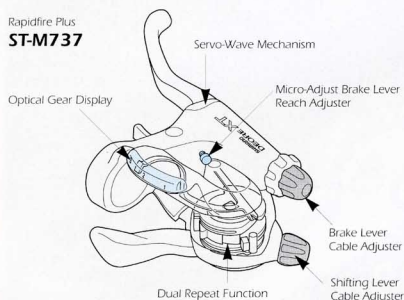
- Cold forged high-grade aluminum alloy for strength and light weight.
- More effective high sealing mechanisms.
- High-friction brake pad composition.
- Precision bearings in the form of mirror-finish balls and races in headset, hubs, and bottom bracket.
- Tighter tolerances in all moving parts.
- Specifically designed to provide maximum strength and durability at minimum weight for professional-level off-road racing applications.

Shimano Deore XT

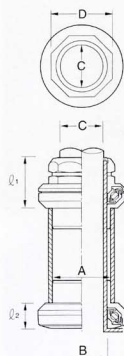
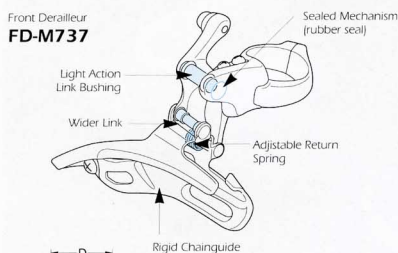
Model No.	Specifications	Features	Material/ Finish	Note
Rear Derailleur RD-M737-SGS (super long cage) RD-M737-GS (middle cage)	Compatibility Shimano Total Integration Advanced Light Action 8-speed SS 11T 20T or less 38T (SGS) 31T (GS) 235g (SGS) Weight	Low Profile Design Light Action Guide Spring Sealed Ceramic Pulley Bushing Corrosion Resistant Nuts and Bolts Double Servo-Pantograph Centerion Guide Pulley Double Spoke Barrier B-Tension Adjust Bolt Sealed Mechanism Chain Retainer	Bracket Body Plate Body Right Link Left Link Right Plate Left Plate Aluminum/Painted Aluminum/Painted Aluminum/Painted Aluminum/Painted Steel (SGS) Aluminum (GS)	Narrow chain only.
Front Derailleur FD-M737	Compatibility Shimano Total Integration Advanced Light Action Shimano HyperDrive-C Dual SS Narrow Chain Top/Low Max. Capacity 22T Top/Middle Min. Capacity 10T Top Gear Teeth 44/42T only Clamp Dia. 28.0-26.6mm 31.8mm/34.9mm 1.33g (bottom route type) Weight	Light Action Link Bushing Wider Link Rigid Chain Guide Corrosion Resistant Nuts and Bolts Adjustable Return Spring Trailing Action Pantograph Pro-Set Gauge & Block	F/Band R/Band Right Link Chain Guide Aluminum/Polished Aluminum/Polished Aluminum/Painted Steel/Chrome Plated	Top route type available Base-on type available Set chainstay angle 66° to 69°
Rapidfire Plus Lever Set ST-M737 (servo-wave/2-finger lever)	Compatibility Shimano Total Integration Advanced Light Action Dual SS (R/Band, 34-front) M-System Brakes Clamp Dia. 22.2mm 385g (pair) Weight	Optical Gear Display Above-Bar Sliding Type Servo-Wave Mechanism Micro-adjust Brake Lever Reach Adjuster Shifting Lever Digital Cable Adjuster Anatomic Contour Dual Repeat Function Corrosion Resistant Nuts and Bolts	Bracket Brake Lever Shifting Lever Aluminum/Painted Clear Coated Cable Stainless Steel	For proper M-System and Dual SS operation use with M-System outer casing for brake lever and SS-SP sealed outer casing for shift lever, and SM-SP16 or SM-SP15 shift cable guides. Handle bar grip thickness should be less than 5mm.
Cantilever Brake BR-M737	Compatibility Shimano Total Integration M-System Brakes 364g (FR&R) 10g (anti-link) Weight	Cartridge Brake Shoe (Super M70) Unit Link Dynamic Type (Special Type) Corrosion Resistant Nuts and Bolts Sleeve Type Aile Easy Access Fixing Bolt Low Profile Design	Aluminum/Anodized	Use with Rapidfire Plus or M-System brake lever and M-System outer casing
Front Chainwheel FC-M737 (SG-X gear triple/ low profile type)	Compatibility Shimano Total Integration Shimano HyperDrive-C Dual SS Narrow Chain Gearing 44-32-22T (option) 94mm (top/middle) 58mm (inner) Crank Length 165/170/175/180mm 694g Weight (44-32-22T/175mm)	Low Profile Design Shimano SG-X Gear Cap-Less Crank Arm Corrosion Resistant Nuts and Bolts	Crank Chainring Aluminum/Anodized Aluminum/Anodized (top, middle) Steel/Chrome Plated (low)	Bolt-on chain guard type available
Sealed Cartridge Bottom Bracket BB-UN91 BB-UN71	Chain Line 47.5mm 50.0mm Weight Spindle Length 107mm 113mm Shell Width 68, 70 68, 70, 73 LL11.3 Spindle Marking MM107 LL11.3 272g (BB-UN71, 107mm)	Lightweight Design Easy Assemble Extend Service Life Maintenance Free Full Sealing		Shell Width Thread 68 BC1.37 70 M36 73 BC1.37
Freehub FH-M737	Compatibility Shimano Total Integration 8-speed HG Spider Arm Sprockets HG-C Cassette Over Locknut Axle Length 146mm Axle Dia. 10mm Spoke Holes 32/36 Hole P.C.D. 45mm Mount Quick Release Weight 475g	Parallax Hub Smoothen Rotation 11T Gear Compatible Contact Type Double Sealed Uni-Balance System One-Piece Forged Hub Body	Aluminum/Anodized	
Front Hub HB-M738-R (round face end washer type) HB-M738-S (squared-off face end washer type) HB-M737	Over Locknut Axle Length 146mm Spoke Holes 32/36 Hole P.C.D. 45mm Mount Weight 100mm 108mm 9mm 32/36 38mm Quick Release 240g (HB-M738) 228g (HB-M737)	Parallax Hub Smoothen Rotation Contact Type Double Sealed Strong Aluminum Aile (HB-M738/option) One-Piece Forged Hub Body	Aluminum/Anodized	The HB-M738 has a high-strength 11mm diameter axle with 9mm ends in order to allow the hub to fit in standard fork ends. Specify the round washer version (HB-M738-R) for fork ends with minimal radial clearance on the inner surface. Otherwise, specify the square washer version (HB-M738-S).
Cassette Sprocket CS-M737-8 (8-speed Hui)	Compatibility Shimano Total Integration Shimano HyperDrive-C 8-speed HG HG-C Cassette Narrow Chain 256g (R-group & spacers) Weight	Spider Arm Configuration Improved Gear Precision 11T Top Gear Upgraded Rigidity Lightweight Design	Sprocket Spider Arm Steel/Chrome Plated Aluminum	Sprocket Combination R 11 12 14 16 18 21 24 28T
Mud Scraper SM-CS80	For the following CS-MH008 P 12 14 16 18 21 24 28 32T CS-MH008 Q 12 13 14 16 18 21 24 28T CS-M737-8 R 11 12 14 16 18 21 24 28T	Prevents mud buildup and thrown chains	Steel & Resin	Select scraper according to sprocket cluster
HG Chain CN-HG91 CN-HG90	Compatibility Size Weight Shimano Total Integration 1/2" x 3/32" 335g (11.4 links)	Narrow HG Chain Chromized Pins Butterfly Design Reinforced Connecting Pins	CN-HG91 Steel/Gray Finish (roller links) Steel/Silver Finish (pin links) CN-HG90 Steel/Black Finish (roller links) Steel/Silver Finish (pin links)	
SPD Pedal PD-M737	Compatibility Mounting Thread Weight SPD Clean System BC9/16x20T P1 450g (pair)	31° Ground Clearance Dual Surface Bending Cartridge Aile Clear Retention Indicator Clear Retention Adjuster Low Profile Design Sealed Mechanism	Body Axle Aluminum/Black Finish G-Mo Steel	

Model No.	Specifications	Features	Material/Finish	Note
Pedal PD-M735 PD-M730	Pedal Thread Weight BC 9/16" x 20T P.I. 295g (PD-M735, pair) 412g (PD-M730, pair)	32° Ground Clearance (PD-M735) 26° Ground Clearance (PD-M730) Super Low Profile Design (PD-M735) Low Profile Design (PD-M730) Parallelogram Form Contact Sealing Stainless Steel Grip Pins Toe Clip/Reflector Mount	Body Plate Axle Toe Clip Aluminum Aluminum/Anodized Cr-Mo Steel Resin	
Seat Post SP-M730	Diameter Length Weight 26.4/26.6/26.8/27.0/27.2mm 280/330/360mm 295g (330mm)	Lightweight Design Extra Length	Cr-Mo Tubing	360mm length in 27.2mm diameter only
Seat Post Quick Release SQ-M730	QR Length Shift Dia. Weight 36-43mm/26-33mm 6/8mm 75g	Position Set Spring	Steel/Chrome Plated	
Chain Deflector DF-M730	Weight 9g	Aerodynamic Style Prevents chain from jamming between tire and chainstay	Resin	
Cartridge Head Set HP-M740 (Jengler/Japan, JIS/ISO) HP-M741 (1-1/8") HP-M742 (1-1/4")	Stack Height Weight 37.6mm (HP-M740, HP-M741) 39.9mm (HP-M742) 115g (HP-M740) 127g (HP-M741) 143g (HP-M742)	Cartridge Type Bearing Sealed Mechanism	Lock Nut Upper Housing Lower Housing Ball Race Aluminum/Anodized Aluminum/Anodized Aluminum/Anodized Steel	

Rapidfire Plus ST-M737



Front Derailleur FD-M737

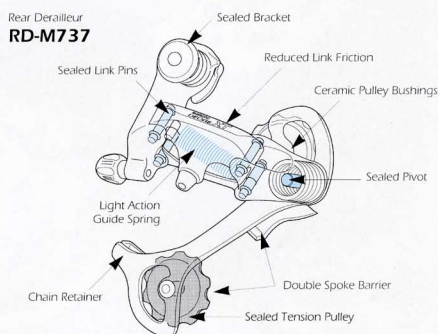


Cartridge Head Set HP-M740 HP-M741 HP-M742

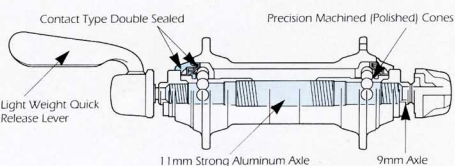
Variation & Dimensions

Model No.	HP-M740	HP-M741	HP-M742
Thread	BC1-1/4" x 24T P.I.	BC1-1/8" x 26T P.I.	BC1-1/4" x 26T P.I.
A	30.2 mm/30.0mm (JIS)	34.0 mm	37.0 mm
B	26.4 mm/27.0mm (JIS)	30.0 mm	33.0 mm
C	22.3 mm	25.5 mm	28.7 mm
D	32.0 mm	36.0 mm	40.0 mm
J1	24.1 mm	24.1 mm	26.4 mm
J2	13.5mm	13.5 mm	13.5 mm

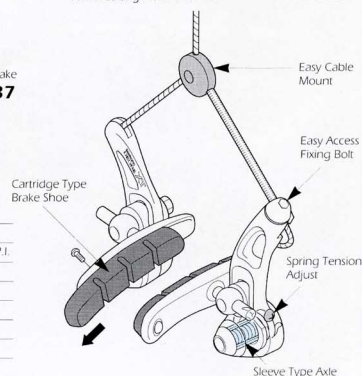
Rear Derailleur RD-M737



Front Hub HB-M738



Cantilever Brake BR-M737



SHIMANO DEORE LX

HYPERDRIVE-C

FC-M563-B

SP-M650

PD-M525

BB-UN51

CS-HG70-C
FH-M563

PD-M323

HB-M563

HP-M563

HB-M564

FC-M563-S

CN-HG70

BR-M561

ST-M564

BR-M560

ST-M563

FD-M563

RD-M563

New for 1994 is the Deore LX group in a HyperDrive-C version. Deore LX HD-C features compact 42-32-22 SG-X chainwheels on the standard black crank or a new polished silver version. Rapidfire Plus shift levers with Optical Gear Display, black-finish Parallax front hub and rear freehub, and cartridge-type headset. This group delivers outstanding quality and performance for off-road enthusiasts, entry-level MTB racers, or anybody who appreciates a high-performance mountain bike.

HyperDrive-C

HyperDrive-C system uses a more compact 42-32-22 crankset for reduced weight and more ground clearance.

Crank arms are available in both silver and black finish versions.



Optical Gear Display

ST-M564 and ST-M563 lever unit uses the new Optical Gear Display for instant verification of derailleur position.



Cartridge Headset

HP-M563 and oversize HP-M564 cartridge-type headsets are available. Cartridge headset features integrated

easily serviced bearing and cone units that shut out dirt, mud, and water. Simplified design offers greater durability and easier installation and adjustment.



ADVANCED LIGHT ACTION

Advanced Light Action system provides a lighter, easier, and more precise shift feeling.

DUAL SIS

7-speed SIS shifting in the rear, and triple chainwheel SIS shifting in the front. It's all SIS.

SHIMANO HYPERDRIVE-C

Compact 42-32-22 chainwheels are lighter and provide more ground clearance.

SHIMANO M-SYSTEM

Super M-65 (long-type) M-System brake pads use a special compound to provide dependable stopping performance in any environment. Servo-Wave lever set

PARALLAX HUB

Parallax design front hub use oversize body diameter for increased strength and rigidity.

HG HYPERGLIDE

Compact 7-speed 11-28 cassette sprocket cluster features Pearl Brite finish.

CORROSION RESISTANT NUTS & BOLTS

Small parts used in the components are plated and special-coated to resist corrosion and discoloration.



Shimano Pedaling Dynamics for clipless pedaling efficiency and off-bike walkability. PD-M525 pedal uses dual surface binding. PD-M323 pedal offers the flexibility of a cleat retention mechanism on one side and normal pedal cage on the other.

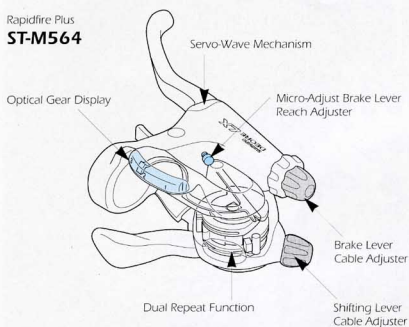
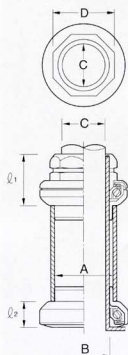
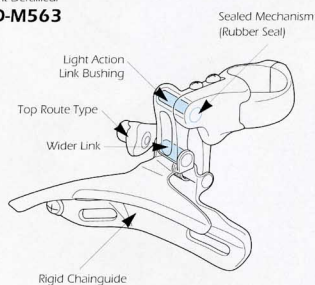
Tools to upgrade consumers from Deore LX to Deore XT

- Deore XT offers the following features not found in the Deore LX group...
- 8-speed Spider Arm cassette boss on rear freehub is stronger and lighter than normal freehub.
 - Heavy duty oversize 11mm alloy axle on HB-M738 front hub
 - Standard servo-wave type brake levers (optional on LX)
 - Wider crank arm length selection for competition applications [XT available in 165/170/175/180mm lengths, LX available in 170/175mm lengths]
 - Replaceable cartridge-type brake pads
 - 70mm Super M70 brake pads are 5mm longer than Super M65 type used with LX

Shimano Deore LX (HyperDrive-C)

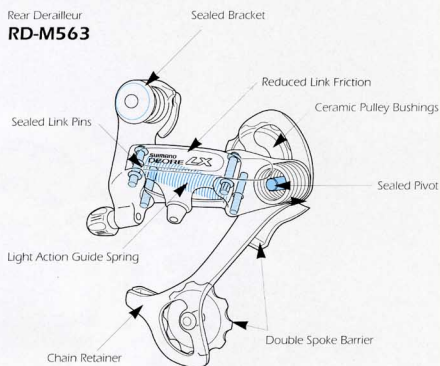
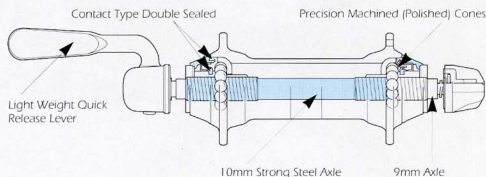
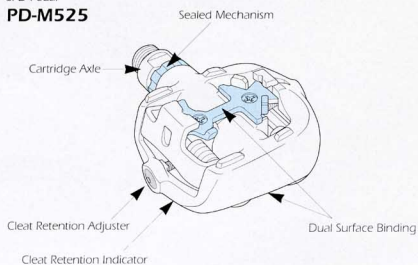
Model No.	Specifications	Features	Material/Finish	Note
Rear Derailleur RD-M563 (super long cage)	Compatibility: Shimano Total Integration Advanced Light Action 7-speed SIS Max. Sprocket: 32T Min. Sprocket: 11T F/Difference: 20T or less Total Capacity: 38T Weight: 285g	Low Profile Design Light Action Guide Spring Sealed Ceramic Pulley Bushing Corrosion Resistant Nuts and Bolts Double Servo-Pantograph Centeron Guide Pulley Double Spoke Banner B-Tension Adjust Bolt Sealed Mechanism Chain Retainer	Bracket Body: Aluminum/Painted Plate Body: Aluminum/Painted Right Link: Aluminum/Painted Left Link: Steel/Painted Plate: Steel/Chrome Plated	
Front Derailleur FD-M563	Compatibility: Shimano Total Integration Advanced Light Action Shimano HyperDrive-C Dual SIS Top-Low Max. Capacity: 22T Top-Middle Min. Capacity: 10T Top Gear Teeth: 42T/44T only Camp Dia.: 28.0/28.6mm/31.8mm/34.9mm Weight: 132g (bottom route type)	Light Action Link Bushing Wider Link Rigid Chain Guide Corrosion Resistant Nuts & Bolts Trailing Action Pantograph Pro-Set Gauge & Block	F/Band: Aluminum/Painted R/Band: Aluminum/Painted Right Link: Aluminum/Painted Chain Guide: Steel/Chrome Plated	Top route type available Set chainstay angle 66° to 69°
Rapidfire Plus Lever Set ST-M564 (servo lever/2-finger lever) ST-M563 (2-finger lever)	Compatibility: Shimano Total Integration Advanced Light Action Dual SIS (7-rear, 3-front) M-System Brakes: 22.7mm Weight: 384g (ST-M564, pair) 378g (ST-M563, pair)	Optical Gear Display Above-Bar Sliding Type Servo-Wave Mechanism (ST-M564) Micro-Adjust Brake Lever Reach Adjuster Shifting Lever Digital Cable Adjuster Anatomic Contour Dual Repeat Function Corrosion Resistant Nuts and Bolts	Bracket Lever: Aluminum/Painted Aluminum/Anodized	For proper M-System and Dual SIS operation use with M-System outer casing for brake lever and SIS-SP outer casing for shift lever, and SMS-PI6 or SMS-PI5 shift cable guides. Handle bar grip thickness should be less than 5mm.
Cartridge Brake BR-M560 (M-size) BR-M561 (L-size)	Compatibility: Shimano Total Integration M-System Brakes Weight: 358g (BR-M560/F&R set) 10g (Unit Link)	Super M65 Type Brake Shoe Unit Link Dynamic Type Corrosion Resistant Nuts and Bolts Sleeve Type Axle Easy Access Fixing Bolt Low Profile Design	Aluminum/Painted	Use with Rapidfire Plus or M-System brake lever and M-System outer casing.
Front Chainwheel FC-M563-S (silver crank/SG-X gear triple/low profile type) FC-M563-B (black crank/SG-X gear triple/low profile type)	Compatibility: Shimano Total Integration Shimano HyperDrive-C Dual SIS Gearing: Shimano Chain 42-32-22T Bolt Circle Dia.: 94mm (jap/middle) 58mm (inner) Crank Length: 170/175mm Weight: 681g (FC-M563-B 42-32-22T/170mm)	Low Profile Design Shimano SG-X Gear Cap-Less Crank Arm Corrosion Resistant Nuts and Bolts	FC-M563-S Crank Chaining: Aluminum/Polished Aluminum/Black Anodized (top) Aluminum/White Anodized (middle) Steel/Chrome Plated (low) FC-M563-B Crank Chaining: Aluminum/Black Paint Aluminum/White Anodized (top, middle) Steel/Chrome Plated (low)	Boil-on chain guard type available.
Sealed Cartridge Bottom Bracket BB-UN51	Chain Line: 47.5mm Spindle Length: 107mm Shell Width: 68.70 Spindle Marking: MM107 50.0mm: 11.3mm 68.70, 73 Weight: 316g (11.3mm)	Lightweight Design Easy Assemble Extend Service Life Maintenance Free Full Sealing		Shell Width: 68 Thread: BCI.37 70 M36 73 BCI.37
Freethub FH-M563	Compatibility: Shimano Total Integration 7-speed HG Over Locknut: HG-C Cassette 130/135mm Axle Length: 141/146mm Axle Dia.: 10mm Spoke Holes: 32/36 Hole P.C.D.: 45mm Mount: Quick Release Weight: 444g	Parallax Hub Smoother Rotation 1:1T Gear Compatible Contact Type Double Sealed Uni-Balance System One-Piece Forged Hub Body	Aluminum/Black Anodized	
Front Hub HB-M564 HB-M563	Axle Length: 108mm Quick Release: 9mm Axle Dia.: 32/36 Spoke Holes: 38mm Hole P.C.D.: 100mm Weight: 243g (HB-M564) 228g (HB-M563)	Parallax Hub Smoother Rotation Contact Type Double Sealed Strong Steel Axle (HB-M564/option) One-Piece Forged Hub Body	Aluminum/Black Anodized	HB-M564 offers increased strength though a 10mm diameter axle. Axle ends are 9mm so it will still fit in standard 9mm fork ends.
Cassette Sprocket CS-HG70-C (7-speed HG) CS-HG50-C (7-speed HG)	Compatibility: Shimano Total Integration Shimano HyperDrive-C 7-speed HG Weight: HG-C Cassette Narrow Chain 297g (CS-HG50-C/ac-group & spacers)	1:1T Top Gear	CS-HG70-C CS-HG50-C Steel/Pearl Bright Finish Steel/Brown Finish (pearl bright low)	Sprocket Combination ac 11 13 15 18 21 24 28
HG Chain CN-HG70	Compatibility: Shimano Total Integration Weight: 1/2" x 3/32 335g (114 links)	Narrow HG Chain Chromized Pins Bushings Design Reinforced Connecting Pins	Roller Links: Steel/Gray Finish Pin Links: Steel/Black Finish	
SPD Pedal PD-M525	Compatibility: SPD Cleat System Weight: 80W (6" x 20T P.I. 478g (pair))	31° Ground Clearance Dual Surface Binding Cleat Retention Adjuster Cleat Retention Indicator Sealed Mechanism	Body Axle: Aluminum/Black Finish C-Mo Steel	

Model No.	Specifications	Features	Material/Finish		Note
SPD Compatible Pedal PD-M323	Compatibility Mounting Thread BC9/16" x 20T P.I. Weight 520g (pair)	One Sided SPD Binding Cleat Retention Adjuster Cleat Retention Indicator Sealed Mechanism	Body Plate Axle	Aluminum/Polished Steel/Paint Cr-Mo Steel	One side for SPD cleats; one side for cleatless shoes
Seat Post SP-M550	Pillar Dia Length Weight 26.6, 26.8, 27.0, 27.2mm 280, 330, 360mm 325g (360mm)	High Strength Design Light Weight Extra Length	Tubing	Cr-Mo Steel/Pearl Bright	360mm length in 27.2mm diameter only
Cartridge Head Set HP-M563 (English/ISO, JIS, ISO) HP-M564 (1-1/8")	Stack Height Weight 37.6mm 147g (HP-M563)	Cartridge Type Bearing Sealed Mechanism	Lock Nut Upper Housing Lower Housing Ball Race	Aluminum/Anodized Aluminum/Anodized Steel/Chrome Plated Steel	

Rapidfire Plus
ST-M564Front Derailleur
FD-M563Cartridge Head Set
HP-M563
HP-M564

Variation & Dimensions

Model No.	HP-M563	HP-M564
Thread	BC1" x 24T P.I.	BC1-1/8" x 26T P.I.
A	30.2 mm/30.0mm(JIS)	34.0 mm
B	26.4 mm/27.0mm(JIS)	30.0 mm
C	22.3 mm	25.5 mm
D	32.0 mm	36.0 mm
l1	24.1 mm	24.1 mm
l2	13.5 mm	13.5 mm

Rear Derailleur
RD-M563Front Hub
HB-M564SPD Pedal
PD-M525

SHIMANO DEORE LX



PD-M550



HB-M560-F



FH-M560



BB-UN51



HP-R500



FC-M560



CS-HG70



ST-M560



FD-M561



FD-M560

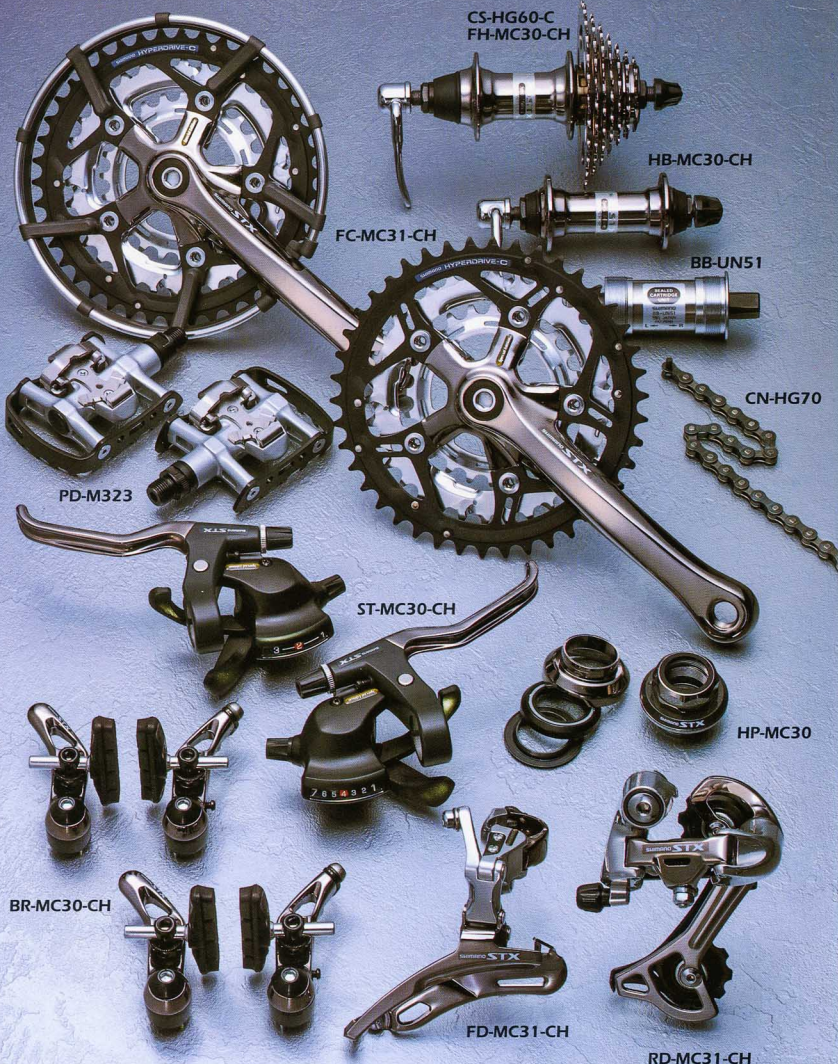


RD-M560-SGS
RD-M560-GS

Model No.	Specifications	Features	Material/Finish	Note
Rear Derailleur RD-M560-SGS (super long cage) RD-M560-GS (long cage)	Compatibility Shimano Total Integration 7-speed SIS Max. Sprocket 12T F-Difference 20T or less Total Capacity 38T (SGS)/36T (GS) Weight 304g (SGS)	Adjustable Return Spring Rigid Guide Pulley Bushing Reduced Link Friction Sealed Bracket Axle Sealed Pivot Sealed Link Pin Double Servo-Pantograph Double Spoke Barrier Centeron Guide Pulley Lightweight Design B-Tension Adjust Bolt Chain Retainer	Bracket Body Plate Body Right Link Left Link Aluminum/Painted Aluminum/Painted Aluminum/Painted Steel/Black Finish	
Front Derailleur FD-M560 (bottom route) FD-M561 (top route)	Compatibility Shimano Total Integration Dual SIS Narrow Chain 26T (round) 28.0-28.5mm/31.8mm/ 34.9mm Weight 121g (31.8/Bottom route type)	Sealed Link Pins Trailing Action Pantograph Pro-Set Gauge & Block	F-Band R-Band Right Link Chain Guide Aluminum/Painted Aluminum/Painted Steel/Chrome Plated	
Rapidfire Plus Lever Set ST-M560 (2-shifter lever)	Compatibility Shimano Total Integration Dual SIS (7-rear, 3-front) M-System Brakes Clamp Dia. 22.2mm Weight 387g (pair)	Dual Repeat Function Micro-Adjust Brake Lever Reach Adjuster Brake Lever Cable Adjuster Audible Click-From Shifting Trigger Style Shifter Lightweight Design	Bracket Lever Aluminum/Painted Aluminum/High Luster	For proper M-System and Dual SIS operation use with M-System outer casing for brake lever and SIS-SP sealed outer casing for shift levers, and SM-AP16 or SM-AP15 shift cable guides. Handle bar grip thickness should be less than 5mm.
Front Chainwheel FC-M560 (SGA gear impler low profile type)	Compatibility Shimano Total Integration Shimano Hyper Drive Dual SIS Narrow Chain 46-36-26T Gearing Bot. Circle Dia. 110mm (top/middle) 74mm (inner) Crank Length 170/175mm Weight 701g (170mm)	Low Profile Design Shimano SGA Gear Cap-Less Crank Arm	Crank Chainring Aluminum/Painted Aluminum/Anodized	Bolton Chaining guard type available.
Sealed Cartridge Bottom Bracket BB-UN51	Chain Line 47.5mm 50.0mm Weight 316g (113mm)	Spindle Length 113mm 118mm Shell Width 68, 70, 73 68, 70, 73 Spindle Marking LL113 XL118	Lightweight Design Easy Assemble Extend Service Life Maintenance Free Full Sealing	Shell Width Thread 68 BCI 37 70 M36 73 BCI 37
Freehub FH-M560	Compatibility Shimano Total Integration 7-speed HG HG/GUG Cassette 130/135mm Over Locknut Axle Length 141/145mm Axle Dia. 10mm Spoke Holes 32/36 Hole P.C.D. 45mm Mount Quick Release Weight 431g (w/OR)	Contact Sealing Uni-Balance System One-Piece Forged Hub Body	Aluminum/Anodized	
Front Hub HB-M560-F	Over Locknut Axle Length 100mm 108mm (OR type) 142mm (nut type) 9mm Axle Dia. 32/36 Spoke Holes 38mm Hole P.C.D. 45mm Mount Quick Release Weight 221g (w/OR)	Contact Sealing One-Piece Forged Hub Body	Aluminum/Anodized	
Cassette Sprocket CS-HG70 (7-speed HG) CS-HG50 (7-speed HG)	Compatibility Shimano Total Integration 7-speed HG Narrow Chain 309g (CS-HG70/E group & spacers) Weight		CS-HG70 CS-HG50 Steel/Silver Finish Steel/Brown Finish (silver finish low)	Sprocket Combinations E 12 14 16 18 21 24 28 F 14 16 18 21 24 28 32T G 13 15 17 20 23 26 30T M 13 15 17 19 21 24 28T
Pedal PD-M550	Mounting Thread BC9/16" x 20T P.I. Weight 326g (pair)	30° Ground Clearance Super Low Profile Design Parallelogram Form Sealed Mechanism Toe Clip/Reflector Mounts	Body Plate Axle Toe Clip Resin Steel Cr-Mo Steel Resin	
Head Set HP-R500 HP-R501 (1-1/8")	Upper Stack Lower Stack Weight 11.5mm 121g (HP-R500) Variations Model Type Thread Race Diameter Upper Lower HP-R500 English/Italian BC11" x 24T P.I. 30.2mm 26.4mm JIS BC11" x 24T P.I. 30.0mm 27.0mm French M25 x P1.0 30.2mm 26.4mm HP-R501 1-1/8" BC1-1/8" x 26T P.I. 34.0mm 30.0mm	Sealed Mechanism	Locknut Upper Cup Lower Cup Colors Steel/Pearl Bright Steel Resin/Steel White/Silver/Black (HP-R500) Black (HP-R501)	

SHIMANO **STX**

Special Edition



STX is the stylish new mountain bike component group offering all the latest Shimano functions including a more easily serviceable cartridge-type headset. For real off-road riding, trekking, touring, or just cruising around town, STX offers a high level of quality, performance, and appearance. The Special Edition group features lustrous Chromica plating on crank arms, derailleurs, hubs, brake levers and cantilevers. Standard STX features natural silver buffed finish. Both versions respond to the demands of just about everybody from first-time cyclists to veteran riders.

HyperDrive-C

Compact HyperDrive-C chainwheels (42-34-24) and cassette sprocket cluster (11-28) are lighter and more compact than conventional types. SG-X chain rings provide crisp SIS shifting in front. HG-C sprockets do the same in back.



Optical Gear Display

ST-MC30-CH lever set features a large OGD indicator positioned under the handle bar. It provides at-a-glance verification of derailleur position from the normal riding position.



Chromica Plating

Special Edition features Chromica plating on crank arms, derailleurs, hubs, brake levers and cantilevers. Lustrous Chromica finish protects, beautifies, and makes STX the best looking group in its class.



ADVANCED LIGHT ACTION

Advanced Light Action system provides a lighter, easier, and more precise shift feeling.

PARALLAX HUB

Parallax design rear freehub and front hub use oversize hub body for increased strength and rigidity.

CORROSION RESISTANT NUTS & BOLTS

Small parts used with the components are plated and special-coated to resist corrosion and discoloration.

DUAL SIS

Crisp error-free 7-speed shifting in the rear, fast and precise triple chainwheel shifting in the front. It's all SIS.

HG HYPERGLIDE

Compact 7-speed 11-28 cassette sprocket cluster features Chromica finish



Shimano Pedaling Dynamics for clipless pedaling efficiency and off-bike walkability. PD-M323 pedal offers SPD cleat retention mechanism on one side and standard pedal cage on the other.

SHIMANO HYPERDRIVE-C

Compact 42-34-24 chainwheels are lighter and provide more ground clearance.

SHIMANO M-SYSTEM

Special friction compound Super M-65 brake pads provide dependable stopping performance in any environment.

Tools to upgrade consumers from STX to Deore LX

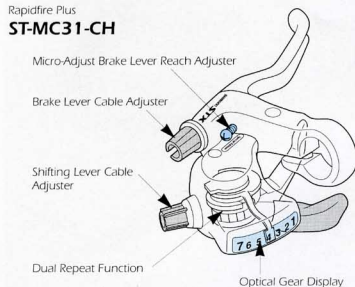
- Deore LX offers the following features not found in the STX group...
- Top-mounted LX Optical Gear Display (designed for easy viewing when pedaling out of the saddle)
 - Internal sleeve pivots in cantilevers for a smoother braking action in all environments.
 - ST-M564 servo-wave Rapidfire Plus lever set available
 - Double hub seals provide better bearing protection
 - Smoother rotation from polished bearing races
 - Aluminum alloy large and middle chainrings

Shimano STX Special Edition

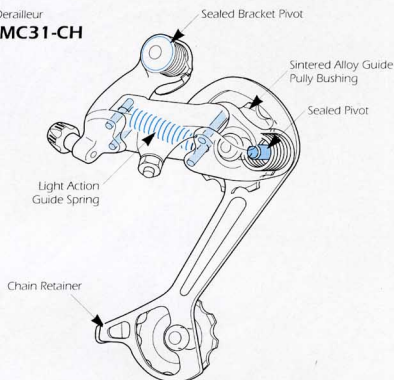
Model No.	Specifications	Features	Material/Finish	Note
Rear Derailleur RD-MC31-CH-SGS (super long cage) RD-MC31-CH-GS (long cage)	Compatibility Shimano Total Integration Advanced Light Action 7-speed SIS Max. Sprocket 27T (GS) Min. Sprocket 11T (GS/GS) Front Difference 20T or less (GS) Total Capacity 38T (GS) Weight 266g (GS)	Low Profile Design Light Action Guide Spring Corrosion Resistant Nuts and Bolts Sintered Alloy Guide Pulley Bushing Double Servo-Pantograph Centeron Guide Pulley Double Spoke Barrier Sealed Mechanism Btension Adjust Bolt Chain Retainer	Bracket Body Aluminum/Polished Plate Body Aluminum/Polished Right Link Steel/Chrome Finish Left Link Steel/Chrome Finish Plate Steel/Chrome Finish	
Front Derailleur FD-MC31-CH	Compatibility Shimano Total Integration Advanced Light Action Shimano HyperDrive-C Dual SIS Narrow Chain Capacity 22T Top-Middle Min. Capacity 42T only Top Gear Teeth 28, 0.28, 6mm/31.8mm/34.4mm Clamp Dia. 127g (bottom route type) Weight	Light Action Link Bushing Wider Link Right hand change Corrosion Resistant Nuts and Bolts Pro-Set Gauge & Block Trailing Action Pantograph	F/Band Steel/Chrome Finish R/Band Aluminum/Polished Right Link Aluminum/Polished Chain Guide Steel/Chrome Finish	Top route type available Set chainstay angle 66° to 69°
Rapidfire Plus Lever Set ST-MC30-CH (2.5-finger lever)	Compatibility Shimano Total Integration Advanced Light Action Dual SIS (7.8mm, 3.0mm) M-System Brakes Clamp Dia. 22.2mm Weight 385g (pair)	Optical Gear Display Below-Bar Sliding Type Micro-Adjust Brake Lever Reach Adjuster Brake Lever Cable Adjuster Shifting Lever Digital Cable Adjuster Dual Repeat Function Corrosion Resistant Nuts and Bolts	Bracket Aluminum/Polished Brake Lever Aluminum/Chromic Finish	For proper M-System and Dual SIS operation use with M-System outer casing for brake lever and SIS/SP outer casing for shift lever, and SMSP1.6 or SMSP1.5 shift cable guides. Handle bar grip thickness should be less than 5mm.
Cassette Brake BR-MC30-CH (M-System) BR-MC31-CH (L-System)	Compatibility Shimano Total Integration M-System Brakes Weight 338g (BR-MC30-CH/F&R set) 1.0g (Unit Link)	Super M65 Type Brake Shoe Unit Link Dynamic Type Corrosion Resistant Nuts and Bolts Easy Access Fixing Bolt Low Profile Design	Aluminum/Chrome Finish	Use with Rapidfire Plus or M-System brake lever and M-System outer casing.
Front Chainwheel FC-MC31-CH (50-X gear tripartite profile type)	Compatibility Shimano Total Integration Shimano HyperDrive-C Dual SIS Narrow Chain 42-34-24T Gearing 95mm (top/middle) Bolt Circle 58mm (inner) Crank Length 170/175mm Weight 780g (170mm)	Low Profile Design Shimano 50-X Gear Cap-Less Crank Arm Corrosion Resistant Nuts and Bolts	Crank Aluminum/Chrome Finish Chainring Aluminum/Black Anodized (top) Steel/Pearl Bright (middle, low)	Bolt-on chain guard type available.
Sealed Cartridge Bottom Bracket BB-UN51	Chain Line Spindle Length Shell Width Spindle Marking 47.5mm 110.5mm 68, 70, 73 MM110 50.0mm 113mm 68, 70, 73 LL113 Weight 316g (113mm)	Lightweight Design Easy Assembly Extend Service Life Maintenance Free Full Sealing		Shell Width Thread 68 BC1.37 70 M36 73 BC1.37
Freewheel FH-MC30-CH	Compatibility Shimano Total Integration 7-speed HG HG-C Cassette Over Locknut 130mm 135mm Axle Quick Release 141mm 146mm Axle Length Nut 180mm 185mm Axle Dia. 10mm Sprocket Holes 32/36 Hole P.C.D. 45mm Weight 449g	Parallax Hub Smoother Rotation 11T Gear Compatible Contact Sealing Uni-Balance System One-Piece Forged Hub Body	Aluminum/Chrome Finish	
Front Hub HB-MC31-CH HB-MC30-CH	Over Locknut 100mm 108mm (QR) 140mm (Nut) Axle Dia. 9mm Sprocket Holes 32/36 Hole P.C.D. 38mm Mount Quick Release (HB-MC31-CH) Quick Release/Nut (HB-MC30-CH) Weight 234g (HB-MC30-CH)	Parallax Hub Smoother Rotation Contact Sealing Strong Steel Axle (HB-MC31-CH/option) One-Piece Forged Hub Body	Aluminum/Chrome Finish	HB-MC31-CH is quick release type only. HB-MC31-CH offers increased strength through a 1.0mm diameter axle. Axle ends are 9mm so it will fit in standard 9mm fork ends.
Cassette Sprocket CS-HG60-C (7-speed HG)	Compatibility Shimano Total Integration Shimano HyperDrive-C 7-speed HG HG-C Cassette Narrow Chain 301g (ac-group & spacers) Weight	11T Top Gear	Steel/Chrome Finish	Sprocket Combination ac 11 13 15 18 21 24 28
HG Chain CN-HG70	Compatibility Shimano Total Integration Size 1/2" x 3/32" Weight 335g (11.4 links)	Narrow HG Chain Chromized Pins Bushless Design Reinforced Connecting Pins	Roller Links Steel/Gray Finish Pin Links Steel/Black Finish	
SPD Compatible Pedal PD-M323	Compatibility SPD Cleat System Mounting Thread B9/16" x 20T P.I. Weight 520g (pair)	One Sided SPD Binding Cleat Retention Adjuster Cleat Retention Indicator Sealed Mechanism	Body Steel/Plate Axle Aluminum/Polished Cr-Mo Steel	One side for SPD cleats, one side for cleatless shoes.

Model No.	Specifications	Features	Material/Finish	Note
Pedal PD-M550	Mounting Thread BC9/16" x 20T P.I. Weight 326g (pair)	30° Ground Clearance Super Low Profile Design Parallelogram Form Sealed Mechanism Toe Clip/Reflector Mounts	Body: Resin Plate: Steel Axle: Cr-Mo Steel Toe Clip: Resin	
Chain Deflector DF-M730	Weight 9g	Aerodynamic Style Prevents chain from jamming between tire and chainstay	Resin	
Cartridge Head Set HP-MC30 (English/Italian, JIS, ISO) HP-MC31 (1-1/8")	Stack Height 37.6mm	Cartridge Type Bearing Sealed Mechanism	Locknut: Steel/Chromic Finish Upper Housing: Steel/Chromic Finish & Resin Lower Housing: Steel/Chromic Finish Ball Race: Steel	

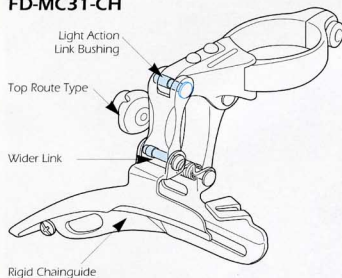
Rapidfire Plus ST-MC31-CH



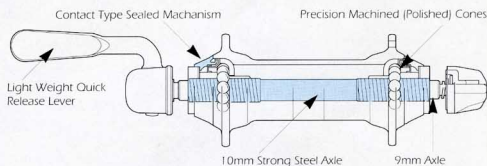
Rear Derailleur RD-MC31-CH



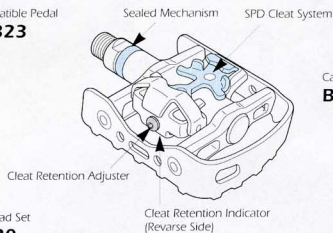
Front Derailleur FD-MC31-CH



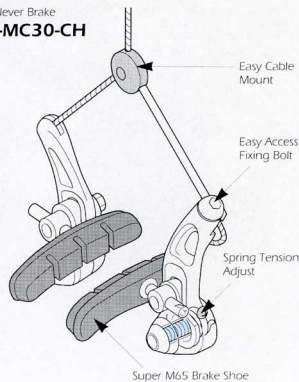
Front Hub HB-MC31-CH



SPD Compatible Pedal PD-M323



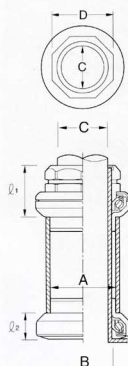
Cantilever Brake BR-MC30-CH



Cartridge Head Set HP-MC30 HP-MC31

Variation & Dimensions

Model No.	HP-MC30	HP-MC31
Thread	BC1" x 24T P.I.	BC1-1/8" x 26T P.I.
A	30.2 mm/30.0mm(JIS)	34.0 mm
B	26.4 mm/27.0mm(JIS)	30.0 mm
C	22.3 mm	25.5 mm
D	32.0 mm	36.0 mm
J1	24.1 mm	24.1 mm
J2	13.5 mm	13.5 mm



SHIMANO STX

FC-MC30



BB-LP20
BB-LP30



PD-M350



CN-HG50



CS-HG50-C
CS-HG70-C



FH-MC30



BR-MC31



HB-MC30
HB-MC31



BR-MC30



RD-MC30-GS



ST-MC30



FD-MC30



Model No.	Specifications	Features	Material/Finish	Note
Rear Derailleur RD-MC30 (long cage)	Compatibility Shimano Total Integration Advanced Light Action 7-speed S5 Max. Sprocket Min. Sprocket F/Difference Total Capacity Weight 28T 11T 18T or less 35T 26kg	Low Profile Design Light Action Guide Spring Sintered Alloy Guide Pulley Bushing Double Servo/Pantograph Centeron Guide Pulley Double Spoke Banner Sealed Mechanism Tension Adjust Bolt Chain Retainer	Bracket Body Plate Body Right Link Left Link Plate Aluminum/Barrel Finish Aluminum/Barrel Finish Steel/Chrome Finish Steel/Zinc Plated Steel/Chrome Plated	
Front Derailleur FD-MC30	Compatibility Shimano Total Integration Dual SS Advanced Light Action Shimano HyperDrive-C Narrow Chain Capacity Top/Low Max. Capacity Top/Middle Min. Capacity Top Gear Teeth Clamp Dia. Weight 27T 8T 42T only 28.0/28.6/31.8mm 12.7g (bottom route type)	Light Action Link Bushing Wide Link Rigid Chain Guide Pro Set Gauge & Block Trailing Action Pantograph	F/Band R/Band Right Link Chain Guide Steel/Chrome Finish Aluminum/Barrel Finish Steel/Chrome Plated	Top route type available Set Chainstay Angle from 63° to 69°
Rapidfire Plus Lever Set ST-MC30 (2.5-finger lever)	Compatibility Shimano Total Integration Advanced Light Action Dual SS (7-rear, 3-front) M-System Brakes Clamp Dia. Weight 22.7mm 385g (pair)	Optical Gear Display Below-Bar Sliding Type Micro-Adjust Brake Lever Reach Adjuster Brake Lever Cable Adjuster Shifting Lever Digital Cable Adjuster Dual Repeat Function Anatomic Contour	Bracket Brake Lever Aluminum/Painted Aluminum/Anodized	For proper M-System and Dual SS operation use with M-System outer casing for brake lever and SS-SP outer casing for shift lever, and SM-SPI6 or SM-SPI5 shift cable guides. Handle bar grip thickness should be less than 5mm.
Cantilever Brake BR-MC30 (M-size) BR-MC31 (L-size)	Compatibility Shimano Total Integration M-System Brakes Weight 336g (BR-MC30-CH/F&R set) 1.0g (link unit)	Super M65 Type Brake Shoe Unit Link Dynamic Type Easy Access Firing Bolt Low Profile Design	Aluminum/Painted	Use with Rapidfire Plus or M-System brake lever and M-System outer casing.
Front Chainwheel FC-MC30 (50-X gear triple/ low profile type)	Compatibility Shimano Total Integration Shimano HyperDrive-C Dual SS Narrow Chain Gearing Bolt Circle Dia. 95mm (top/middle) 58mm (inner) Crank Length 170/175mm	Low Profile Design Shimano SG-X Gear Cap-Less Crank Arm	Crank Channing Aluminum/Polished Steel/Chrome Finish (top) Steel/Pearl Bright (middle, low)	Bolt-on chain guard type available.
Sealed Cassette Bottom Bracket BB-LP30 BB-LP20	Chain Line Spindle Length Shell Width Spindle Marking 47.5mm 110.5mm 68, 70, 73 MM110 50.0mm 113mm 68, 70, 73 LL113 Weight 341g (BB-LP20, 113mm)	Easy Assemble Extended Service Life Maintenance Free Full Sealing	BB-LP30 BB-LP20 Steel/Pearl Bright Finish Steel/Black Finish	Shell Width Thread 68 BCI 3/7 70 M36 73 BCI 3/7
Front Hub FH-MC30	Compatibility Shimano Total Integration 7-speed HG HG-C Cassette Over Locknut Axle Length Quick Release Nut Axle Dia. Sprocket Holes Hole P.C.D. Weight 449g	Parallax Hub Smoother Rotation 11T Gear Compatible Contact Sealing Uni-Balance System One-Piece Forged Hub Body	Aluminum/Machine Polished	
Front Hub HB-MC31 HB-MC30	Over Locknut Axle Length Quick Release Nut Axle Dia. Sprocket Holes Hole P.C.D. Mount Weight 100mm 108mm (Quick Release) 140mm (Nut) 9mm 32/36 38mm Quick Release (HB-MC31) Quick Release/Nut (HB-MC30) 234g (HB-MC30)	Parallax Hub Smoother Rotation Contact Sealing Strong Steel Axle (HB-MC31 optional) One-Piece Forged Hub Body	Aluminum/Machine Polished	HB-MC31 is quick Release type only. HB-MC31 offers increased strength through a 1.0mm diameter axle. Axle ends are 9mm so it will still fit in standard 9mm fork ends.
Cassette Sprocket CS-HG70-C (7-speed HG) CS-HG50-C (7-speed HG)	Compatibility Shimano Total Integration Shimano HyperDrive-C 7-speed HG HG-C Cassette Narrow Chain Weight 299g (CS-HG70-C/ ac-group & spacers)	11T Top Gear	CS-HG70-C CS-HG50-C Steel/Pearl Bright Finish Steel/Brown Finish (pearl bright, low)	Sprocket Combination ac 11 13 15 18 21 24 28
HG Chain CN-HG50	Compatibility Shimano Total Integration Size Weight 1/2" x 3/32" 335g (114 links)	Narrow HG Chain Chromized Pins Bushings Design Reinforced Connecting Pins	Roller Links Pin Links Steel/Black Finish Steel/Black Finish	
Pedal PD-M350	MTB Type Mounting Thread Toe Clip Weight 9/16" x 20T P.1 2-Screw mount 445g (pair)	26° Ground Clearance Low Profile Design Sealed Mechanism Toe Clip/Reflector Mounts	Body Pins Axle Resin Steel/Painted Cr-Mo Steel	

SHIMANO *ALIVIO*

New for 1994, the Alivio group is available in two configurations, the standard group or high-line variation which features high-tech gray chainwheels and rubber cup sealing on the hubs. A great cost-performance value, Alivio delivers the full range of new Shimano functions for 1994 including Optical Gear Display and Parallax hubs. Alivio brings great value and performance to the economically priced entry-level mountain bike.



Model No.	Specifications	Features	Material/Finish	Note
Rear Derailleur RD-MC11 (long cage) RD-MC10 (long cage)	Compatibility Shimano Total Integration Advanced Light Action 7-speed SS 28T Max. Sprocket Min. Sprocket F/Difference Total Capacity Weight Shimano Advanced Light Action Dual SS Shimano HyperDrive-C Narrow Chain Top/Low Max. Capacity Top/Low Min. Top Gear Teeth Camp Dia. Weight Shimano Advanced Light Action Dual SS (7-ear, 34rnt) M-System Brakes Camp Dia. Weight 41.6g (ST-MC10, pair)	Low Profile Design Light Action Guide Spring Sintered Alloy Guide Pulley Bushing Double Servo-Pantograph Centering Guide Pulley Double Spoke Barrier Sealed Mechanism B-Tension Adjust Bolt Chain Resistor	Bracket Body Plate Body Right Link Left Link Plate Steel/Pearl Bright (FD-MC11) Aluminum/Barrel Finish Resin (RD-MC10) Steel/Painted Steel/Zinc Plated Steel/Chrome Plated	
Front Derailleur FD-MC11 FD-MC10	Compatibility Shimano Total Integration Advanced Light Action Dual SS Shimano HyperDrive-C Narrow Chain Top/Low Max. Capacity Top/Low Min. Top Gear Teeth Camp Dia. Weight Shimano Advanced Light Action Dual SS (7-ear, 34rnt) M-System Brakes Camp Dia. Weight 41.6g (ST-MC10, pair)	Light Action Mechanism Wider Link Rigid Chain Guide Pro-Set Gauge & Block Trailing Action Pantograph	F/Band R/Band Right Link Chain Guide Steel/Pearl Bright (FD-MC11) Steel/Painted (FD-MC10) Aluminum/Barrel Finish Steel/Painted (FD-MC11) Steel/Painted (FD-MC10) Steel & Resin/Zinc Plated Steel/Chrome Plated	Top route type available (FD-MC11 only) Set chainstay angle 66° to 69° (FD-MC10) FD-MC11 is available in 2 versions: One for use with 66° - 69° chainstay angles and one for 63° - 66° chainstay angles.
Rapidfire Plus Lever Set ST-MC11 (2.5-finger lever) Rapidfire-L Lever Set ST-MC10 (2.5-finger lever)	Compatibility Shimano Total Integration Advanced Light Action Dual SS (7-ear, 34rnt) M-System Brakes Camp Dia. Weight 41.6g (ST-MC10, pair)	Optical Gear Display/Below-Bar Sliding Type Micro-Adjust Brake Lever Reach Adjuster Brake Lever Cable Adjuster Shifting Lever Digital Cable Adjuster Dual Repeat Function Anatomic Contour	Bracket Brake Lever Aluminum/Painted Aluminum/Barrel Finish	For proper M-System and Dual SS operation use with M-System outer casing for brake lever and SIS-SP outer casing for shift lever, and SM-SPIs or SM-SPI's shift cable guides. Handle bar grip thickness should be less than 5mm.
Cantilever Brake BR-MC10 (M-size) BR-MC11 (L-size) BR-MC15 (S-size)	Compatibility Shimano Total Integration M-System Brakes Weight Shimano Advanced Light Action Dual SS (7-ear, 34rnt) M-System Brakes Camp Dia. Weight 41.6g (ST-MC10, pair)	Super M65 Type Brake Shoe (except BR-MC15) Unit Link Dynamic Type Easy Access Fixing Bolt Low Profile Design	Aluminum/Barrel Finish	Use with Rapidfire-Plus or M-System brake lever and M-System outer casing.
Front Chainwheel FC-MC11 (SG-X gear triple/ low profile type) FC-MC10 (SG-X gear triple/ low profile type)	Compatibility Shimano Total Integration Shimano HyperDrive-C Dual SS Narrow Chain Gearing Bolt Circle Dia. (FC-MC11) 95mm (top/middle) 58mm (inner) Crank Length 170/175mm Weight 84.3g (FC-MC10, 170mm)	Low Profile Design Shimano SG-X Gear Gapless Crank Arm	Crank Chainring Aluminum/Polished Steel/Painted	Bolt-on chain guard type available FC-MC10's chainrings are riveted.
Sealed Cartridge Bottom Bracket BB-LP30 BB-LP20	Chain Line Spindle Length Shell Width Spindle Marking Weight 47.5mm 110.5mm 50.0mm 11.3mm 68, 70, 73 MM110 68, 70, 73 LL113 341g (BB-LP20, 113mm)	Easy Assemble Extend Service Life Maintenance-Free Full Sealing	BB-LP30 BB-LP20 Steel/Pearl Bright Finish Steel/Black Finish	Shell Width Thread 68 BCI 3/7 70 M36 73 BCI 3/7
Freehub FH-MC10	Compatibility Shimano Total Integration 7-Speed HG HG-C Cassette Over Locknut Quick Release Nut Axle Dia. Spoke Holes Hole P.C.D. Weight 130mm 135mm 141mm 146mm 180mm 185mm 10mm 32/36 45mm 445g	Parallax Hub 11T Gear Compatible Contact Sealing (option) Uni-Balance System One-Piece Forged Hub Body	Aluminum/Machine Polished	
Front Hub HB-MC10	Over Locknut Axle Length Axle Dia. Spoke Holes Hole P.C.D. Mount Weight 100mm 108mm (Quick Release) 140mm (Nut) 9mm 32/36 38mm Quick Release/Nut 221g	Parallax Hub Contact Sealing (option) One-Piece Forged Hub Body	Aluminum/Machine Polished	
Cassette Sprocket CS-HG70-C (7-speed HG) CS-HG50-C (7-speed HG)	Compatibility Shimano Total Integration Shimano HyperDrive-C 7-Speed HG HG-C Cassette Narrow Chain Weight Shimano Advanced Light Action Dual SS (7-ear, 34rnt) M-System Brakes Camp Dia. Weight 41.6g (ST-MC10, pair)	11T Top Gear	CS-HG70-C CS-HG50-C Steel/Pearl Bright Finish Steel/Brown Finish (pearl bright low)	Sprocket Combination ac 11 13 15 18 21 24 28
HG Chain CN-HG70 CN-HG50 UG Chain CN-UG50	Compatibility Shimano Total Integration 7-Speed HG HG-C Cassette Narrow Chain Weight Shimano Advanced Light Action Dual SS (7-ear, 34rnt) M-System Brakes Camp Dia. Weight 41.6g (ST-MC10, pair)	Narrow HG Chain (CN-HG70/HG50) Narrow UG Chain (CN-UG50) Chromazined Pins Bushings: Design Reinforced Connecting Pins (CN-HG70/HG50)	CN-HG70 CN-HG50 CN-UG50 Roller Links Pin Links Roller Links Pin Links Roller Links Pin Links Steel/Gray Finish Steel/Black Finish Steel/Black Finish Steel/Black Finish Steel/Black Finish Steel/Black Finish	
Head Set HP-R500 HP-R501 (1-1/8")	Upper Stack Lower Stack Weight Variation Model Type Thread Upper Lower HP-R500 English/Italian JIS French HP-R501 1-1/8"	Sealed Mechanism Bike Diameter Upper Lower 30.2mm 26.4mm 30.0mm 27.0mm 30.2mm 26.4mm 34.0mm 30.0mm	Locknut Upper Cup Lower Cup Colors Steel/Pearl Bright Steel Resin/Steel White/Silver/Black (HP-R500) Black (HP-R501)	

SHIMANO ALTUS C50



Model No.	Specifications	Features	Material/Finish	Note
Rear Derailleur RD-CT50 (long cage)	Compatibility Shimano Total Integration Advanced Light Action 6-speed SS Max. Sprocket 28T Min. Sprocket 14T F-Difference 20T or less Total Capacity 34T Weight 339g	Light Action Guide Spring Servo-Pantograph Double-Spoke Barrier Sealed Mechanism Chain Retainer	Bracket Body Plate Body Rear Link Left Link Plate Steel/Painted Steel/Painted Steel & Resin Steel/Painted Steel/Zinc Plated	Direct dropout or hanger mount type available
Front Derailleur FD-CT50	Compatibility Shimano Total Integration Advanced Light Action Dual SS Narrow Chain Top/Low Max. Capacity 22T Top/Middle-Min. Capacity 10T Top-Gear Teeth 48T Clamp Dia. 28.0-28.6mm Weight 164g	Light Action Mechanism Rigid Changguide Pro-Set Gauge & Block Trapezoid Mechanism	F/Band R/Band Right Link Changguide Steel/Painted Steel/Painted Steel/Painted & Resin Steel/Chrome Plated	Set chainstay angle from 66° to 69°
Rapidfire Shimano Lever ST-CT50	Compatibility Shimano Total Integration Advanced Light Action Dual SS (6-rear, 3-front) Clamp Dia. 22.2mm Weight 249g (pair)	Dual Repeat Function Shifting Lever Digital Cable Adjuster	Bracket Lever Steel Resin	For proper Dual SS operation use with SS outer casing for shift lever, and SM-SPI6 or SM-SPI5 shift cable guides.
Shifting Lever SL-CT50	Compatibility Shimano Total Integration Advanced Light Action Dual SS (6-rear, 3-front) Clamp Dia. 22.2mm	Optical Gear Display Rotating Type Shifting Lever Digital Cable Adjuster	Bracket Lever Steel/Painted Resin	For proper Dual SS operation use with SS outer casing for shift lever, and SM-SPI6 or SM-SPI5 shift cable guides.
Cantilever Brake BR-CT50 (M-size) BR-CT51 (L-size)	Compatibility Shimano Total Integration M-System Brakes 36kg (BR-CT50), F&R set) 12g (joint link)	Unit Link Alignment Type Easy Access Foring Bolt Low Profile Design	Aluminum/Barrel Finish	Use with M-System brake lever and M-System outer casing.
Brake Lever BL-CT50 (2.5 finger lever)	Compatibility M-System Brakes 22.2mm	Cable Adjuster Stroke Adjuster	Bracket Lever Steel & Resin Aluminum/Barrel Finish	Use with M-System cantilever brake and M-System outer casing.
Front Chainset FC-CT50 (SS-X gear triple)	Compatibility Shimano Total Integration Dual SS Narrow Chain 48-38-28T 110mm Length 940g	Shimano SG-X Gear Rigid Changguide	Crank Chainring Aluminum/Painted Steel/Painted	Bolt-on chain guard type available
Sealed Cartridge Bottom Bracket BB-CS11	Chain Line 47.5mm Spindle Length 122.5mm Shell Width 68, 70, 73 D-NL 387g (112.5mm)	Easy Assemble Extend Service Life Maintenance Free Full Sealing	Steel	Shell Width Thread 68 BCI 37 70 M36 73 BCI 37
Multiple Freehub MF-HG20	Compatibility Shimano Total Integration 6-speed HG Narrow Chain 460g (11 group & spacers) Weight	HG Gear	Steel/Brown Finish (silver finish low)	Sprocket Combination X 14 16 18 20 22 24T Y 14 16 18 21 24 28T

Please see page 31 for additional specifications.

FC-TY21



Model No.	Specifications	Features	Material/Finish	Note
Rear Derailleur RD-TY30-GS (long cage)	Compatibility Shimano Total Integration Advanced Light Action 6-speed SS 28T (GS), SS, SS 14T (GS) 12T (SS) 20T or less (GS) 13T or less (SS) 34T (GS), 28T (SS)	Light Action Guide Spring Servo-Panograph Double Spoke Barrier Sealed Mechanism	Bracket Body Plate Body Right Link Left Link Plate	Steel/Zinc Plated Steel/Zinc Plated Steel & Resin Steel/Zinc Plated Steel/Zinc Plated
Rear Derailleur RD-TY30-SS (short cage)	Max. Sprocket Min. Sprocket F/Difference Total Capacity			Direct dropover or hanger mount type available.
Front Derailleur FD-TY30-GS	Compatibility Shimano Total Integration Advanced Light Action Dual SS Narrow Chain Top/Low Max. Capacity 22T Top/Middle Min. Capacity 10T Top-Gear Teeth 48T Clamp Dia. 28.0-28.6mm	Light Action Mechanism Rigid Chainguide Pro-Ser Gauge & Block Trapezoid Mechanism	F/Band R/Band Right Link Chainguide	Steel/Zinc Plated Steel/Zinc Plated Steel & Resin/Zinc Plated Steel/Chrome Plated
Shifting Lever SL-TY31-R/L SL-TY30-L	Compatibility Shimano Total Integration Advanced Light Action Dual SS (SL-TY31-R/L) 6-ear, 34-front Clamp Dia. 22.2mm	Optical Gear Display Rotating Type (w/without SL-TY30-L) Anatomical Form Shifting Lever Digital Cable Adjuster (SL-TY31-L)	Bracket Lever	Steel/Painted Resin For proper Dual SS operation use with SS outer casing for shift lever, and SM-SP16 or SM-SP15 shift cable guides. SL-TY30-L is friction type shifting lever for front derailleur.
Cantilever Brake BR-TY22 (M-size) BR-TY23 (L-size)	Compatibility Shimano Total Integration M-System Brakes	Uni-Link Alignment Type	Aluminum/Barrel Finish	Use with M-System brake lever and M-System outer casing.
Brake Lever BL-TY21 (2.5 finger lever)	Compatibility Shimano Total Integration M-System Brakes	Cable Adjuster	Bracket Lever	Steel & Resin Aluminum/Barrel Finish Use with M-System cantilever brakes and M-System outer casing.
Front Chainwheel FC-TY21 (SC-K gear triple) FC-TY20 (SG gear triple)	Compatibility Shimano Total Integration Dual SS (FC-TY21) Narrow Chain Crank Length 170mm Gearing 48-38-28T Crank Length 170mm	Shimano SG-K Gear (FC-TY21) Shimano SG Gear (FC-TY20)	Crank Chainring	Aluminum/Painted Steel Chain guard type available.
Sealed Cartridge Bottom Bracket BB-CS11	Chain Line Spindle Length 122.5mm Shell Width 68, 70, 73 Spindle Marking D-NL Weight 387g (122.5mm)	Easy Assemble Extend Service Life Maintenance Free Full Sealing	Steel	Shell Width Thread ~ 68 BC1.37 70 M36 73 BC1.37
Multiple Freewheel MF-HG20	Compatibility Shimano Total Integration 6-speed HG Narrow Chain 468g (F-gear & spacers) Weight	HG Gear	Steel/Brown Finish (silver finish low)	Sprocket Combination X 14-16-18-20-22-24T Y 14-16-18-21-24-28T

SHIMANO TOURNEY 20 SERIES



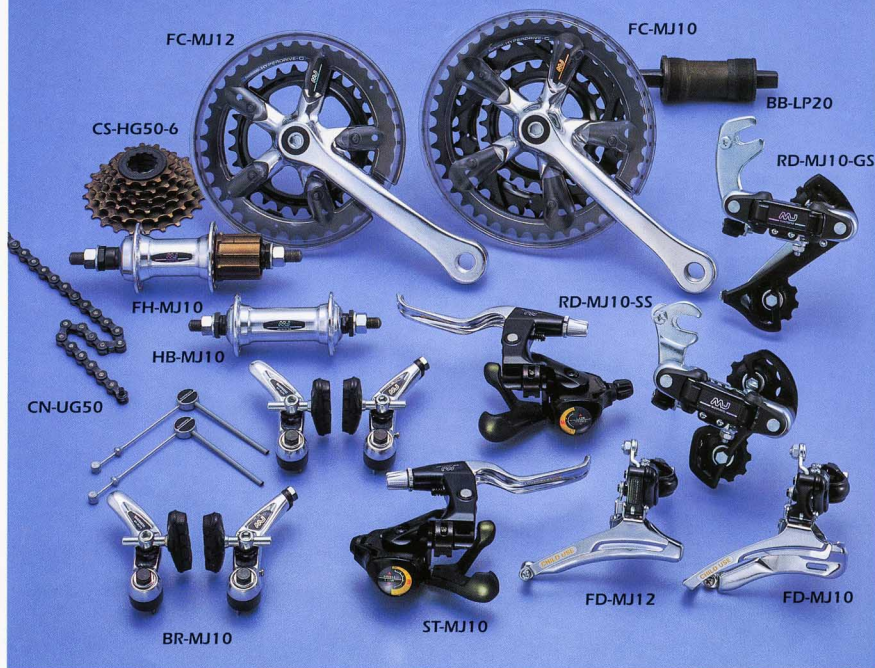
Model No.	Specifications	Features	Material/Finish	Note								
Rear Derailleur RD-TY20-GS (long cage) RD-TY20-SS (short cage)	Compatibility: Max. Sprocket 14T (SS/GS) Min. Sprocket 11T or less (SS) F/Difference 20T or less (GS) Total Capacity 34T (SS) 28T (GS) Weight 341g (GS), 317g (SS)	Servo-Pantograph Mechanism Double Spoke Barrier Chain Retainer (GS)	Bracket Body Steel/Zinc Plated Plate Body Steel/Zinc Plated R/Link Steel/Chrome Plated L/Link Steel/Zinc Plated	Direct dropout or hanger mount type available.								
Front Derailleur FD-TY25-GS (long cage)	Compatibility: Capacity 22T (Round SG) 20T (Biopace HP) Clamp Dia. 28.0-28.6mm	Rigid Chain Guide Trapezoid Mechanism Cable Stopper	F/Band Steel/Zinc Plated R/Band Steel/Zinc Plated L/Link Steel/Chrome Plated Chain Guide Steel/Chrome Plated									
Shifting Lever SL-MY20	Compatibility: Clamp Dia. 22-22mm Mount Handle Bar	SS/Friction Mode Switch Anatomical Form	Band Lever Steel/Plastic High-Impact Resin	For proper SS operation use with SS outer casing for shift lever, and SM-SPI6 or SM-SPI5 shift cable guides.								
Cantilever Brake BR-TY22 (M-size) BR-TY23 (L-size)	Compatibility: Shimano Total Integration M-System Brakes	Unit Link Alignment Type	Aluminum/Barrel Finish	Use with M-System brake lever and M-System outer casing.								
Brake Lever BL-TY21 (2.5 finger lever)	Compatibility: Clamp Dia. 22-23mm	Cable Adjuster Stroke Adjuster	Bracket Lever Steel & Resin Aluminum/Barrel Finish	Use with M-System cantilever brake and M-System outer casing.								
Front Chainwheel FC-TY20 (SG gear triple)	Compatibility: Crank Length 170mm Sprocket 48-38-28T (Biopace)	Shimano SG Gear	Crank Chaining Aluminum/Plastic Steel/Plastic	Chain guard type available.								
Speed Cassette Bottom Bracket BB-CS11	Chain Line 47.5mm Spindle Length 122.5mm Shell Width 68, 70, 73 Spindle Marking D-NL Weight 387g (122.5mm)	Easy Assemble Extended Service Life Maintenance Free Full Sealing	Steel	<table><tr><th>Shell Width</th><th>Thread</th></tr><tr><td>68</td><td>BC1.37</td></tr><tr><td>70</td><td>M36</td></tr><tr><td>73</td><td>BC1.37</td></tr></table>	Shell Width	Thread	68	BC1.37	70	M36	73	BC1.37
Shell Width	Thread											
68	BC1.37											
70	M36											
73	BC1.37											
Front Hub HB-MC10	Over Locknut Axle Length 100mm Spindle Length 140mm (Quick Release) 140mm (Nut) Axle Dia. 9mm Spoke Holes 32/36 Hole P.C.D. 38mm Mount Weight 221g	Parallel Hub Smoother Rotation Contact Sealing (optional) Chisel-Head Forged Hub Body	Aluminum/Machine Polished									
Multiple Freewheel MF-HG20	Compatibility: Weight Shimano Total Integration 6-speed HG Narrow Chain 460g (H-group & spacers)	HG Gear	Steel/Brown Finish (silver finish low)	<table><tr><th colspan="2">Sprocket Combination</th></tr><tr><td>X</td><td>14 16 18 20 22 24T</td></tr><tr><td>Y</td><td>14 16 18 21 24 28T</td></tr></table>	Sprocket Combination		X	14 16 18 20 22 24T	Y	14 16 18 21 24 28T		
Sprocket Combination												
X	14 16 18 20 22 24T											
Y	14 16 18 21 24 28T											

SHIMANO TOURNEY 15 SERIES

FC-TY20



Model No.	Specifications	Features	Material/Finish	Note												
Rear Derailleur RD-TY15-GS (long cage) RD-TY15-SS (short cage)	Compatibility: 5-speed SIS Max. Sprocket: 28T (GS) 24-28T (SS) 14T (SS/GS) Min. Sprocket: 11T or less (GS) 13T or less (SS) Total Capacity: 34T (GS) 28T (SS)	Servo-Pantograph Mechanism Double Spoke Barrier Chain Retainer (GS)	Bracket Body: Steel/Zinc Plated Pivot Body: Steel/Zinc Plated R/Link: Steel/Chrome Plated L/Link: Steel/Zinc Plated	Hanger mount type only available												
Front Derailleur FD-TY15-GS (long cage) FD-TY15-SS (short cage)	Compatibility: Narrow Chain: 14T (FD-TY15-SS) 20T (Biopace HP, FD-TY15-GS) 22T (Round SG, FD-TY15-GS) Clamp Dia: 28 0-28.6mm	Rigid Chain Guide Triapace Mechanism Cable Stopper	F/Band: Steel/Zinc Plated R/Band: Steel/Zinc Plated R/Link: Steel/Chrome Plated Chain Guide: Steel/Chrome Plated													
Shifting Lever SL-MY15	Compatibility: 5-speed SIS Clamp Dia: 22mm Handle Bar	Anatomical Form Gear Indicator (rear)	Bracket: Steel/Zinc Plated Lever: High Impact Resin	For proper SIS operation use with SIS outer casing for shift lever, and SM-SPI6 or SM-SPI15 shift cable guides.												
Cantilever Brake BR-TY22 (M-size) BR-TY22 (L-size)	Compatibility: Shimano Total Integration M-System Brakes	Uni-Link Alignment Type	Aluminum/Barrel Finish	Use with M-System cantilever brake and M-System outer casing.												
Brake Lever BL-TY21 (2.5 finger lever)	Compatibility: Shimano Total Integration M-System Brakes Clamp Dia: 22mm	Cable Adjuster Stroke Adjuster	Bracket: Steel & Resin Lever: Aluminum/Barrel Finish	Use with M-System cantilever brakes and M-System outer casing.												
Front Chainwheel FC-TY20 (SG gear triple)	Compatibility: Narrow Chain: 1.70mm Gearing: 46-38-28T (Biopace)	Shimano SG Gear	Crank: Chromium Chainring: Aluminum/Painted Steel/Painted	Chain guard type available												
Sealed Cartridge Bottom Bracket BB-CS11	Chain Line: 47.5mm Spindle Length: 122.5mm Shell Width: 68, 70, 73 Spindle Mounting: D-NL Weight: 387g (1.22 5mm)	Easy Assembly Extended Service Life Maintenance Free Full Sealing	Steel	<table><tr><th>Shell Width</th><th>Thread</th></tr><tr><td>68</td><td>BC1.37</td></tr><tr><td>70</td><td>M36</td></tr><tr><td>73</td><td>BC1.37</td></tr></table>	Shell Width	Thread	68	BC1.37	70	M36	73	BC1.37				
Shell Width	Thread															
68	BC1.37															
70	M36															
73	BC1.37															
Front Hub HB-MC10	Over Locknut: 100mm Axle Length: 108mm (Quick Release) 140mm (Nut) Axle Dia: 9mm Spoke Holes: 32/36 Hole P.C.D.: 38mm Mount: Quick Release/Nut Weight: 221g	Paratex Hub Smoother Rotation Contact Sealing (toprim) One-Piece Forged Hub Body	Aluminum/Mechanic Polished													
Multiple Freewheel MF-Z015-S	Compatibility: 5-speed HG For Narrow & Wide Chain (1.75x 8/32")	Unglazed Teeth	Steel/Brown Finish	<table><tr><th colspan="4">Sprocket Combinations</th></tr><tr><td>14</td><td>17</td><td>20</td><td>24</td></tr><tr><td>14</td><td>17</td><td>19</td><td>21</td></tr></table>	Sprocket Combinations				14	17	20	24	14	17	19	21
Sprocket Combinations																
14	17	20	24													
14	17	19	21													



Designed especially for younger cyclists, the new MJ series brings Shimano quality and value to a wide range of children's bicycles that need shorter crank arms and smaller brake levers. There's no shortage of advanced functions either because MJ still gives you Parallax hubs, rear freehub, and dial-type Optical Gear Display on the Rapidfire L levers. Special Advanced Light Action shifting system was designed specifically for young cyclists in order to reduce shifting effort.



**ADVANCED
LIGHT
ACTION**

**SHIMANO
Msystem**

**DUAL
SIS**

**PARALLAX
HUB**

**SHIMANO
HYPERDRIVE-C**

**HG
HYPERGLIDE**

Model No.	Specifications	Features	Material/Finish	Note
Rear Derailleur RD-MJ10-GS (long cage) RD-MJ10-SS (short cage)	Compatibility Shimano Total Integration Advanced Light Action 6-speed SS 28T (GS/SS) 12T (GS/SS) 20T or less (GS) 13T or less (SS) 34T (GS) 28T (SS) 340g (GS) Total Capacity Weight	Low Profile Design Light Action Guide Spring Servo-Pantograph Double Spoke Barrier Sealed Mechanism Chain Retainer (GS)	Bracket Body Steel/Zinc Plated Plate Body Steel/Zinc Plated Right Link Steel & Zinc Plated Left Link Steel/Zinc Plated Plate Steel/Painted	
Front Derailleur FD-MJ10 (for triple chainwheel)	Compatibility Shimano Total Integration Advanced Light Action Dual SS Shimano HyperDrive-C Narrow Chain Top-Low Max. Capacity 18T Top-Middle Min. Capacity 8T Top-Gear Teeth 42T only Clamp Dia. 28.0-28.6mm	Light Action Mechanism Rigid Chainguide Pro-Set Gauge & Block Trailing Action Pantograph Trapezoid Mechanism	F-Band R-Band Steel/Painted Right Link Steel/Zinc Plated & Resin Chain Guide Steel/Chrome Plated	Set chainstay angle from 66° to 69°
Front Derailleur FD-MJ12 (for double chainwheel)	Compatibility Shimano Total Integration Advanced Light Action Dual SS Shimano HyperDrive-C Narrow Chain Top-Low Max. Capacity 14T Top-Middle Min. Capacity 10T Top-Gear Teeth 38T only Clamp Dia. 28.0-28.6mm Weight 155g	Light Action Mechanism Rigid Chainguide Pro-Set Gauge & Block Trapezoid Mechanism	F-Band R-Band Steel/Painted Right Link Steel/Zinc Plated & Resin Chain Guide Steel/Chrome Plated	Set chainstay angle from 68° to 73°
Rapidfire Lever Set ST-MJ10-T (for triple front chainwheel) ST-MJ10-W (for double front chainwheel) ST-MJ10-R (for rear derailleur)	Compatibility Shimano Total Integration Advanced Light Action Dual SS (6-Rear, 3 or 2-Front) M-System Brakes 19.1mm 339g (ST-MJ10-T, pair) Clamp Dia. Weight	Optical Gear Display Rotary Type Micro-Adjust Brake Lever Reach Adjuster Shifting Lever Digital Cable Adjuster Anatomical Contour	Bracket Lever Aluminum/Barrel Finish Aluminum/Barrel Finish	For proper M-System and Dual SS operation use with M-System outer casing for brake lever and SS-SP outer casing for shift lever, and SM-SP16 or SM-SP15 shift cable guides.
Cantilever Brake BR-MJ10	Compatibility Shimano Total Integration M-System Brakes 374g (F & R set), 12g (Unit Link) Weight	Unit Link Alignment type Easy Access Fixing Bolt Low Profile Design	Aluminum/Barrel Finish	Use with Rapidfire Plus or M-System brake lever and outer casing.
Brake Lever BL-MJ10	Compatibility Shimano Total Integration M-System Brakes 19.1mm Clamp Dia.	Cable Adjuster Stroke Adjuster	Bracket Lever Aluminum/Barrel Finish Aluminum/Barrel Finish	Use with M-System cantilever brakes and outer casing. For 6-speed use with ST-MJ10 only. Left only.
Front Chainwheel FC-MJ10 (SG-X gear triple) FC-MJ12 (SG-X gear double)	Compatibility Shimano Total Integration Shimano HyperDrive-C Dual SS Narrow Chain Chain Size 177X 3/32" Gearing 42-34-24T (FC-MJ10) 38-28T (FC-MJ12) Crank Length 150/160mm (FC-MJ10, FC-MJ12) Pedal Thread 9/16" x 20T P.I. Weight 860g (FC-MJ10, 160mm)	Shimano SG-X Gear	FC-MJ10 Crank Chaining Aluminum/Barrel Finish FC-MJ12 Crank Chaining Steel/Painted Aluminum/Barrel Finish Steel/Painted	Chain guard is standard equipment.
Sealed Cartridge Bottom Bracket BB-LP20	Front Chainwheel Chain Line Spindle Length Spindle Marking FC-MJ10 45.0mm 110.5mm MM10 FC-MJ12 43.5mm 110.5mm MM10 Shell width 68, 70	Easy Assemble Extend Service Life Maintenance Free Full Sealing	Steel/Black Finish	Shell Width Thread 68 BC1.37 70 M36
Freerhub FH-MJ10	Compatibility Shimano Total Integration 6-speed HG Over Locknut 126mm Axle Length 174mm Axle Dia. 10mm Spoke Holes 32/36 Hole P.C.D. 45mm Mount Nut 409g Weight	Parallel Hub Uni-Balance System One-Piece Forged Hub Body	Aluminum/Machine Polished	
Front Hub HB-MJ10	Over Locknut 100mm Axle Length 140mm Axle Dia. 9mm Spoke Holes 32/36 Hole P.C.D. 38mm Mount Nut 189g Weight	Parallel Hub One-Piece Forged Hub Body	Aluminum/Machine Polished	
Cassette Sprocket CS-HG50-6	Compatibility Shimano Total Integration Shimano HyperDrive-C 6-speed HG HG-C Cassette Narrow Chain 221g (ad group & spacers) Weight		Steel/Brown Finish	Sprocket Combinations ad 12 14 16 18 21 24T
UG Chain CN-UG50	Compatibility Shimano Total Integration 1/2" x 3/32" Size	Narrow UG Chain	Roller Links Steel/Black Finish Pin Links Steel/Black Finish	

SHIMANO 700C X



Model No.	Specifications	Features	Material/Finish	Note
Rear Derailleur RD-C700 (long cage)	Compatibility 7-speed SIS Min. Sprocket 11T F-Difference 22T or less Total Capacity 32T Weight 250g	Adjustable Return Spring Sintered Alloy Guide Pulley Bushing Double Servo-Panograph Centeron Guide Pulley Double-Spoke Barrier Sealed Mechanism Benton Adjust Bolt Chain Retainer	Bracket Body Plate Body Right Link Left Link Aluminum/Paint Aluminum/Paint Aluminum/Paint Steel/Pearl Bright Finish	
Front Derailleur FD-C700 (bottom route) FD-C701 (top route)	Compatibility Shimano Hyper Drive-C Dual SS Narrow Chain 27T (round SG) 28.0mm/28.6mm 31.8mm/34.9mm 12.1g (FD-C700) Clamp Dia 22.2mm Weight 385g (pair)	Rigid Chain Guide New Trapezoid Mechanism Pro-Set Gauge & Block Trailing Action Panograph	F-Band R-Band Right Link Chain Guide Aluminum/Paint Aluminum/Paint Aluminum/Paint Steel/Chrome Plated	Set chainstay angle from 63 to 66°
Rapidfire Plus Lever Set ST-C070 (1.5-finger lever)	Compatibility Dual SS (7-year, 3-front) M-System Brakes 22.2mm 385g (pair)	Optical Gear Display Below-Bar Sliding Type Dual Repeat Function Digital Cable Adjuster Light Action Anatomical Form Brake Lever Stroke Adjuster	Bracket Brake Lever Aluminum/Paint Aluminum/Anodized	For proper M-System and Dual SS operation use with M-System outer casing for brake lever and SIS-SP outer casing for shift lever, and SM-SPI 6 or SM-SPI 5 shift cable guides.
Cantilever Brake BR-C700 (S size) BR-C701 (W size)	Compatibility M-System Brakes 336g (BR-C700 / F&R set) 10g (unit link)	Unit Link Dynamic Type Rigid CAD Design Sleeve Type Aisle Sealed Internal Spring Easy Attach Cable Spring Tension Adjust	Aluminum/Anodized	Use with Rapidfire or M-System brake lever and M-System outer casing.
Front Chainwheel FC-C700 (SG-X gear triple / low profile type) FC-C700-CG (SG-X gear triple / low profile type, w/chain guard)	Compatibility Shimano HyperDrive-C Dual SS Narrow Chain 27T (round SG) 28.0mm/28.6mm 31.8mm/34.9mm 12.1g (FC-C700) Crank Length 170mm/175mm Gearing 42-32-20T Bolt Circle 110/58mm Weight 730g (170mm w/o chain guard)	Low Profile Design Shimano SG-X Gear	Crank Chaining Aluminum/High Luster Aluminum (top, middle) Steel (low)	
Sealed Cartridge Bottom Bracket BB-UN71	Chain Line 45.0mm Spindle Length 113mm Shell Width 68.70, 73 Spindle Marking LL113 47.5mm 118mm 68.70, 73 XL118 Weight 240g (113mm)	Lightweight Design Easy Assemble Extend Service Life Maintenance-Free Full Sealing		Shell Width Thread 68 BC1.37 70 M36 73 BC1.37
Free Hub FH-C700	Compatibility 7-speed HG HG Gears Only 130mm Over Locknut Axle Length 141mm Axle Dia 10mm Spoke Holes 36/32 Hole P.C.D. 45mm Mount Quick Release Weight 427g (Quick Release)	1:1 Gear Compatible Uni-Balance Design Contact Type Sealed Mechanism One Piece Forged Hub Body	Aluminum/Anodized	
Front Hub HB-C700	Over Locknut Axle Length 100mm Axle Dia 10mm Spoke Holes 36/32 Hole P.C.D. 38mm Mount Quick Release Weight 228g	Contact Type Sealed Mechanism One Piece Forged Hub Body	Aluminum/Anodized	
Cassette Sprockets CS-HG70-C	Compatibility Shimano Hyper Drive-C 7-speed HG HG-C Cassette Narrow Chain 183g	1:1 Top Gear	Steel/Silver Finish	Sprocket Combinations ab 11 12 13 14 15 17 19T

Please see page 20 for additional specifications.

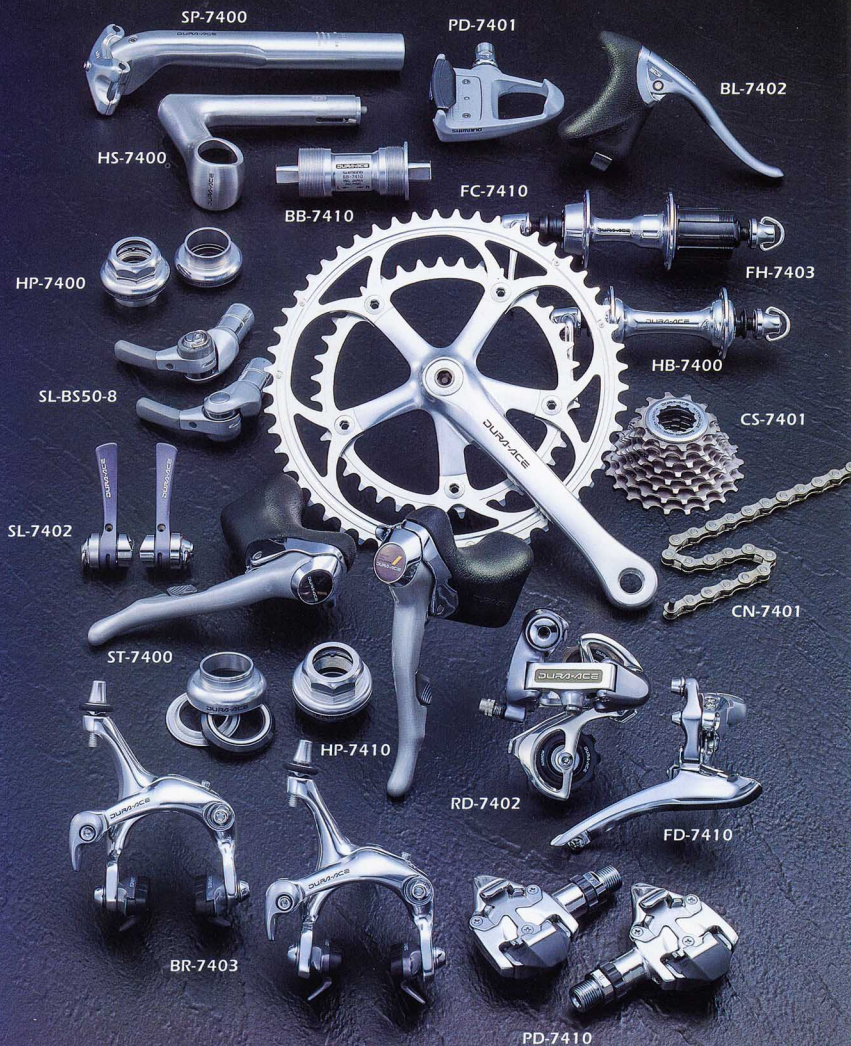
SHIMANO 400CX



Model No.	Specifications	Features	Material/Finish	Note
Rear Derailleur RD-C400 (long cage)	Compatibility Max. Sprocket Min. Sprocket F/Difference Total Capacity Weight	7-speed S/S 21T 11T 22T or less 32T 284g	Adjustable Return Spring Sintered Alloy Guide Pulley Bushing Double Servo-Pantograph Centeron Guide Pulley Double Spoke Barrier Sealed Mechanism Btension Adjust Bolt Chain Retainer	Bracket Body Aluminum/Barrel Finish Aluminum/Barrel Finish Steel/Zinc Plated Aluminum/Barrel Finish
Front Derailleur FD-C400 (bottom route) FD-C401 (top route)	Compatibility Capacity Clamp Dia Weight	Shimano Hyper Drive-C Dual S/S Narrow Chain 27T Inward S/S 28.0mm/28.6mm 31.8mm/34.9mm 121g (FD-C400)	Rigid Chain Guide New Trapeze Mechanism Pro-Set Gauge & Block Trailing Action Pantograph	F/Band R/Band Right Link Chain Guide Aluminum/Barrel Finish Aluminum/Barrel Finish Aluminum/Paint Steel/Chrome Plated
Rapidfire Plus Lever Set ST-C040 (2-finger lever)	Compatibility Clamp Dia Weight	Dual S/S (7-speed, 3-front) M-System Brakes 22.2mm 397g (pair)	Optical Gear Display Below-Bar Sliding Type Dual Repeat Function Digital Cable Adjust Light Action Lever Anatomical Form Brake Lever Stroke Adjuster	Bracket Brake Lever Aluminum/Paint Aluminum/High Luster
Centrallink Brake BR-C400 (S size) BR-C401 (M size)	Compatibility Weight	M-System Brakes 350g (BR-C400 F&R set) 150g (Unit/Link)	Unit Link Dynamic Type Rigid CAD Design Sleeve Type A-Link Sealed Internal Spring Easy Attach Cable Spring Tension Adjust	Aluminum/High Luster
Front Chainwheel FC-C400 (SG-X gear triple/ low profile type)	Compatibility Crank Length Gearing Bolt Circle Weight	Shimano Hyper Drive-C Dual S/S Narrow Chain 170mm/175mm 42-32-20T 110/58mm 717g (170mm)	Low Profile Design SG-X Gear	Crank Channing Aluminum/High Luster Aluminum (top, middle) Steel (low)
Sealed Cartridge Bottom Bracket BB-UN51	Chain Line Spindle Length Shell Width Spindle Marking Weight	45.0mm 113mm 68.70.73 LL113 47.5mm 118mm 68.70.73 XL118 316g (113mm)	Easy Assembly Full Sealing Extended Life Maintenance Free Light Weight Design	Shell Width Thread 68 BC1.37 70 M36 73 BC1.37
Free Hub FH-C040	Compatibility Over Locknut Axle Length Axle Dia Spoke Holes Hole P.C.D. Mount Weight	7-speed HG HG Gear Only 130mm 141mm 10mm 22/36 45mm Quick Release/Nut 430g (7-speed QR)	11T Gear Compatible Uni-Balance Design Contact Type Sealed Mechanism One Piece Forged Hub Body	Aluminum/Diamond Cut Finish
Front Hub HB-C400	Over Locknut Axle Length Axle Dia Spoke Holes Hole P.C.D. Mount Weight	100mm 108mm/140mm 9mm 22/36 38mm Quick Release/Nut 228g	Contact Type Sealed Mechanism One Piece Forged Hub Body	Aluminum/Diamond Cut Finish
Cassette Sprockets CS-HG50-C	Compatibility Weight	Shimano Hyper Drive-C 7-speed HG HG-C Cassette Narrow Chain 188g	11T Top Gear	Steel/Brown Finish (Silver Finish Low Gear) Sprocket Combinations ab 11 12 13 14 15 17 19T
SPD Pedal PD-A525	Compatibility Mourning Thread Weight	SPD Cleat System One sided Binding BC916x20T P.T. 390g (pair)	31° Ground Clearance Cartridge Axle Cable Retention Adjuster Cleat Retention Indicator Low Profile Design Sealed Mechanism	Body Color Axle Binding Aluminum/Painted White or Silver Cr-Mo Steel Steel

Please see page 26 for additional specifications.

DURA-ACE



Designed to win, Dura-Ace continues to set new standards of performance.

Dura-Ace was developed with one goal in mind ... to win. Super-low profile crank, 8-speed HG freehub, hands-on STI levers, dual-pivot SLR brakes, SG-X chainrings, Dual SIS ... Each component and advanced function was designed to give the road racing cyclist that extra fraction of a second that separates the winners from everybody else. A new addition to Dura-Ace for 1994 is the HP-7410 cartridge bearing headset. Top racers around the world are proving that nothing beats Dura-Ace for quality and performance.

Super-Low Profile Crank

The FC-7410 super-low profile crankset uses a shorter axle and provides significantly more ankle clearance for increased pedaling stability and efficiency.



Reinforcing ribs on the crank arms increase strength and rigidity with minimum weight. SG-X chain rings deliver fast and error-free front SIS shifting.

SPD Road Racing Pedal

Shimano Pedaling Dynamics PD-7410 pedal gives the road racer off bike mobility as well as clipless pedaling efficiency. Lightweight compact design



provides a large 36° of ground clearance. Users can choose fixed or rotational-type cleats included with the pedal set.

Cartridge Bearing Headset

New HP-7410 cartridge bearing headset integrates cups, cones and bearings into a single cartridge unit. Precision bearings are pre-adjusted to



run smoother. The headset is easier to install and lasts longer because it completely shuts out dirt, water, and mud.



DUAL SIS

Hands-on STI levers deliver instant error-free SIS shifting for both the rear and front derailleurs.

THE SHIMANO FREEHUB

8-speed freehub realizes a stronger rear wheel with the wider gear selection that top racers demand.

SUPER SLR

Dual pivot brake caliper increases brake application power. Special coated low-friction pivot washers enhance lever response.

SHIMANO HYPERDRIVE

Shifting spikes on the large chain wheel enhance precision front SIS shifting for upgraded pedaling efficiency, especially during upshifts under high pedaling loads. Precision cartridge-type bottom bracket realizes smoother rotation with less friction.

HG

HG sprockets use special teeth shapes, shift ramps and relational positioning that make SIS shifting almost instantaneous.

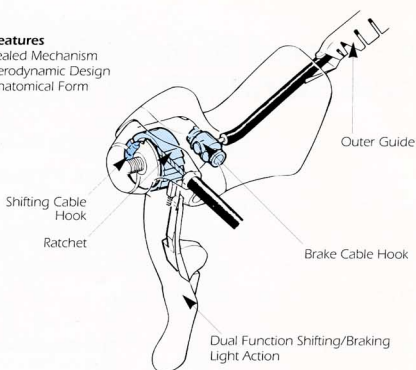
SPD

SPD (Shimano Pedaling Dynamics) PD-7410 pedal delivers clipless pedaling efficiency with off-bike mobility. Compact, lightweight design gives plenty of road clearance.

Dual Control Lever
ST-7400

Weight	480g (pair)
Compatibility	Shimano Total Integration Dual SIS (B-rear, 2-front) Super SLR (Shimano Linear Response) 23.8-24.2mm Aluminum/Chrome Plated (bracket) Forged Aluminum/Painted (lever)
Bar Dia	
Material & Finish	
Note	Use SIS-SP outer casing at shift lever and SIS sealed outer casing at rear derailleur. Use ST-7400 lever set with BR-7403 caliper and SLR outer casing.

Features
Sealed Mechanism
Aerodynamic Design
Anatomical Form



Down tube Shift Lever

SL-7402-F*CAI (8-speed SIS / brazed-on A type)
(*C Indicates 5mm mounting bolt.)

Weight	67g
Compatibility	8-speed SIS SIS/Friction Mode Switch Light Action Front Lever Human Engineered Form 30° Offset Front Lever Sealed SIS Outer Casing Down Tube 28.6mm Aluminum/Paint (lever)
Mount	
Lever Clamp Dia	
Material & Finish	
Note	Use with Shimano Dura-Ace rear derailleur, freehub, cassette sprockets, and SIS outer casing for top performance.

Bar End Shift Lever

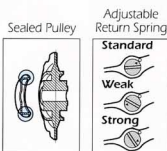
SL-BS50-8

Weight	183g
Compatibility	8-speed SIS SIS/Friction Mode Switch Light Action Front Lever Human Engineered Form Sealed SIS-SP Outer Casing Bar End 19.0-22.0mm Aluminum/Paint (lever)
Mount	
Bar Inner Dia	
Material & Finish	
Note	For best SIS operation use with Shimano Dura-Ace rear derailleur, freehub, cassette sprockets, and Shimano SIS-SP outer casing.

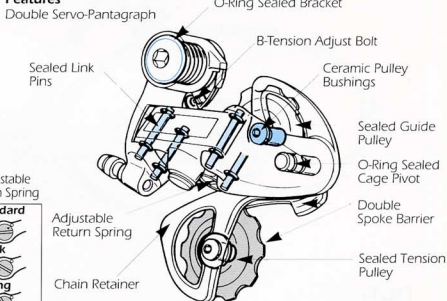
Rear Derailleur

RD-7402

Weight	209g
Compatibility	Shimano Total Integration 7/8-speed SIS
Capacity	Max. Sprocket 26T Min. Sprocket 12T F/Difference 14T or less Total Capacity 26T
Material & Finish	Forged Aluminum/ Color Anodized (bracket & plate body) Forged Aluminum/ Epoxy Inlay & Anodized (right link) Forged Aluminum/Anodized (left link)
Note	For use with narrow chain



Features

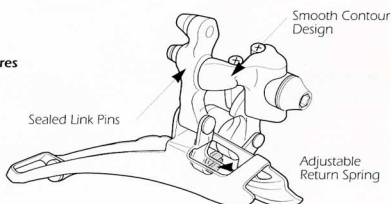


Front Derailleur

FD-7410-B (band mount)
FD-7410-F (brazed-on mount)

Weight	97g (band mount)
Compatibility	Shimano Total Integration Dual SIS Narrow Chain
Capacity	15T
Clamp Dia	28.0-28.6mm (band mount)
Material & Finish	Forged Aluminum/Anodized (F&R bands / R&L links) Steel/Chrome Plated (chain guide)

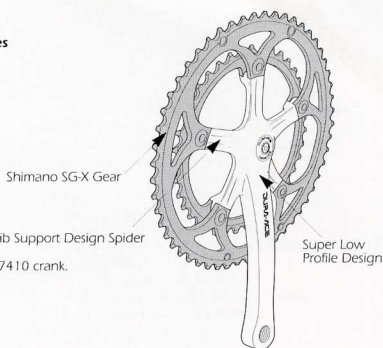
Features



FC-7410 [SG-X gear double / super low profile type]

Weight	589g (53-39T/170mm)
Compatibility	Shimano Total Integration Shimano HyperDrive Dual SIS Narrow Chain
Gearing	53-42T/53-39T/52-42T (Shimano SG-X)
Crank Lengths	165/167.5/170/172.5/175/177.5/180mm
Material & Finish	Forged Aluminum/Anodized (crank/chainring) Titanium (crank fixing bolt) Aluminum (crank cap / chainring fixing bolt & nut)
Note	Only use BB-7410 sealed cartridge bottom bracket with FC-7410 crank.

Features



Sealed Cartridge Bottom Bracket

BB-7410

Weight	230g (103mm axle)
Compatibility	Super Low Profile Design Crank
Features	Easy Assembly Extended Service Life Maintenance Free Lightweight Design Full Sealing
Material & Finish	Nickel Cro-Mo Steel/Pearl Bright Plated (axle) Aluminum / Titanium Color Anodized (R & L adapter)
Specifications	Chain Line 43.5mm Spindle Length 103mm Shell Width 68 (BC) 70 (M36) Spindle Marking SS103
Note	BB-7410 bottom bracket was designed only for use with FC-7410 crank set.

HG Chain

CN-7401

Compatibility	Shimano Total Integration Narrow HG Chain, Chromized pins Bushingsless Design Reinforced Connecting Pins
Size	1/2" X 3/32"
Material & Finish	Steel/Nickel Finish (roller links, pin links) Chromizing Finish Pins

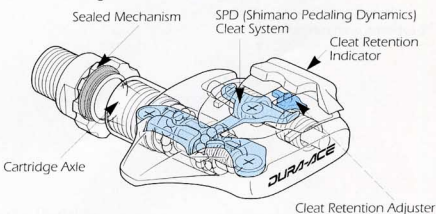
SPD Pedal

PD-7400

Weight	313g (pair)
Mounting Thread	BC 9/16" x 20T.P.I.
Material & Finish	Aluminum/Anodized Finish (body) Cro-Mo Steel (axle)
Note	Choose from either fixed or rotating mount cleats. Both types are included with each pedal set.

Features

36° Ground Clearance
2 Cleat Type supplied
Low Profile Design



Clipless Pedal

PD-7401

Weight	416g (pair)/92g (cleats & hardware)
Compatibility	Look® Cleats
Features	34° Road Clearance Compound Needle/Ball Bearings Aerodynamic Design/No Dustcap Sealed Mechanism/Adjustable Cleat Grip Tension
Mounting Thread	BC 9/16" x 20T.P.I.
Material & Finish	Forged Aluminum/Paint (body) Nickel Cr-Mo Steel/Chrome Plated & Polished (axle)

Bar Stem

HS-7400

Weight	280g (100mm)
Features	Aerodynamic Form Hexagon Release
Extension	70/80/90/100/110/120/130mm
Diameter	22.2mm
Bar Clamp Dia	26.0mm
Material & Finish	Aluminum/Anodized

Seat Post

SP-7400-A (round)**SP-7400-B** (semi-oval)

Weight	224g (A-type)/244g (B-type)
Features	Aerodynamic Form/Hexagon Release
A-Type Dia	25.0/25.8/26.4/26.6/26.8/27.0/27.2/27.4mm
B-Type Dia	25.0/25.8/26.0/26.2/26.4/26.6/26.8/27.0/27.2/27.4mm
Material & Finish	Aluminum/Anodized

Dual Pivot Brake

BR-7403-49 (49mm reach)

Weight	432g (F&R set)
Compatibility	Shimano Total Integration Super SLR (Shimano Linear Response) Thrust Bearing (Y-arm, C-arm) Coated Pivot Washer (Y-arm, C-arm) Click Eccentric Quick Release Spring Adjust Pin Centering Easy Adjust Low Profile Brake Shoe
Material & Finish	Forged Aluminum/Anodized (caliper) Aluminum/Color Anodized (shoe holder & tire guide)
Note	BR-7403-49 must be used with Shimano SLR outer casing.

Brake Lever

BL-7402 (Aero Type)

Weight	240g (pair)
Compatibility	SLR (Shimano Linear Response) Anatomical Form
Features	Aerodynamic Design 23.8-24.2mm 88mm
Clamp Dia	Aluminum/Anodized (lever)
Lever Stroke	Aluminum/Chrome Plated (bracket)
Material & Finish	Soft Resin (hood) Black/White (hood)
Color	Use with SLR brake caliper and Shimano SLR outer casing for top SLR performance.
Note	Can be used with dual-pivot calipers.

Front Hub

HB-7400-F

Weight	228g (w/OR)
Features	Stainless Steel Ball Bearings Contact Sealing
Over Lock Nut	100mm
Axle Length	108mm
Axle Dia	9mm
Mount	Quick Release
Spoke Holes	28/32/36/
Hole P.C.D.	38mm
Material & Finish	Forged Aluminum/Anodized (hub shell)

Freehub

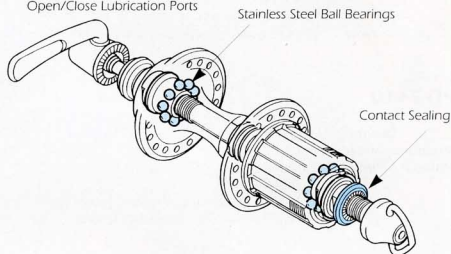
FH-7403-HG (8-speed)

Weight	439g (w/OR)
Compatibility	Shimano Total Integration 8-speed HG HG/UG Compatible
Over Locknut	130mm
Axle Length	141mm
Axle Dia	10mm
Mount	Quick Release
Spoke Holes	28/32/36
Hole P.C.D.	44mm
Material & Finish	Forged Aluminum/Anodized (hub shell)
Features	Uni-Balance System Open/Close Lubrication Ports

Cassette Sprockets

CS-7401-8 (8-speed HG)

Weight	255g (S-group & spacers)
Compatibility	Shimano Total Integration 8-speed HG Narrow Chain
Feature	8-speed HG
Material & Finish	Steel/Champagne Gold
Sprocket Combinations	
S	12 13 14 15 16 17 19 21 23 25
T	13 14 15 16 17 19 21 23 25
U	12 13 14 15 17 19 21 23 25
V	13 14 15 17 19 21 23 25 26
W	12 13 15 17 19 21 23 25



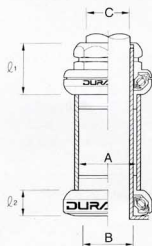
Cartridge Head Set

HP-7410

Weight	101g
Type	Road Racing
Feature	Cartridge Bearing Unit Sealed Mechanism
Material & Finish	Aluminum/Anodized (lock nut, upper & lower housing, lower cone)

Variations & Dimensions

Type	Standard	JIS
Thread	BC1" x 24T.P.I.	
A	30.2mm	30.0mm
B	26.4mm	27.0mm
C	22.3mm	
I1	24.1mm	
I2	13.5mm	



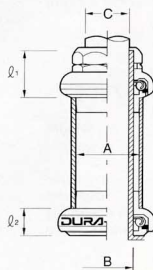
Head Set

HP-7400

Weight	113g
Type	Road Racing
Feature	Sealed Mechanism Steel Bearing Races
Material & Finish	Forged Aluminum/Anodized (nut, cups, top cone)

Variations & Dimensions

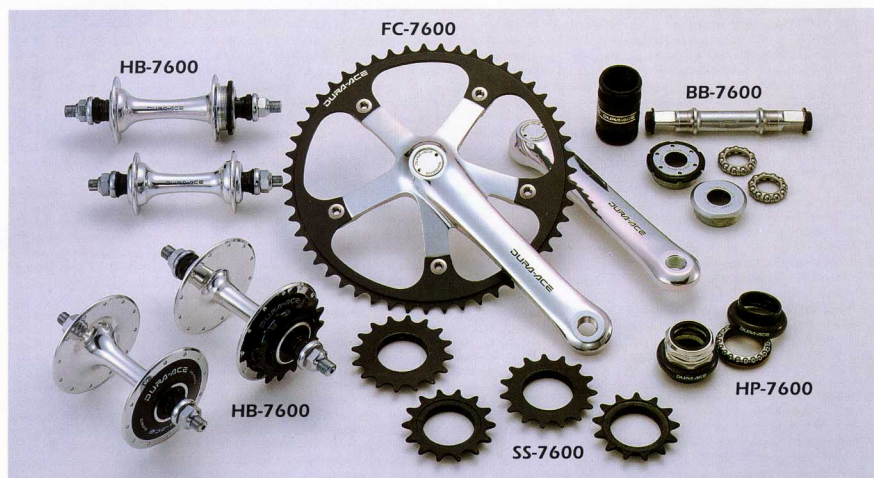
Type	Standard	JIS	ISO	French
Thread	BC1" x 24T.P.I.		M25 x P1.0	
A	30.2mm	30.0mm	30.2mm	30.2mm
B	26.4mm	27.0mm	27.0mm	26.4mm
C	22.3mm			
I1	22.8mm			
I2	13.5mm			



DURA-ACE

TRACK

Dura-Ace Track was designed to give the track racer a fraction-of-a-second advantage that often spells the difference between victory and defeat in the highly competitive world of track racing. Besides offering great durability and rigidity, Dura-Ace Track provides a range of sophisticated features including diamond polished races and micron-precision bearings. As a result, the Dura-Ace Track racer is assured of the highest power transfer efficiency - the key to converting leg-power into go-power.



Model No.	Specifications	Features	Material/ Finish
Hub HB-7600	Holes 24/28/32/36 Hole P.C.D. 24mm Over Locknut 100mm (front) 120mm (rear) Dropout Width 9mm (front) 10mm (rear) Weight 313g (rear LF w/lock ring) 241g (front LF)	Precision Ground Cones Diamond-Polished Mirror Finish (Cup & Cones) Sealed Mechanism Composite Construction (Large Flange) Hollow Axle	Hub Body Forged Aluminum/Anodized Hub Shell Compound Polycarbonate Resin
Sprocket SS-7600	Thread BCI 3/7" x 24TPI Size 1/2" x 1/8" 1/2" x 3/32" Teeth 13/14/15/16/17 Weight 13T 31g 14T 38g 15T 44g 16T 53g		Cr-Mo Steel
Chainwheel & Bottom Bracket FC-7600 BB-7600	Teeth 44-55T Crank Length 165/167.5/170/172.5/175mm Pedal Thread BC9/16" x 20TPI Cup Thread BCI 3/7" x 24TPI M35 x 1.0TPI M36 x 24TPI Axle Length 68S-109 70S-109 Weight 605g (48T/170mm) 305g (B.B. set)	Exclusively Designed for Track Removal Sealed Mechanism (B.B.) Available for 1/2" x 1/8" or 1/2" x 3/32" chain	Crank Forged Aluminum/Anodized Chaining Aluminum/High-Tech Gray Anodized Axle Bolt Steel/Chrome Plated Axle Nickel Cr-Mo Steel
Head Set HP-7600	Stack Height 31mm Weight 90g Type Thread Race Diameter Standard BCI 1" x 24TPI Upper & Lower Cup 30.2 mm Lower Cone 26.4 mm JIS BCI 1" x 24TPI 30.0 mm 27.0 mm French BCI 1" x 24TPI 30.2 mm 27.4 mm	Sealed Mechanism Super Light Weight Composite Construction	Nut, Upper Cone Aluminum/Anodized Top Cone, Lower Cup Covers High Impact Resin Upper & Lower Cups Steel Bearing Races

SHIMANO 600 ULTEGRA



600 Ultegra is a road racing component group for the amateur racer, performance enthusiast, or any cyclist who demands a durable, high-quality component system with all the Shimano advanced functions. Smooth contours and high-tech gray finish on brakes, levers, and derailleurs create a striking look of functional quality. 600 Ultegra for 1994 now includes a cartridge bearing headset (HP-6500) and SPD pedal (PD-6500).

SPD Pedal

600 Ultegra for '94 features a new PD-6500 SPD road pedal. The Ultegra SPD pedal offers the same lightweight compact design as its big brother Dura-Ace model. Two cleat sets are offered for fixed or rotational cleat retention ($\pm 6^\circ$).



Cartridge Headset

New HP-6500 cartridge headset uses precision one-piece cup, cone, and bearing units for a smoother action.

Efficient O-ring sealing completely shuts out dirt, mud, and water.



SIS

Hands-on-the-bars STI levers deliver precision 8-speed SIS shifting.



Dual pivot Ultegra brake caliper increases brake application power. Special coated low-friction pivot washers enhance lever response.



8-speed HG sprocket cluster uses special shift ramps, teeth profiles, and relational positioning for instant SIS shifting.



SG chainwheels deliver fast and smooth shifting, even under high pedal loads, with minimal hesitation.



8-speed freehub allows the same wheel dish as conventional 7-speed types, resulting in a larger gear selection and stronger rear wheel.



SPD (Shimano Pedaling Dynamics) PD-6500 pedal delivers clipless pedaling efficiency with off-bike mobility. Super-compact lightweight design.

Tools to upgrade consumers from 600 Ultegra to Dura-Ace

Dura-Ace offers the following features not found in the 600 Ultegra group...

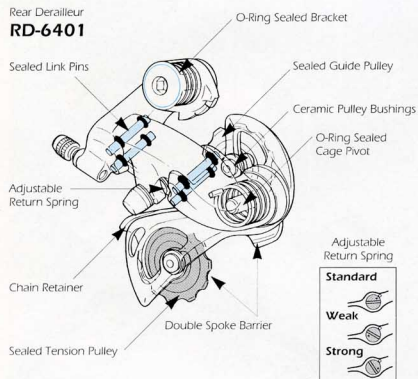
- It's designed specifically for pro-level road racing.
- All components are cold forged from high-grade alloy for maximum strength and light weight.
- Super-low profile crankset provides greater ankle clearance for racing.
- Highly efficient sealing mechanisms are used in all moving parts.
- High-response competition shifting system uses a shorter, more positive lever stroke (no compatibility with other Shimano component groups).
- Titanium crank bolts and alloy chainring fasteners reduce weight.
- Dura-Ace offers greater rotational precision through the use of mirror-finish ball bearings and races of high-grade steel.
- Tighter tolerances are used throughout the group.

Shimano 600 Ultegra

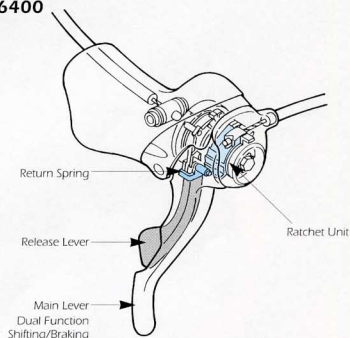
Model No.	Specifications	Features	Material/Finish	Note
Rear Derailleur RD-6401	Compatibility Max. Sprocket Min. Sprocket F/Difference Total Capacity Weight Shimano Total Integration 6/7 & 8-speed SS 28T 12T 13T or less 28T 215g	Adjustable Return Spring Sintered Alloy Tension Pulley Bushing Double Spoke Barrier Double Servo-Pantograph Sealed Guide Pulley Ceramic Pulley Bushing O-Ring Sealed Bracket O-Ring Sealed Cage Pivot Sealed Link Pins Sealed Tension Pulley B-Tension Adjuster Chain Retainer	Bracket Body Plate Body Pulley Plate Right Link Left Link Aluminum/ Dark Gray Paint Aluminum/ Dark Gray Paint Aluminum/Barrel Finish Aluminum/Silver Paint Aluminum/Barrel Finish	Use in combination with narrow chain. Do not use with standard chain.
Front Derailleur FD-6401-B (band mount) FD-6401-F (Italian braze-on A type)	Compatibility Capacity Clamp Dia Weight Shimano Total Integration Shimano SG Gear Narrow Chain 14T 28.0-28.6mm (band mount) 107g (band mount)	Adjustable Return Spring Rigid Chain Guide Sealed Link Pins Compact Design	F/Band R/Band Right Link Chainguide Aluminum/ Dark Gray Paint Aluminum/ Dark Gray Paint Aluminum/Silver Paint Steel/Chrome Plated	
Dual Control Lever ST-6400	Compatibility Clamp Dia Weight Shimano Total Integration 8-Speed SS Super SLR (Shimano Linear Response) 23.8-24.2mm 542g (pair)	Dual Function Shifting/Braking Lever Ratchet Unit Aerodynamic Design Anatomical Form Light Action Lever Return Spring Sealed Mechanism	Bracket Lever Aluminum/Chrome Plated Aluminum/Painted	To maintain proper SS operation use SS-SP outer casing at lever side and SS sealed outer casing at derailleur side and SM-SP1.6 or SM-SP1.5 shift cable guides. ST-6400 dual control lever must be used with BR-6403 caliper and SLR outer casing to maintain SLR function.
Down Tube Shift Lever SL-6401-F*CAI (8-speed SS braze-on A type)	Compatibility Mount Clamp Dia Weight 8-Speed SS Down Tube 28.6mm 67g (pair)	SS/Friction Mode Switch Light Action Lever (front) Sealed Mechanism Human Engineered Design 30° Offset Front Lever Sealed SS Outer Casing SS Unit	Lever Aluminum/ Gray Paint	Use with RD-6401 or RD-1056 rear derailleur. [*C indicates Italian 5mm mounting bolt.]
Bar End Shift Lever SL-B564-8	Compatibility Mount Bar Inner Dia Weight 8-Speed SS Bar Mount 19.0-22.0mm 180g (pair)	SS/Friction Mode Switch Light Action Lever (front) Sealed Mechanism Human Engineered Design Sealed SS-SP Outer Casing SS Unit	Lever Aluminum/ Gray Paint	The SL-B564-8 lever must be used with the RD-6401 rear derailleur for correct 8-Speed SS operation.
Dual Pivot Brake BR-6403-49 (49mm reach)	Compatibility Weight Shimano Total Integration Super SLR (Shimano Linear Response) 424g (F&R set)	Centering Easy Adjust Low Profile Brake Shoe Click Eccentric QR Spring Sleeve Thrust Bearing (Y-arm) Coated Washer (C-arm)	Caliper Pivot Bolt Quick Release Forged Aluminum/ Paint Steel/Chrome Plated Steel/Chrome Plated	Use BR-6403 with ST-6400 dual control lever and Shimano SLR outer casing to maintain proper SLR operation.
Brake Lever BL-6403 (Aero type)	Compatibility Clamp Dia Lever Stroke Weight Super SLR (Shimano Linear Response) 23.8-24.2mm 84mm 272g (pair)	Aerodynamic Design Anatomical Form Integral Return Spring	Lever Body Hood Aluminum/Paint Aluminum/Barrel Finish Soft Resin/ Black or White	Use BL-6403 with BR-6403 caliper and Shimano SLR outer casing to maintain SLR operation.
Front Chainwheel FC-6400-SG (9 speed double/LD type)	Compatibility Gearing Crank Length Weight Shimano Total Integration Narrow Chain 52-42T (Biopace SG) 53-42T/52-42T (round SG) 165/176.5/170/172.5/ 175mm 650g (42-52T/170mm)	Shimano SG Gear	Crank Chainring Aluminum/Anodized Aluminum/Anodized	
Sealed Cartridge Bottom Bracket BB-UN71	Chain Line Axle Length Shell Width Spindle Marking Weight 43.5mm 115mm 68.70 D-H 272g (115mm)	Lightweight Design Easy Assemble Extend Service Life Maintenance Free Full Sealing		Shell Width Thread 68 BCI 37 70 M36
Freehub FH-6402-HG	Compatibility Holes Hole P.C.D. Over Locknut Axle Length Mount Axle Dia Weight Shimano Total Integration 8-Speed HG HG/UG Cassette 28/32/36 45mm 130mm 141mm Quick Release 10mm 426g (w/OR)	Uni-Balance Design Contact Sealing One-Piece Forged Hub Body	Hub Shell Dust Cap QR Housing Forged Aluminum/ Polished Anodized Resin Steel/Chrome Plated	
Front Hub HB-6400-F	Holes Hole P.C.D. Over Locknut Axle Length Mount Axle Dia Weight 28/32/36 38mm 100mm 108mm Quick Release 9mm 212g (w/OR)	Contact Sealing One-Piece Forged Hub Body	Hub Shell Forged Aluminum/Anodized	
Cassette Sprocket CS-HG90-8 (8-speed HG)	Compatibility Weight Shimano Total Integration 8-Speed HG Narrow Chain 250g (8-group & spacers)		Steel/Chrome Plated	Sprocket Combination S 12 13 14 15 16 17 19 21T T 13 14 15 16 17 19 21 23T U 12 13 14 15 17 19 21 23T V 13 14 15 17 19 21 23 26T W 12 13 15 17 19 21 23 25T
HG Chain CN-HG91 CN-HG90	Compatibility Size Weight Shimano Total Integration 1/2" x 3/32" 335g (114 links)	Narrow HG Chain Chromized Pins Buttressed Design Reinforced Connecting Pins	CN-HG91 Steel/Gray Finish (roller links) Steel/Silver Finish (pin links) CN-HG90 Steel/Black Finish (roller links) Steel/Silver Finish (pin links)	

Model No.	Specifications	Features	Material/Finish	Note
SPD Pedal PD-6500	Compatibility Mounting Thread Weight	SPD Cleat System BC9/1.6x20T P.1 348g (pair)	Body Axle Aluminum/Polished Cr-Mo Steel	Choose from either fixed or rotating mount cleats. Both types are included with each pedal set.
Cleatless Pedal PD-6402	Compatibility Mounting Thread Weight	Look® Cleats BC9/1.6x20T P.1 450g (pair) 92g (cleat & hardware)	Body Axle Aluminum Nickel Cr-Mo Steel	
Seat Post SP-6400-A (round tube) SP-6400-B (semi oval tube)	Sizes Weight	25.0mm/25.4mm/ 25.8mm/26.0mm/ 26.2mm/26.4mm/ 26.6mm/26.8mm/ 27.0mm/27.2mm 284g (B type 27.2mm)	Aerodynamic Design Hexagon Release	Aluminum/Anodized
Bar Stem HS-6400	Extensions Stem Dia Clamp Dia Weight	70/80/90/100/110/120/ 130mm 22.2mm 25.4/28.0mm 286g (100mm)	Aerodynamic Design Flush Hexagon Release	Aluminum/Anodized
Cartridge Head Set HP-6500	Stack Height Type Weight	37.6mm Road Racing 108g	Cartridge Type Bearing Sealed Mechanism	Locknut Upper Housing Lower Housing Ball Race Aluminum/Anodized Aluminum/Anodized Aluminum/Anodized Steel
Head Set HP-6400	Upper Stack Lower Stack Type Weight	22.0mm 11.5mm Road Racing 100g	Sealed Mechanism	Upper & Lower Cup Lower Cone Races Aluminum Stainless Steel Cr-Mo Steel

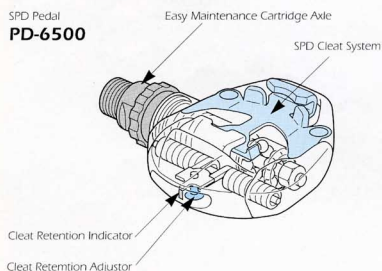
Rear Derailleur **RD-6401**



Dual Control Lever **ST-6400**



SPD Pedal **PD-6500**

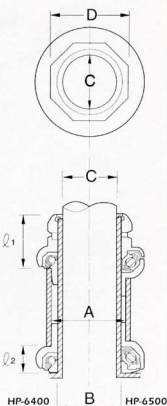


Cartridge Head Set **HP-6500**

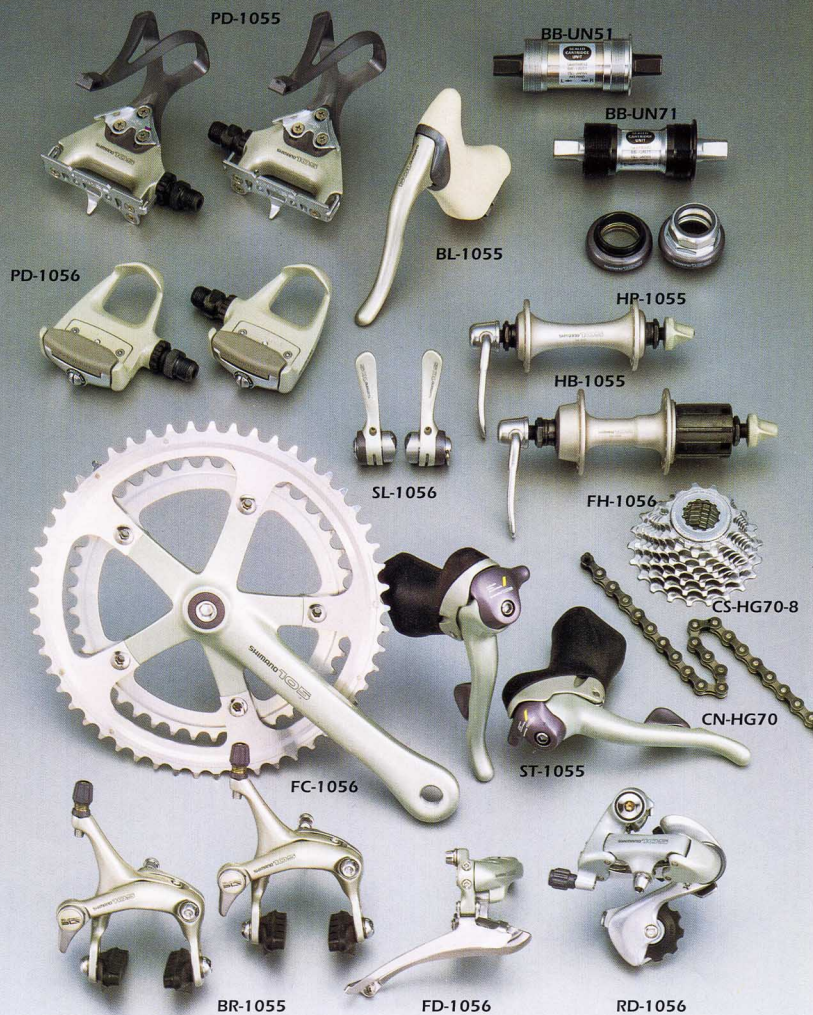
Head Set **HP-6400**

Variation & Dimensions

Type	Standard	JIS	French
Thread	BC1"x24T P.1	M25xP1.0	
A	30.2 mm	30.0 mm	30.2 mm
B	26.4 mm	27.0 mm	26.4 mm
C		22.3 mm	
D		32.0 mm	
l1	24.1 mm (6500),	22.0 mm (6400)	
l2	13.5 mm (6500),	11.5 mm (6400)	



SHIMANO 105 SC



Shimano 105SC is an all-purpose sport/road racing component group packed with advanced functions. Amateur racers, triathletes, fitness cyclists, and all cycling enthusiasts will appreciate the high level of quality and performance that 105SC brings to the racing-type sport bike. Nothing's been left out. There's Super SLR brakes, 8-speed freehub, Dual SIS, choice of standard SIS downtube or STI lever sets and more. If good-looking performance is what you're after, 105SC's got it.



DUAL SIS

Error-free click-stop shifting at both levers. 8-speeds in the rear and double chainwheels in front, and it's all SIS.

HG HYPERGLIDE

HG sprockets feature special teeth profiles, shift ramps, and relational positioning for instantaneous SIS shifting.

THE SHIMANO FREEHUB

8-speed cassette sprockets and freehub design make a stronger, more rigid rear wheel with wide gear selection.

SUPER SLR SHIMANO L-LEVER RESPONSE

Friction-free lever response and dual-pivot calipers for sensitive fingertip speed control.

SHIMANO HYPERDRIVE

Low profile crank and cartridge bottom bracket for power transfer efficiency. SG-X chainwheels for crisp SIS shifting.

Tools to upgrade consumers from 105SC to 600 Ultegra

600 Ultegra offers the following features not found in the 105SC group...

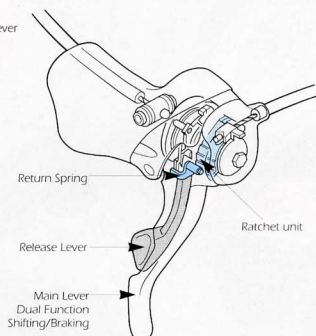
- 600 Ultegra is a real racing component group designed specifically for amateur level road competition.
- It uses a higher grade aluminum alloy for greater strength.
- An SPD road pedal is available (PD-6500).
- Better materials and tighter tolerances are used in the shifting mechanisms.
- Polished bearing races in the hubs, freewheel, bottom bracket, and headset reduce friction and provide improved rotational precision.
- Cartridge bearing headset is available (HP-6500).

Shimano 105SC

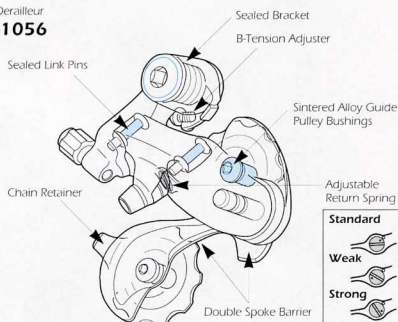
Model No.	Specifications	Features	Material/Finish	Note
Rear Derailleur RD-1056	Compatibility Max. Sprocket Min. Sprocket F-Difference Total Capacity Weight Shimano Total Integration 7/8-speed SS 28T 12T 1.5T or less 28T 247g	Adjustable Return Spring Sintered Alloy Guide Pulley Bushing Double Servo-Pantograph Double-Spoke Barrier Sealed Bracket Sealed Link Pins B-Tension Adjuster Chain Retainer	Bracket Plate Right Link Left Link Aluminum/Painted Aluminum/Painted Steel/Pearl Bright Finish	Use in combination with narrow chain. Do not use with standard chain.
Front Derailleur FD-1056-B (band mount) FD-1056-F (brazon A type)	Compatibility Capacity Clamp Dia. Weight Shimano Total Integration Dual SS Shimano SG-X Narrow Chain 15T 28 (0-28.6mm) (band mount) 105g (band mount)	Compact Design Sealed Mechanism Rigid Chainguide	F/Band R/Band Right Link Chainguide Aluminum/Painted Aluminum/Painted Steel/Pearl Bright Finish	
Dual Control Lever ST-1055	Compatibility Clamp Dia. Weight Shimano Total Integration Dual SS (Break/2-front) Super SLR (Shimano Linear Response) 23.8-24.2mm 495g (pair w/o cable)	Dual Function Shifting/Braking Lever Ratchet Unit Aerodynamic Design Anatomical Form Light Action Lever Return Spring Sealed Mechanism	Body Lever Aluminum/Barrel Finish	To maintain proper SS operation use SS outer casing at lever side and SS sealed outer casing at derailleur side and SM-SPI6 or SM-SPI5 shift cable guides. ST-1055 dual control lever must be used with BR-1055 caliper and SLR outer casing to maintain SLR function.
Down Tube Shift Lever SL-1056-F*CAI (8-speed SS, brake-on-A type) SL-1055-F*CAI (7-speed SS, brake-on-A type) SL-1055-B*CAI (7-speed SS, band mount-A type)	Compatibility Mount Clamp Dia. Weight Shimano Total Integration 8-speed SS (SL-1056) 7-speed SS (SL-1055) Down Tube 28.6mm 70g (SL-1055-FCAI)	SS/Friction Mode Switch Light Action Lever (front) Sealed Mechanism Human Engineered Design 30° Offset Front Lever SS Unit	Lever Aluminum/Painted	Use with RD-1056 or RD-6401 rear derailleur. (*CAI indicates Italian 5mm mounting bolt.)
Bar End Shift Lever SL-BS64-8 (8-speed) SL-BS50-7 (7-speed)	Compatibility Mount Bar Inner Dia. Weight Shimano Total Integration 8-speed SS (SL-BS64-8) 6/7-speed SS (SL-BS50-7) Bar End 19.0-22.0mm 183g (SL-BS50-7)	SS/Friction Mode Switch Light Action Lever (front) Sealed Mechanism Human Engineered Design Sealed SS-SP Outer Casing SS Unit	SL-BS64-8 Lever Aluminum/Gray Painted	Use with RD-1056 or RD-6401 rear derailleur and SS-SP outer casing for correct 8-speed SS operation.
Dual Pivot Brake BR-1055-49 (59mm reach) BR-1055-57 (57mm reach)	Compatibility Weight Shimano Total Integration Super SLR (Shimano Linear Response) 360g (f&r set/49mm reach)	Centering Easy Adjust One-Piece Low Profile Brake Shoe Click-Eccentric QR Spring Sleeve Thrust Bearings (1-arm) Coated Washer (2-arm)	Caliper Pivot Bolt Aluminum/Painted Steel/Chrome Plated	Use BR-1055 with ST-1055 dual control lever or BL-1055 brake lever and SLR outer casing. Performance will be impaired if other combinations are used.
Brake Lever BL-1055 (aero type)	Compatibility Clamp Dia. Lever Stroke Shimano Total Integration Super SLR (Shimano Linear Response) 23.8-24.2mm 252g (pair)	Aerodynamic Design Human Engineered Design Return Spring	Lever Bracket Hood Aluminum/Painted Aluminum/Barrel Finish Soft Resin/Black, White or Gray	Use BL-1055 lever with BR-1055 caliper and SLR outer casing. Using other components will impair braking performance.
Front Chainwhet FC-1056 SG-X gear double/low-profile type)	Compatibility Gearings Crank Lengths Weight Shimano Total Integration Shimano HyperDrive Dual SS Narrow Chain 53-39T/52-42T/52-42T (Shimano SG-X) 165/167.5/170/172.5/175mm 685g (42.5/170mm)	Super Low Profile Design Shimano SG-X Gear Capless Crank Arm	Crank Aluminum/Painted	
Sealed Cartridge Bottom Bracket BB-UN51	Chain Line Axle Length Shell Width Spline Marking Weight 43.5mm 107mm 68.70 MM107 000g (107mm)	Lightweight Design Easy Assemble Extend Service Life Maintenance Free Full Sealing		Shell Width Thread 68 BC1.37 70 M36
Freehub FH-1056-HG (8-speed) FH-1055-HG (7-speed)	Compatibility Over Locknut Axle Length Axle Dia. Holes Hole P.C.D. Mount Weight Shimano Total Integration 8-speed HG (FH-1056) 7-speed HG (FH-1055) HG/UG Cassette 130mm (FH-1056) 126mm (FH-1055) 141mm (FH-1056) 137mm (FH-1055) 10mm 32/36 45mm Quick Release 427g (FH-1056 w/OR) 415g (FH-1055 w/OR)	Uni-Balance Design Contact Sealing One-Piece Forged Hub Body	FH-1056 Hub Shell Dust Cap FH-1055 Hub Shell Forged Aluminum/ Polished Anodized Resin Aluminum/ Polished Anodized	
Front Hub HB-1055-F	Over Locknut Axle Length Axle Dia. Holes Hole P.C.D. Mount Weight 100/96mm 104/108mm 9mm 32/36 38mm Quick Release 216g (w/OR)	One-Piece Forged Hub Body Contact Sealing	Hub Shell Aluminum/ Polished Anodized	
HG Chain CN-HG70	Compatibility Size Weight Shimano Total Integration 1/2 x 3/32 335g (114 links)	Narrow HG Chain Chromized Pins Bushings Design Reinforced Connecting Pins	Roller Links Pin Links Steel/Gray Steel/Black	

Model No.	Specifications	Features	Material/Finish	Note
Cassette Sprocket CS-HG70-8 (8-speed) CS-HG70-7 (7-speed)	Compatibility: Shimano Total Integration 8-speed HG (CS-HG70-8) 7-speed HG (CS-HG70-7) 278g (CS-HG70-8, U-group & spacers) Weight:	HG Sprocket Design	Steel/Silver	Sprocket Combination (CS-HG70-8) S 12 13 14 15 16 17 19 21T T 13 14 15 16 17 19 21 23T U 12 13 14 15 17 19 21 23T V 13 14 15 17 19 21 23 26T W 12 13 15 17 19 21 23 25T Sprocket Combination (CS-HG70-7) E 12 14 16 18 21 24 28T H 13 15 17 19 21 23 26T I 13 14 15 17 19 21 23T J 13 14 15 16 17 19 21T L 12 13 14 15 17 19 21T M 13 15 17 19 21 24 28T
Clipless Pedal PD-1056	Compatibility: Shimano/LOOK® Cleats Mounting Thread: 9/16" x 20T P.I. Weight: 460g (pair) 1.05g (cleat & hardware)	34° Ground Clearance Adjustable Cleat Lock Tension Aerodynamic No-Dusttrap Design Easy Maintenance Cartridge Axle Sealed Mechanism Dual Release Mode Low Profile Design	Body: Aluminum Axle: Cr-Mo Steel	
Pedal PD-1055	Mounting Thread: BC9/16" x 20T P.I. Toe Clip Size: M/L/L 433g (pair w/L toe clip)	34° Ground Clearance Easy Maintenance Cartridge Axle Aerodynamic Design Sealed Mechanism	Body: Aluminum Front Plate: Steel Axle: Cr-Mo Steel Toe Clip: Dark Gray Resin	
Head Set HP-1055	Stack Height: 32.7mm Weight: 101g	Sealed Mechanism	Cups: Aluminum/Silver Fork Cone: Stainless Steel Races: Cr-Mo Steel	

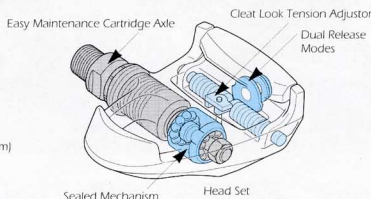
Dual Control Lever
ST-1055



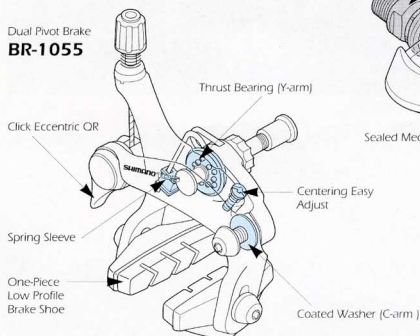
Rear Derailleur
RD-1056



Clipless Pedal
PD-1056



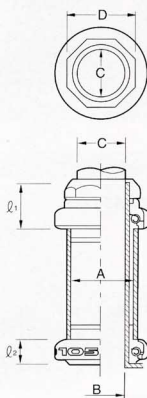
Dual Pivot Brake
BR-1055



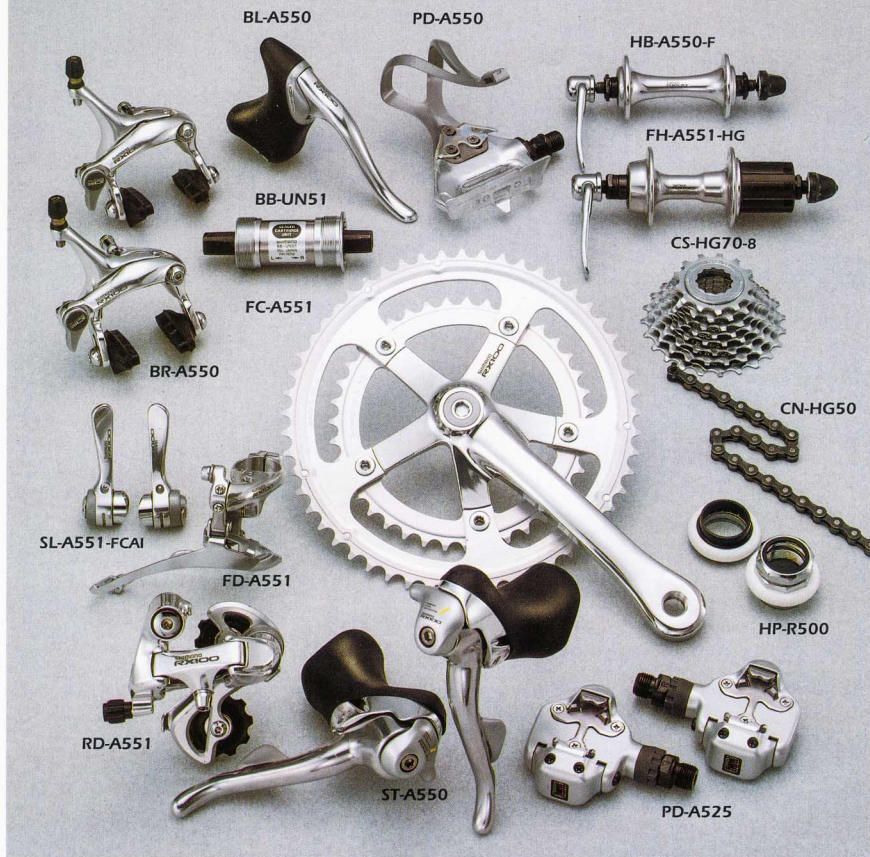
Head Set
HP-1055

Variation & Dimensions

Type	Standard	JIS	French
Thread	BC1" x 24T P.I.	M25 x P1.0	
A	30.2 mm	30.0 mm	30.2 mm
B	26.4 mm	27.0 mm	26.4 mm
C		22.3 mm	
D		32.0 mm	
I1		21.2 mm	
I2		11.5 mm	



SHIMANO RX100



Model No.	Specifications	Features	Material/Finish	Note
RD-A551 Rear Derailleur Max. Sprocket: 28T Min. Sprocket: 12T F/Difference: 1.37 inches Total Capacity: 28T	Compatibility: 7/8-speed SS Capacity: 28T Band Dia.: 28.0-28.6mm Stroke: 37.5mm (band mount) Weight: 105g (band mount)	Adjustable Return Spring Screened Alloy Guide Pulley Busting Double Servo-Pantograph Generation Guide Pulley Double Spike-Banner Splined Cage Pivot B-Tension Adjuster Chain Retainer	Bracket Body: Aluminum/Barrel Finish Pivot Body: Aluminum/Barrel Finish Right Link: Aluminum/Barrel Finish Left Link: Steel/Pearl Bright	Use in combination with narrow chain. Do not use with standard chain.
FD-A551-B (band mount) FD-A551-F (strut-on mount)	Compatibility: Dual SS Narrow Chain: 15T Capacity: 28.0-28.6mm Band Dia.: 28.0-28.6mm Stroke: 37.5mm (band mount) Weight: 105g (band mount)	Compact Design Soaked Mechanism Rigid Chain Guide	F/Band: Aluminum/Barrel Finish R/Band: Aluminum/Barrel Finish R/Link: Aluminum/Barrel Finish Chain Guide: Steel/Pearl Bright	

Model No.	Specifications	Features	Material/Finish	Note
Dual Control Lever ST-A550	Compatibility Shimano Total Integration Dual SS (8-speed/2-Port) Super SLR (Shimano Linear Response) 23.8-24.2mm 495g (pair w/o cable)	Sealed Mechanism Aerodynamic Design Anatomical Form Light Action Lever Return Spring Ratchet Line Dual Function Shifting/Braking Lever	Body Main Lever Release Lever Aluminum/Barrel Finish Aluminum/Polished Aluminum/ Silver Metallic Finish	To maintain proper SS operation use SS-SP outer casing at lever side and SS sealed outer casing at derailer side and SM-SP1.6 or SM-SP1.5 shift cable guides. ST-A550 lever must be used with Dual Pivot caliper and SLR outer casing to maintain SLR function.
Down Tube Shift Lever SL-A551-F*CAI (8-speed 3S brake on A-type)	Compatibility Shimano Total Integration 8-speed SS (SL-1056) Down Tube 28.6mm 70g	Shift/Function Mode Switch Light Action Lever (front) Sealed Mechanism Human Engineered Design 30° Offset Front Lever SS Line	Lever Aluminum/Polished	*Cable cases taken 5mm mounting bolt.
Dual Pivot Brake BR-A550-49 (49mm reach) BR-A550-57 (57mm reach)	Compatibility Super SLR (Shimano Linear Response) Flush Nut Exposed Nut Weight F/27.5mm R/27.8mm F/47.0mm R/30.0mm 348g (F&R set 49mm)	Easy Adjust Synchroizer Spring Sleeve Coated Pivot Washer One Piece Low Profile Brake Shoe	C-AM 1-AM Bridge Aluminum/Anodized Aluminum/Anodized	Use BR-A550 with ST-A550 dual control lever or BL-A550 brake lever and SLR outer casing. Performance will be impaired if other combinations are used.
Brake Lever BL-A550 (Aerodynamic)	Compatibility Super SLR 23.8-24.2mm 84mm Stroke Weight 252g (pair)	Aerodynamic Design	Lever Bracket Hood Aluminum/Polished Aluminum/Barrel Finish Soft Molded Resin Black/White	Use BL-A550 lever with BR-A550 caliper and BL-A550 brake lever and SLR outer casing. Avoid mixing non-compatible components.
Front Chainwheel FC-A551 (50N gear double/low profile type)	Compatibility Shimano Total Integration Shimano HyperDrive Dual SS Narrow Chain 53-39T/53-42T/52-42T (Shimano SG-M) 165/170/175mm 686g (42-52T/170mm)	Super Low Profile Design Shimano SG-X Gear Capless Crank Arm	Crank Chainring Aluminum/Polished Aluminum/Anodized	
Sealed Cartridge Bottom Bracket BB-UN51	Chain Line Axle Length Shell Width Spindle Marking 43.5mm 107mm 68, 70 MM 07	Easy Assembly Extended Service Life Full Sealing Maintenance Free Lightweight		Shell Width Thread 68 BC1.37 70 M36
Freewheel FH-A551-HG (8-speed)	Compatibility Shimano Total Integration 8-speed HG HG/HG Cassette 130mm Over Locknut Axle Length Axle Dia Holes Hole P.C.D. Mount Weight 42.7g (w/O)	Uni-Balance Design Contact Sealing One Piece Forged Hub Body	Hub Shell Freewheel Body Dust Cap Forged Aluminum/ Polished Steel/Black Finish Resin	
Front Hub HB-A550-F	Over Locknut Axle Length Axle Dia Spoke Holes Hole P.C.D. Mount Weight 100mm 108mm 9mm 32/36 38mm Quick Release 262g	Resin Sealed Mechanism One Piece Forged Hub Body	Aluminum/Polished	
Cassette Sprocket CS-HG70-8 (8-speed)	Compatibility Shimano Total Integration 8-speed HG Weight 278g (U-group & spacers)	HG Sprocket Design	Steel/Silver	Sprocket Combination (CS-HG70-8) S 12 13 14 15 16 17 19 21T T 13 14 15 16 17 19 21 23T U 12 13 14 15 17 19 21 23T V 13 14 15 17 19 21 23 26T W 12 13 15 17 19 21 23 25T
Chain CN-HG50 CN-HG70	Compatibility Size Weight Shimano Total Integration 1/2" x 3/32" 335g (114 links)	Narrow HG Chain Chromized Pins Bushings Design Reinforced Connecting Pins	CN-HG50 CN-HG70 Steel/Black (polar links) Steel/Black (pin links) Steel/Gray (polar links) Steel/Black (pin links)	
SPD Pivot PD-A525	Compatibility SPD Cleat System One sided Binding Mounting Thread Weight BC9/16" x 20T P.I. 390g (pair)	31° Ground Clearance Cartridge Axle Cleat Retention Adjuster Cleat Retention Indicator Low Profile Design Sealed Mechanism	Body Color Axle Binding Aluminum/Polished White or Silver Cr-Mo Steel Steel	
Pedal PD-A550	Mounting Thread Toe Clip Size Toe Clip Weight English BC9/16" x 20T P.I. M4/L 35mm mount 400g (pair w/L cleat)	32° Ground Clearance Easy Maintenance Cartridge Axle Seal Mechanism Aerodynamic Design Optional Reflector	Body Toe Clip Aluminum/Barrel Finish High Impact Resin	
Head Set HP-R500	Stack Height Weight Variations Type Thread 33.5mm 121g	Sealed Mechanism	Locknut Upper Cup Lower Cup Colors Steel/Pearl Bright Steel Resin/Steel White/Silver/Black	
		Race Diameter Upper & Lower Cup Lower Cone Standard BC1" x 24T P.I. 30.0mm JIS BC1" x 24T P.I. 30.2mm French M25 x P.I.0 30.2mm		

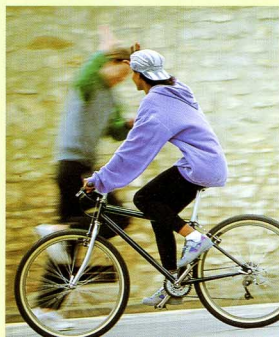
**Shimano presents the world's
most advanced derailleur shifting
system for 1994 ...**

ADVANCED LIGHT ACTION

Shimano cycling technology has made great strides in derailleur shifting performance. Shimano components now provide faster, smoother, easier, and more precise shifting than ever before.

Integrated design of the indexed shift lever and derailleur resulted in the first Shimano Index System. HG sprockets improved SIS shifting response and the introduction of SG and SG-X chainwheels made front shifting faster and more precise. Dual SIS finally brought indexed shifting to the front derailleur.

The Shimano shifting system has been further refined for 1994 with the introduction of Advanced Light Action. Advanced Light Action refers to light-effort index unit designs and the use of a constant-load coil spring in the rear derailleur instead of the conventional torsion type. The result is a lighter and more precise lever feeling that makes shifting easier and more enjoyable for everybody. Advanced Light Action is a significant improvement in SIS shifting performance.



ADVANCED LIGHT ACTION

A lighter, easier, more precise shifting feeling.

What is "Advanced Light Action?"

Advanced Light Action refers to various refinements that were made in the derailleur, lever, and SIS units of the MTB groups. The purpose of these refinements is to minimize friction in the shifting system in order to reduce the effort needed to operate the front and rear derailleurs. Less shifting effort means easier shifting, reduced hand fatigue, and increased stamina; something all MTB cyclists will appreciate.

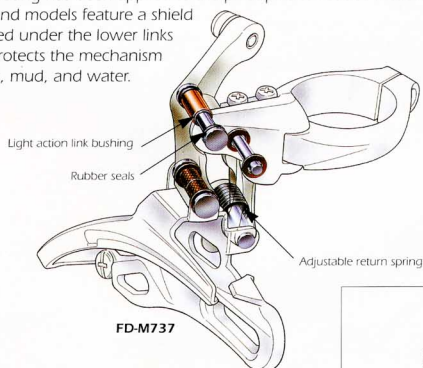
How does it work?

SIS indexing units in Roadbike lever sets have been redesigned so that less effort is needed to engage the next indent. Other lever modifications were undertaken to reduce friction and make the index unit operate smoother and easier, even under high shifting loads.

A new linear tension coil spring is used in the rear derailleur instead of the conventional radial torsion type. By extending the spring diagonally between the right and left links (instead of tensioning one link with a torsion spring), the difference in spring pressure between the derailleur's high and low positions is significantly reduced. Low-friction coated pivot pins are also utilized. These improvements provide a lighter lever action that remains constant regardless of the derailleur's position.

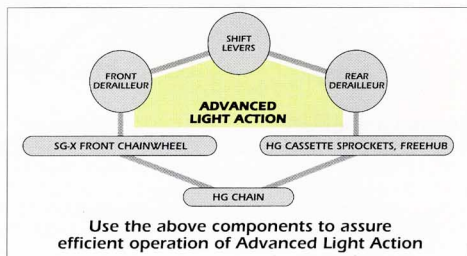
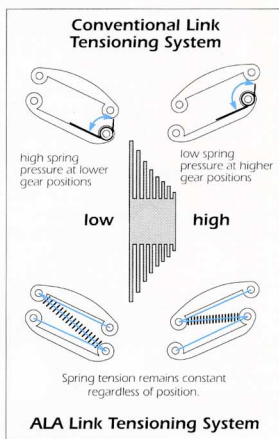
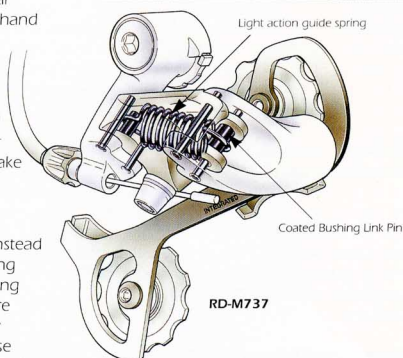
New link design in the front derailleur

An extremely heavy load is applied to the chain cage and link pins when the front derailleur shifts a highly tensioned drive chain. Advanced Light Action uses wider, stiffer links and pivot pins to make the derailleur more rigid in order to improve shifting performance. A Teflon coating has been applied to the pivot pins to reduce friction. Higher-end models feature a shield positioned under the lower links which protects the mechanism from dirt, mud, and water.



What are the benefits?

A shift lever that takes less effort to operate gives new cyclists the confidence to start shifting gears safely and skillfully right from the start. Reduced shifting effort can also help off-road racers and other performance cyclists by reducing hand fatigue and increasing stamina.



DUAL SIS

SIS shifting for both the rear and front derailleurs opens up a new era of fast, simple, error-free derailleur shifting performance.

What is SIS?

SIS refers to the Shimano Index System. SIS uses an indexing unit in the shift lever to automatically position the derailleur precisely under the selected gear. SIS uses a ratchet mechanism which keeps the lever in the same position regardless of the gear selected. You can also shift across multiple gears simultaneously with a longer lever stroke. With SIS there's no need to "tune" the lever to align the chain. SIS makes derailleur shifting, once a matter of the rider's skill and experience, a function of the components themselves. Everybody shifts like a pro with SIS.

SIS Mechanisms:

SIS Indexing Unit

The SIS indexing unit built into the shift lever uses a ratchet mechanism that operates in coordination with the rear or front derailleur. One quick push on the lever precisely positions the rear derailleur guide pulley (or front derailleur chain cage) at the desired gear to execute the shift. The ratchet mechanism always keeps the lever in the same position. Depending on the length of the lever stroke, you can shift 1, 2, even 3 gears at a time if you desire.

Double Servo Pantagraph Rear Derailleur

Depending on the frame dropout type and size of the sprockets, the distance from the derailleur's guide pulley and the tips of the sprocket teeth will vary among different bicycles. This distance, shown as L1 through L8 in the diagram at right, must be as small as possible to maintain top SIS shifting performance. The double servo pantagraph design of the rear derailleur aids SIS shifting by keeping the guide pulley close to the sprocket teeth regardless of frame and dropout configuration.

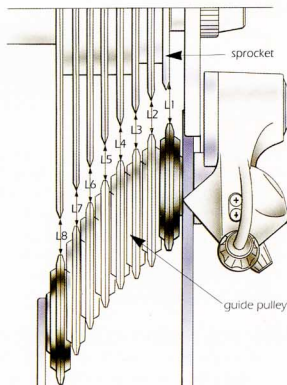
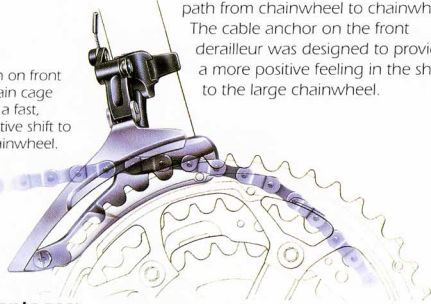
Front Derailleur With SG-X Compatible Chain Cage

The Dual SIS front derailleur uses a special bulge on the inner chain cage flange to provide fast and smooth SIS shifting with SG-X chainwheels.

Leading teeth and spikes on the SG-X chainwheel guide the chain quickly and positively through the most direct path from chainwheel to chainwheel.

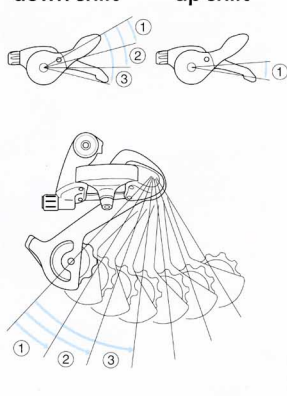
The cable anchor on the front derailleur was designed to provide a more positive feeling in the shift to the large chainwheel.

Bulge section on front derailleur chain cage helps deliver a fast, smooth, positive shift to the large chainwheel.



down shift

up shift



The Advantages:

The most important thing about SIS is that it makes derailleur shifting a function of component operation rather than rider skill. With a non-SIS system, the rider has to take the time and effort to adjust the lever in order to align the chain. SIS, however, allows the cyclist to execute a perfect shift quickly without the need to fiddle with the lever. SIS shifting is faster, easier, and safer. Racing cyclists appreciate SIS because it lets them concentrate on racing – not shifting gears. Beginning and recreational cyclists appreciate SIS because it gives them the confidence to shift quickly and easily without worrying about losing control of the bicycle.

DUAL SIS COMPATIBILITY CHART

Interchangeability of Dual SIS Components

8-Speed MTB Groups	Bottom Bracket	Crankset	Front Derailleur	Rapidfire Plus Lever	Rear Derailleur	Freehub	Cassette Sprockets	Chain	Outer Casing	BB Guide
SHIMANO XTR	BB-UN91	FC-M900-A	FD-M900 FD-M901	ST-M900	RD-M900	FH-M900	CS-M900	CN-7401	SIS-SP sealed	
SHIMANO DEORE XT	BB-UN91 BB-UN71	FC-M737 42-32-22	FD-M737	ST-M737	RD-M737	FH-M737	CS-M737-8	CN-HG91 CN-HG90	SIS-SP sealed	
7-Speed MTB Groups										
SHIMANO DEORE LX (HyperDrive-C)	BB-UN71 BB-UN51	FC-M563 42-32-22	FD-M563	ST-M564 ST-M563 ST-M560	RD-M563	FH-M563	CS-HG70-C	CN-HG70		
SHIMANO DEORE LX	BB-UN71 BB-UN51	FC-M560 46-36-26	FD-M561 FD-M560		RD-M560 RD-M563	FH-M560 FH-M563	CS-HG70			
SHIMANO STX	BB-UN51 BB-LP30	FC-MC31-CH FC-MC30	FD-MC31-CH FD-MC30	ST-MC30-CH ST-MC30	RD-MC31-CH RD-MC30	FH-MC30-CH FH-MC30	CS-HG70-C CS-HG60-C CS-HG50-C	CN-HG70 CN-HG50	SIS-SP	
SHIMANO ALIVIO	BB-LP20	FC-MC11 FC-MC10	FD-MC11 FD-MC10	ST-MC11 ST-MC10	RD-MC11 RD-MC10	FH-MC10	CS-HG50-C			
6-Speed MTB Groups										
SHIMANO ALTUS C50	BB-CS11 BB-CS21	FC-CT50	FD-CT50	ST-CT50 SL-CT50	RD-CT50		MF-HG20		SIS	SM-SP15 SM-SP16 SM-BT15
SHIMANO TOURNEY 30 SERIES		FC-TY21	FD-TY30	SL-TY31	RD-TY30			CN-UG50		
SHIMANO (TRIPLE)	BB-LP30 BB-LP20	FC-MU10	FD-MU10	ST-MU10 ST-MU10-T	RD-MU10	FH-MU10	CS-HG50-6			
SHIMANO (DOUBLE)		FC-MU12	FD-MU12	ST-MU10 ST-MU10-W					SIS-SP	
7-speed Hybrid Groups										
SHIMANO 700C X	BB-UN71 BB-UN51 BB-LP30 BB-LP20	FC-C700	FD-C701 FD-C700	ST-C070	RD-C700	FH-C070	CS-HG70-C	CN-HG70 CN-HG50		
SHIMANO 400C X		FC-C400	FD-C401 FD-C400	ST-C040	RD-C400	FH-C040	CS-HG50-C			

ALA denotes Advanced Light Action system

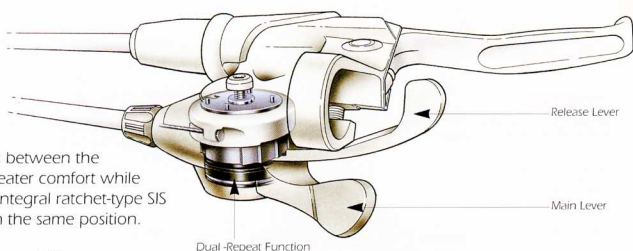
HDC denotes HyperDrive-C

RAPIDFIRE PLUS

Keep your grip while you brake, steer, and shift.

What is Rapidfire Plus?

The Rapidfire Plus shift lever set (right side) uses a below-bar thumb lever for shifting to larger sprockets, and a trigger-action lever positioned in front of the bar for shifting to smaller sprockets. Dividing shifting duties between the thumb and forefinger provides greater comfort while reducing stress and fatigue. The integral ratchet-type SIS unit always maintains the levers in the same position.



How does Rapidfire Plus work?

Push the lower lever with the thumb to execute a down-shift. Pull the release lever back, like a trigger, to execute an up-shift. An extended push of the thumb lever can simultaneously shift multiple gears in one stroke. Close-to-the-bar position keeps shift levers from interfering with the brake lever.

What are the advantages?

You can shift Rapidfire Plus without moving, or even loosening your grip on the bars. Rapidfire Plus lets you shift quickly and with confidence any time and anywhere ... even during extreme off-road maneuvers. Two-finger action is more comfortable and reduces fatigue.

OPTICAL GEAR DISPLAY

Optical Gear Display lets you verify your gear at a glance.

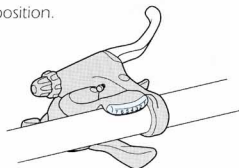


The Optical Gear Display (OGD) is a new function that has been integrated into all the new Rapidfire Plus lever sets for 1994. Because the Rapidfire Plus lever is always in the same position, you can't depend on the lever to tell you what gear you're in. While experienced cyclists try to remember what gear they're in, it's not always possible. The Optical Gear Display provides an accurate indication of the currently selected gear. Off-road racers will appreciate OGD because they can plan shifts better after verifying how many gears remain above or below the current one. Beginning cyclists can use OGD to help them learn shifting technique. Besides providing a practical advantage, Optical Gear Display makes shifting more fun too.

Optical Gear Display Types

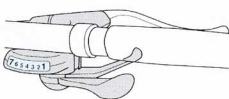
Above-bar display for Deore XT and LX

Because the Deore XT and LX groups are often used on mountain bikes that are ridden hard, the OGD indicators were positioned above the bar to allow them to be easily read when the rider is pedaling out of the saddle. The indicator provides the rider with a quick, easy-to-read numerical read-out of the current gear position.



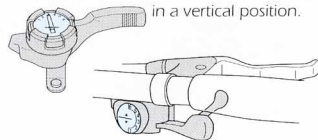
Below-bar display for STX and Alivio

Because the new STX and Alivio groups are used on mountain bikes which are less likely to be ridden fast in rough terrain, the Optical Gear Display uses a large below-bar indicator which is easier to see while sitting on the saddle. The actual number of the selected gear is shown on the display.



Rotary type display for Altus C50, Tourney TY30, and MJ Youth Package

The Altus C50 and Tourney TY30 groups use a dial-type Optical Gear Display positioned horizontally above the handle bar. The compass-like design of the dial indicator gives an all-outdoors look to the Altus C50 and Tourney TY30 bicycle. The new MJ Youth Package uses a dial-type OGD indicator below the handle bar in a vertical position.



DUAL CONTROL LEVER

One lever for braking and shifting – a significant advance in bicycle component technology.

What is the Dual Control lever?

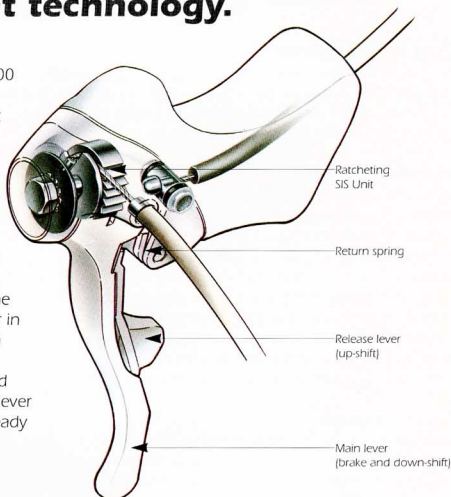
The Dual Control Lever is available on the Dura-Ace, 600 Ultegra, 105SC, and RX-100 road racing component groups. The main lever has two functions – it can shift the derailleur to a larger sprocket as well as apply the brakes. That's why it's called "Dual Control." A smaller release lever behind the main lever is used to release the cable for shifts to smaller sprockets. And it's all done with your hands on the bars in any braking position.

How does it work?

Push the end of the main lever toward the center of the bike to engage larger sprockets. Push the smaller lever in the same direction to shift to smaller sprockets one at a time. Up to three gears can be down-shifted simultaneously with one longer stroke of the right-hand main lever. The ratchet-type SIS unit always keeps the lever centered. With the Dual Control lever you're always ready to shift.

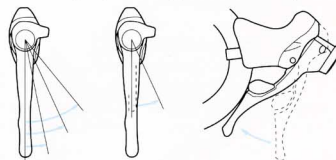
What are the advantages?

The Dual Control Lever makes shifting easier and safer because you don't lose speed or change balance by reaching for a downtube lever. For example, you can shift while pedaling hard without letting go of the bar and without giving up hard-won speed. You can shift before exiting a turn to accelerate faster. You can shift while climbing, or accelerating out of the saddle, without releasing the bars and without letting up on pedal pressure.



Down shifting Up shifting

Braking



A longer stroke of the main lever can down-shift up to 3 gears simultaneously.

DUAL CONTROL LEVER COMPATIBILITY CHART

	Dual Control Lever	Rear Derailleur	Front Derailleur	Crankset Bottom Bracket	Dual Pivot Brake	Freehub	Cassette Sprockets	Chain	Cable	B.B. Guide
DURA-ACE	ST-7400	RD-7402	FD-7410	FC-7410 BB-7410	BR-7403	FH-7403	CS-7401	CN-7401		
SHIMANO 600 ULTEGRA	ST-6400	RD-6401	FD-6401	FC-6400 BB-UN71	BR-6403	FH-6402	CS-HG90-8	CN-HG90	SIS-SP (lever side)	SM-SP15
SHIMANO 105 SC	ST-1055	RD-1056	FD-1056	FC-1056 BB-UN51	BR-1055	FH-1056		CN-HG70	SIS-sealed (rear derailleur side)	SM-SP16
SHIMANO RX100	ST-A550	RD-A551	FD-A551	FC-A551 BB-UN51	BR-A550	FH-A551	CS-HG70-8	CN-HG70 CN-HG50		SM-BT15

SHIMANO HYPERDRIVE

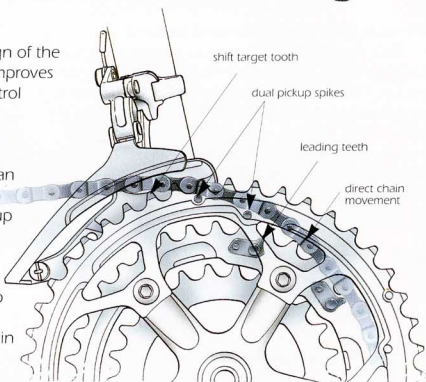
More efficient power transfer and improved shifting from integrated derailleur and chainwheel design.

What is HyperDrive?

Shimano HyperDrive refers to the carefully integrated design of the shift lever, front derailleur, and chainwheels. HyperDrive improves power transfer efficiency through the upgraded chain control provided by fast and precise SIS chainwheel shifting.

How does it work?

HyperDrive utilizes computer-designed SG-X chainrings as an integral component of the front SIS. Four pairs of strategically positioned spikes on the outer chainring pick up the chain from specific release points determined by the leading teeth on the inner chainring. The chain moves quickly and directly along the shortest possible path from the inner to the outer chainring. The result is fast and crisp SIS shifting, even when the chain is under high tension. Hesitation and chain shock are eliminated because the chain never rides up on the large chainring before engaging.



SG-X Chainwheels

Making SIS work for the front derailleur was difficult because, unlike the rear derailleur, the chain must be shifted on the side tensioned by the pedals. Shimano applied computer aided design techniques to develop the SG-X chainwheels. The outer SG-X chainwheel uses special plateau contours and four sets of dual spikes that guide the chain up from the middle (or small) chainwheel through the shortest and most direct path.

The middle SG-X gear has two roles – it must release the chain to the top gear and inner chainrings also pick up the chain from the inner chainwheel on triple cranksets. To do this better, it incorporates special leading teeth that determine chain release and pickup points. This provides more positive chain control during shifting.

What are the advantages

Chainwheel shifting has always involved a loss of speed and a certain amount of pre-planning because pedal pressure had to be reduced to allow the chain to disengage from the chainring. HyperDrive lets you shift quickly and smoothly, even under high chain loads, without letting up on pedal pressure or losing speed. The result is easier shifting, more efficient power transfer, and enhanced performance. HyperDrive also reduces wear on the derailleur and chainwheels so the components last longer.

SHIMANO HYPERDRIVE-C

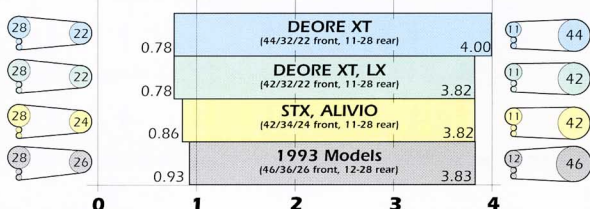
A lighter, compact, better performing drive system.



What is HyperDrive-C

The "C" of HyperDrive-C stands for "compact." By making the chainwheels and rear sprockets smaller, you can reduce the weight of these components (and use a shorter and lighter chain), without any sacrifice in the gearing range. The 42-tooth HyperDrive-C outer chainwheel and 11-tooth sprocket provide a top gear that's equivalent to a 46-12 combination. The HyperDrive-C 24 front and 28 rear combination provides a lower ratio than conventional 26-28 gearing. Smaller chainwheels also provide more ground clearance and improve the bicycle's appearance.

The STX HyperDrive-C system offers an equivalent top gear with a slightly lower bottom gear. While the HyperDrive-C system of the STX group has a total gear capacity of 35 teeth, 1 less than the 36 teeth of a non-HyperDrive-C group, the available gear range is actually wider.





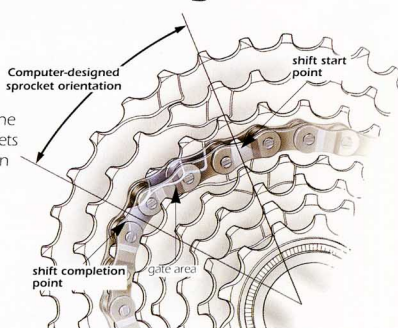
Faster, smoother SIS shifting – even under high chain loads.

What are HG sprockets?

HG sprockets were computer designed to aid SIS shifting by moving the chain more quickly and directly from sprocket to sprocket. HG sprockets speed up shifts by eliminating chain skipping and by keeping the chain from riding on top of the gear teeth before engaging. The result is fast, crisp, ultra-smooth shifting that's almost instantaneous, even under high pedal loads.

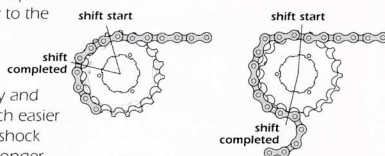
How do they work?

Conventional sprockets cause the chain to ride up and over the gear teeth before engaging. This results in slow, noisy shifts and causes excess wear on the chain and sprockets. HG sprockets use special computer-designed teeth configurations, contoured shift gates, and precise interrelational positioning that combine to guide the chain directly to the next sprocket without skipping or riding on top of the teeth.



What are the advantages?

The biggest advantage of HG sprockets is that you can shift quickly and precisely regardless of the tension on the chain. This makes it much easier to downshift on uphill without losing speed or balance. Shifting shock and chain skipping are eliminated so the chain and sprockets last longer. And the HG shifting action delivers smoother, quieter shifts that give new cyclists the confidence to quickly become shifting experts.



HG sprockets guide the chain quickly and directly to the next sprocket without override.

Conventional sprockets cause the chain to ride up and over the gear teeth before engaging the sprocket.

SPIDER ARM CASSETTE SPROCKETS

Reduced weight, greater rigidity, and more precise shifting.

What is the Spider Arm?

The Spider Arm is a star-shaped four-arm alloy boss that supports the four or five larger sprockets on the 8-speed freewheel unit. It increases sprocket rigidity, reduces weight, and reduces stress on the freewheel by distributing chain loads more evenly. It also allows more precise sprocket positioning for enhanced SIS shifting.

How does it work?

Because the alloy Spider Arm supports the sprockets close to their outer perimeter, the sprockets can be made with less steel to reduce weight. Furthermore, because the sprockets have a more rigid mounting, flex is reduced with a resulting increase in power transmission efficiency. The Spider Arm also spaces the sprockets more precisely to improve SIS shifting.

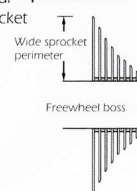
Normal sprocket clusters use a stacked sandwich construction which causes variances in sprocket spacing that can adversely affect shifting performance. The Spider Arm uses an individual mounting flange for each sprocket so spacing is even and precise. Pedaling loads are evenly distributed over the entire freewheel boss regardless of the gear. This eliminates freewheel distortion caused by the high localized loads transferred from the small cross section of a conventional sprocket.

What are the advantages?

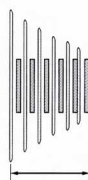
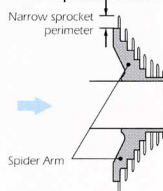
Spider Arm HG cassette sprockets make a stronger, lighter rear wheel.

They reduce weight, enhance shifting precision, and increase power transfer efficiency – real advantages for off-road racers. The new Deore-XT group uses 11-28T HyperDrive-C Spider Arm cassette sprockets.

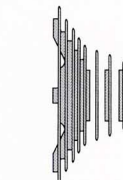
Conventional Sprocket Cluster



Spider Arm Sprocket Cluster



Stacked sprockets cause variances in spacing.



Spider Arm maintains precise sprocket spacing.



The all-weather brake system that gives you more stopping power in any environment.

SHIMANO M-SYSTEM

All-around cycling performance means the ability to stop as well as go. SLR (Shimano Linear Response) realizes a great improvement in braking performance by reducing friction throughout the brake system. The result is a light and highly responsive lever feeling that provides a greater feeling of control and confidence. Braking power is increased because less energy is absorbed by the brake system components.

While all these improvements maximize the ability of the brakes to control speed under ideal conditions, wet and dusty environments still have an adverse effect on braking performance. The Shimano M-System was designed specifically to help the brakes work with maximum effectiveness under less-than-ideal conditions. M-System was designed to maintain braking effectiveness under every environmental condition that the cyclist is likely to encounter. M-System keeps the brakes working when the rims get wet, dusty, or muddy.

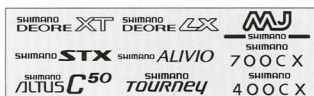
SLR brakes with M-System – it's another step forward in high-performance braking technology from Shimano.



The all-weather brake system that gives you more stopping power in any environment.

What is M-System?

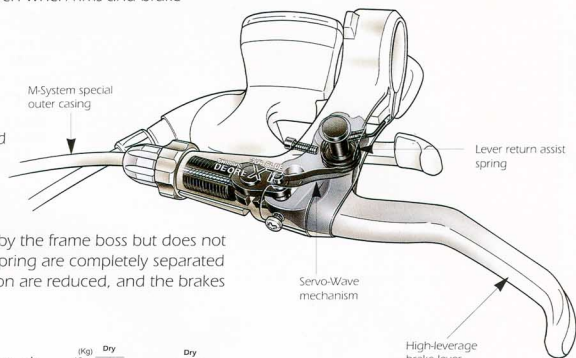
All-around cycling performance means the ability to stop as well as go. While modern cantilever brakes work well under normal dry conditions, wet and dusty environments can significantly reduce their effectiveness. The Shimano M-System was designed specifically to keep the brakes working predictably and consistently even when rims and brake components get wet, dusty, or muddy.



How does M-System work?

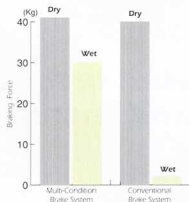
Unit Design

The invasion of dust, mud, and water between the cantilever arm and frame pivot boss eventually causes friction and corrosion. The M-System unit design encloses the return spring inside the cantilever arm itself. The cantilever arm also has its own integral sealed pivot bearing, so the arm is supported by the frame boss but does not rotate on it. The bearing surface and spring are completely separated from the environment. Wear and friction are reduced, and the brakes work better and longer as a result.



Special Compound Brake Pads

The job of the brake pad is to apply as much friction as possible to the rim. Doing this under less than ideal conditions is the difficult part. With M-System, a special pad compound and manufacturing technique were developed to maintain a higher coefficient of friction, even when foreign matter intrudes between the pad and rim.

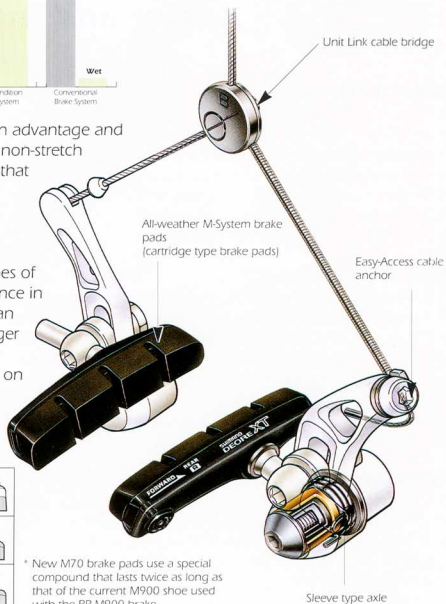


Lever and Cable

The M-System lever provides a greater power transmission advantage and is more rigid to reduce stress distortion losses. A durable non-stretch cable and newly developed anti-friction liner help assure that all the energy you put into the brakes comes out again.

What are the advantages?

M-System is significant because it makes cycling safer by delivering consistent braking power and control in all types of environments. M-System dramatically reduces the difference in stopping performance between dry and wet rims, or clean or dirty rims. Your brakes work at peak performance longer and are less affected by wear and changes in rim surface over time. You feel more confident in your ability to stop on rain-soaked streets, muddy trails, or sandy surfaces. It's not just all-weather braking performance, but a significant improvement in overall cycling performance.

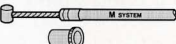
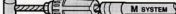


Deore XT	Super M70 cartridge-type brake pad	
Deore LX, STX, Alivio	Super M65 brake pad	
Altus C50 Tourney	Standard M brake pad	

* New M70 brake pads use a special compound that lasts twice as long as that of the current M900 shoe used with the BR-M900 brake.

M-SYSTEM COMPONENT GROUP CHART

This chart shows the lever, cantilever, and cable combinations which insure optimum M-System braking performance.

Series	Brake lever	Cantilever	Cable
DEORE XT	ST-M737	BR-M737	 Inner Ø1.6mm Outer Ø5.0mm
DEORE LX	ST-M564 ST-M563 ST-M560	BR-M561 BR-M560	
SHIMANO STX	ST-MC30-CH ST-MC30	BR-MC31-CH/BR-MC31 BR-MC30-CH/BR-MC30	 Inner Ø1.6mm Outer Ø5.0mm
SHIMANO ALIVIO	ST-MC11 ST-MC10	BR-MC15/BR-MC11 BR-MC10	
700 CX	ST-C070	BR-C701 BR-C700	
400 CX	ST-C040	BR-C401 BR-C400	
MJ	ST-MJ10 BL-MJ10	BR-MJ10	 Inner Ø1.6mm Outer Ø5.0mm
ALTUS C50	BL-CT50	BR-CT51 BR-CT50	
TOURNEY	BL-TY21	BR-TY23 BR-TY22	



Modulated lever action responds faster and increases braking power.

What is SLR Plus?

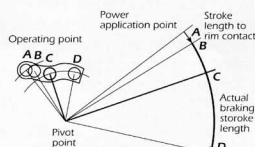
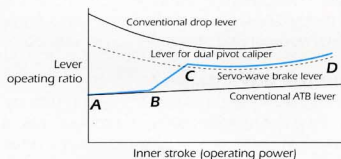
SLR Plus is an advanced brake system that uses a modulated lever action to change the power application ratio as the lever moves through its stroke. At the beginning of the lever stroke, the cable moves quickly to bring the pads into contact with the rim. Cable speed is then lowered, and the power application advantage increases in order to apply maximum braking energy with a high level of control.

How does it work?

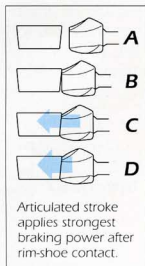
The brake cable is connected to the SLR Plus lever through a servo-wave link that rides in a cam slot in the lever end. The cam slot is profiled to provide faster cable travel during the initial lever stroke, followed by a slower cable speed, and a corresponding increase in energy output, after the brake shoes come into contact with the rim. More of the lever stroke is used after pad-rim contact for greater power application and control of braking energy.

What are the advantages?

SLR Plus increases braking power because more of the lever stroke is used when the pads are in actual contact with the rim. This enhances control because braking energy can be applied in much smaller increments. M-System brake pads can be used with SLR Plus systems for more predictable all-weather braking performance.



A-B stroke brings shoes quickly into contact with rim. B-C stroke slows cable take-up. C-D stroke increases power multiplication factor for super-strong but easily modulated braking power.



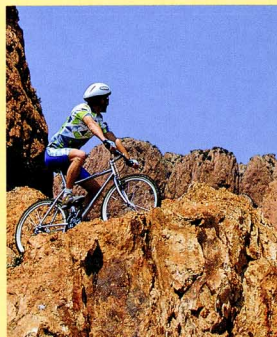
LIGHT, DURABLE, AND EASY TO MAINTAIN.

It is a Shimano design policy to make our components as light, durable, and easy to maintain as possible. For example, we now offer cartridge bottom brackets for nearly all component groups. Easy-to-install cartridge-type headsets are offered on some component groups this year.

The new STX Special Edition component system includes plated and specially coated fasteners that resists corrosion and discoloration. While this type of feature is usually found on more expensive component groups, it will provide extra value to the owner of the STX bicycle who wants to spend time riding instead of performing maintenance. It will help the STX bicycle keep its beautiful appearance as it provides years of service.

The new Parallax hub design is stronger and more rigid than conventional types. It makes a stronger and more durable wheel that demands less maintenance.

Advanced functions have made component installation and adjustment more important than before. To insure that our components operate as designed, we have introduced Pro Set tools that make front SIS derailleur installation and adjustment faster and easier. The unit link cantilever bridge cables eliminate the difficulty of setting up cantilever brakes. Aids like this help cyclists to keep their Shimano components operating at peak performance.



SEALED CARTRIDGE BOTTOM BRACKET

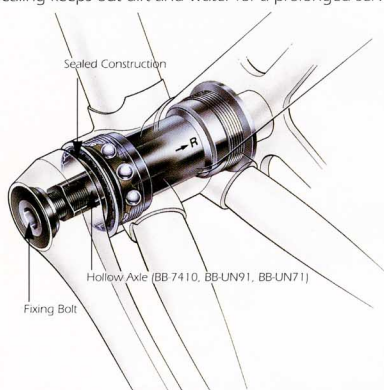
Simple installation and adjustment... Upgraded durability with less maintenance.

What is a sealed cartridge bottom bracket?

The cartridge bottom bracket combines the cups, cones, and bearings into a one-piece sealed unit that is easier to install and lasts longer than conventional separate bottom brackets. Dirt and water are sealed out and the precision pre-adjusted bearing units run smoother through a significantly longer service life. Bottom bracket shell adapter eliminates the need for bearing adjustment.

What are the advantages?

The separate ball bearings, cups, seal, and axle of the conventional bottom bracket have been combined in a single integrated cartridge-type unit which eliminates the need for bearing adjustment. This unitized construction also makes it simple to install and set up the proper chain line. Efficient sealing keeps out dirt and water for a prolonged service life.



Model No.	Crank Set	Spindle length	Stamped marking	Shell width	Chainline
BB-7410	FC-7410	103	SS103	68, 70	43.5
BB-UN91	FC-M900	107	MM107	68, 70, 73	47.5
		113	LL113	68, 70, 73	50
BB-UN71	FC-6400	115	D-H	68, 70	43.5
		107	MM107	68, 70, 73	47.5
	FC-M737	113	LL113	68, 70, 73	50
		113	LL113	68, 70	45
	FC-C700	118	XL118	68, 70	47.5
BB-UN51	FC-1056 FC-A551	107	MM107	68, 70	43.5
		107	MM107	68, 70	47.5
	FC-M563	113	LL113	68, 70, 73	50
		113	LL113	68, 70	47.5
	FC-M560	118	XL118	68, 70, 73	50
		110.5	MM110	68, 70, 73	47.5
	FC-MC31-CH	113	LL113	68, 70, 73	50
		113	LL113	68, 70	45
BB-LP30	FC-MC30 FC-MC11 FC-MC10	110.5	MM110	68, 70, 73	47.5
BB-LP20		113	LL113	68, 70, 73	50
BB-CS11	FC-CT50 FC-TY21 FC-TY20	122.5	D-NL	68, 70, 73	47.5
		110.5	MM110	68, 70	43.5
BB-LP20	FC-MU10	110.5	MM110	68, 70	45

The following chart shows which crankset and bottom bracket application to use to get the desired chain line.

CARTRIDGE HEADSET

Cartridge-type headset offers easier installation and greater durability.

The headset plays an extremely important role in determining the performance of the frame. Unlike other components, the headset becomes an integral part of the frame itself. It's also one of the most difficult components to install and adjust properly. Improperly adjusted bearings can ruin a headset quickly and destroy the frame's handling.

Shimano developed the cartridge bearing headset to eliminate the problems associated with the conventional loose ball type. The cup, cone, and bearings are integrated into a single one-piece unit which easily slips into the headset shell. The precision bearing units are completely sealed to shut out water, mud, and dirt. The headset lasts longer without the need for periodic maintenance. The pre-adjusted bearing cartridges can be quickly and easily replaced, and they make the headset rotate smoother.



PARALLAX HUB

The first Shimano hub designed specifically for the special needs of the mountain bike.

What is the Parallax hub?

The Parallax hub was developed specifically for the special needs of the mountain bike. It uses an oversize hub body that not only increases wheel strength, but adds to fork rigidity as well for a more stable front end. The heavy-duty look of the hub also goes well with the mountain bike. All of the new Shimano off-road component groups for 1994 incorporate the Parallax hub.

How does it work?

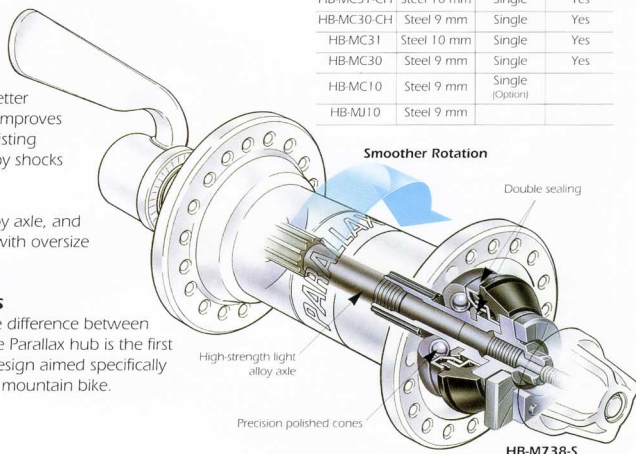
The fork and front wheel of the MTB take a lot of punishment. The oversize hub body provides a stronger and more rigid spoke anchor so the wheel stands up better to rough off-road cycling. It also improves steering response by reducing twisting between the fork blades caused by shocks such as hitting rocks or other objects. The HB-M738 Deore XT hub uses a heavy-duty 11mm alloy axle, and other Parallax hubs are available with oversize 10mm steel axles.

What are the advantages

Up until now, there has been little difference between road hubs and off-road hubs. The Parallax hub is the first significant improvement in hub design aimed specifically at the special requirements of the mountain bike.

SHIMANO DEORE XT	SHIMANO DEORE LX	SHIMANO ALIVIO	SHIMANO
SHIMANO STX			

Model No.	Axle	Seal	Smoother rotation
HB-M738	Alloy 11 mm	Double	Yes
HB-M737	Steel 9 mm	Double	Yes
HB-M564	Steel 10 mm	Double	Yes
HB-M563	Steel 9 mm	Double	Yes
HB-MC31-CH	Steel 10 mm	Single	Yes
HB-MC30-CH	Steel 9 mm	Single	Yes
HB-MC31	Steel 10 mm	Single	Yes
HB-MC30	Steel 9 mm	Single	Yes
HB-MC10	Steel 9 mm	Single (Option)	
HB-MJ10	Steel 9 mm		



CORROSION RESISTANT NUTS & BOLTS

Components that keep their like-new appearance for years.

For 1994, Shimano has introduced a corrosion resistant plating and coating process applied to all the fastening hardware used in the Deore XT, Deore LX, and STX Special Edition groups. This special corrosion-resistant treatment will help keep the components looking new and performing at top efficiency for years.



Corrosion-resistant chainring and crank arm bolts

What are the advantages:

Off-road cycling exposes the bike to the elements in a way no other cycling style does. Off-road components have to be strong, durable, and corrosion resistant. The corrosion resistant treatment upgrades the value of the bicycle by increasing its service life, even in the most severe off-road environments.

Corrosion-resistant fastening hardware throughout the component group.



SHIMANO DEORE XT	SHIMANO DEORE LX	SHIMANO STX Special Edition
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EASY INSTALLATION & ADJUSTMENT

Easy-to-use Pro-Set tools that assure correct installation and adjustment of front SIS and cantilever brakes.

What are Pro-Set tools?

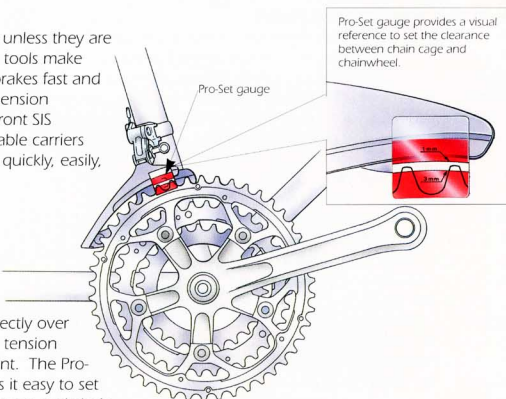
Your components won't deliver top performance unless they are installed and adjusted correctly. Shimano Pro-Set tools make installation of the front derailleur and cantilever brakes fast and easy. Pro-Set gauges help you set the critical dimension between the front derailleur and chainwheel in front SIS systems. Unit-design and indicator-type bridge cable carriers help you install and adjust your cantilever brakes quickly, easily, and correctly for maximum braking power.

How do they work?

Front SIS:

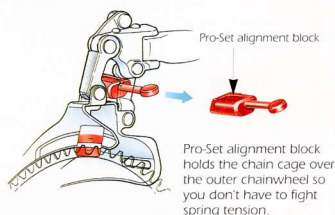
The Pro-Set gauge and alignment block make it easy to set the critical dimension between the front derailleur chain cage and chainwheel.

The alignment block holds the derailleur cage directly over the chainwheel so you don't have to fight spring tension when setting derailleur height and cage alignment. The Pro-Set gauge gives you a visual reference that makes it easy to set the correct 1-3mm clearance between the chain cage and chain wheel.



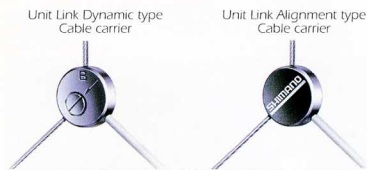
Cantilever Brakes:

Let's face it, cantilever brakes have always been difficult to install and set up properly. Unit Link bridge cables make it easy to set the correct cable angle for maximum braking effectiveness. Just align to do is attach the cable to the cantilever at the end of the unit link sleeve. These automatically sets the best cable angle for maximum braking energy. That's all there is to it.

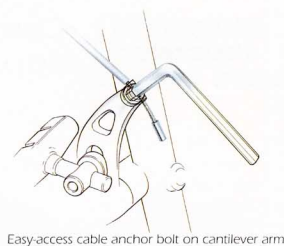


What are the advantages?

Proper installation and adjustment is necessary to insure efficient operation of the advanced functions designed into Shimano components. Pro-Set tools make it easy to set up and keep your Shimano components working at peak efficiency.



Two types of Unit Link cable carriers are available.



Model No.	BR-M737 BR-M560 BR-MC30-CH BR-MC30	BR-M561 BR-MC31-CH BR-MC31	BR-C700 BR-C400	BR-C701 BR-C401	BR-MC10 BR-CT50 BR-TY22	BR-MC11 BR-CT51 BR-TY23	BR-MC15	BR-MJ10
Cantilever Size	M	L	S	M	M	L	S	L
Link Type	Unit link (dynamic type)				Unit link (alignment type)			
Link Cable Length	A/73	A/73	A/73	A/73	A/73	A/73	A/73	A/73
	B/82	B/82	B/82	B/82	B/82	B/82	B/82	B/82
		C/106		C/106		C/106		C/106
		D/93		D/93		D/93		D/93
			S/63				S/63	

SMALL PARTS & TOOLS

To maintain top performance of Advanced Light Action, Dual-SIS, and M-System brakes, we strongly recommend use of the Shimano frame parts shown on this page.

Cable Guide

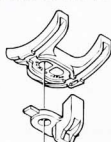
SM-MT15

Code No. 66Y 9382



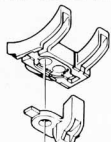
SM-MT55

Code No. 66Y 9811



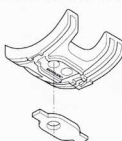
SM-MT25

Code No. 66Y 9821



SM-BT15

Code No. 66Y 9840



SM-SP16

Code No. 66Y 9831



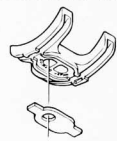
SM-SP15

Code No. 66Y 9830



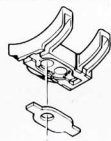
SM-SP55

Code No. 66Y 9810



SM-SP25

Code No. 66Y 9820



SM-SP70

Code No. 66W2700



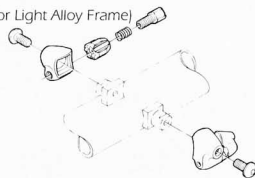
Cable Stopper

SM-ST74

for ST-7400/ST-6400/ST-1055 Brazed-on Boss

Code No. 67D 9801

67D 9802 (for Light Alloy Frame)



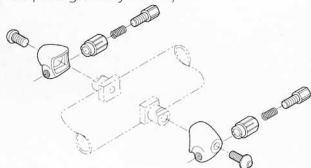
Cable Stopper

SM-CS50

for Bar end shifter or ST-A550

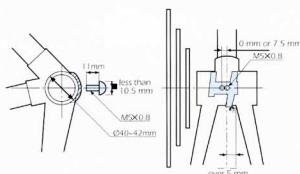
Code No. 67B 9100

67B 9101 (for Light Alloy Frame)

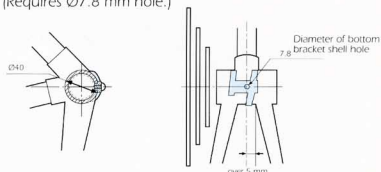


Installation dimensions and positions

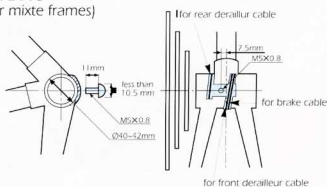
- SM-SP55/SM-SP25/SM-SP15
SM-M55/SM-MT25/SM-MT15



- SM-SP16
(Requires Ø7.8 mm hole.)



- SM-BT15
(for mixte frames)



Reinforced Special Pin

for HG compatible chain.

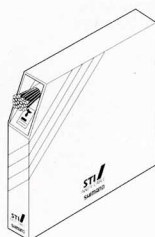


Code No.045 9802 (50-piece)



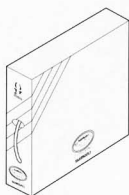
Code No.045 9801 (3-piece)

SMALL PARTS & TOOLS



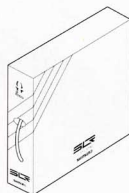
Inner Cable File Box

PART NO.	DESCRIPTION		PCS PER BOX
600 9851	For Shifting Lever	ø1.2mm x 2000m (Stainless)	100
600 9852	For Shifting Lever	ø1.2mm x 2100m	100
800 9851	For ATB Brake Lever	ø2.0mm x 1700m	50
800 9852	For ATB Brake Lever	ø1.6mm x 1700m	100
800 9853	For Racing Brake Lever	ø1.6mm x 1700m	100



M-system Outer Casing File Box (ø5mmx30m/98.5ft.)

PART NO.	DESCRIPTION
80Y 0021	ø5mm x 30m/Red (#107)
80Y 0022	ø5mm x 30m/Blue (#207)
80Y 0024	ø5mm x 30m/Yellow (#407)
80Y 0025	ø5mm x 30m/White (#507)
80Y 0025-1	ø5mm x 30m/Transparent Silver (#517)
80Y 0025-2	ø5mm x 30m/Silver (#527)
80Y 0025-3	ø5mm x 30m/Metac Silver (#537)
80Y 0026	ø5mm x 30m/Black (#607)
80Y 0026-4	ø5mm x 30m/Gray (#647)



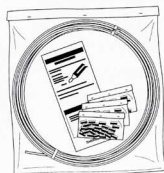
SLR Outer Casing File Box (ø6mmx25m/82ft.)

PART NO.	DESCRIPTION
80A 0020	ø6mm x 25m/White (#507) For ø2.0mm Inner Cable
80A 0026	ø6mm x 25m/Black (#607) For ø2.0mm Inner Cable

SIS-SP Outer Casing

(25ft./7.62m) w/Outer Cap
(6mm size:30pcs./5.5mm size:15pcs./
4mm size:15pcs.)

PART NO.	COLOR
60B 9760-1	Silver (#537)
60B 9761-1	White (#507)
60B 9762	Red (#107)
60B 9763-1	Blue (#207)
60B 9765	Black (#607)
60B 9768	Yellow (#407)
60B 9769	Gray (#637)



Outer Cap

PART NO.	DESCRIPTION
60E 0004	Sealed Outer Cap (ø4mm)
60E 0003	Sealed Outer Cap (ø5mm)
60E 0001	Sealed Outer Cap (ø6mm)
60B 0003	Outer Cap (ø4mm)
60B 0004	Outer Cap (ø5mm)
60B 0001	Outer Cap (ø6mm)



Inner End Cap

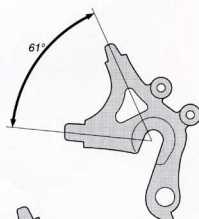
PART NO.	DESCRIPTION
620 2010	Inner End Cap (ø1.2mm)
620 2011	Inner End Cap (ø1.6mm)
620 2013	Inner End Cap (ø2.0mm)



MTB Type Fork Ends

FE-SF25

8-Speed Compatible



Cartridge Head set Tool

TL-HP50 (1")

(HP-M7410, HP-M5604, HP-M740, HP-M563 and HP-MC30)
Code No. 7200106-0

TL-HP51 (1-1/8")

(HP-M741, HP-M564 and HP-MC31)
Code No. 7200106-0

TL-HP52 (1-1/4")

(HP-M742)
Code No. 7200107-0



Chain Cutter (Large Type)

TL-CN30

Use to break and connect HG chains.
Code No. 3-1309030



Chain Cutter

TL-CN21

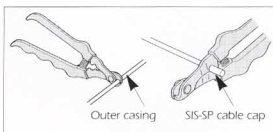
Use to break and connect HG chains.
Code No. 3-1309020



Cable Cutter

TL-CT10

Used to cut outer casings, inner cables, and install end caps.
Code No. 098 0001



Bottom Bracket Installation Tool

TL-UN72

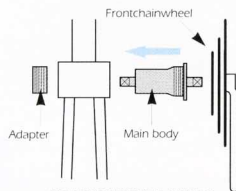
For BB-UN90/91, BB-UN71/70, BB-UN51/50, BB-CS21/20, BB-CS11/10 and BB-LP30/20
Code No. 1300906-5



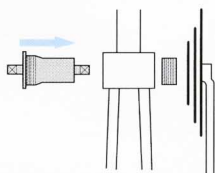
Tightening torque:
49.0-68.6 Nm (435-608 in.lbs.)

Install by using the special tool TL-UN72. First install the main body, then the adapter.

Note: Direction of insertion depends on the model.



BB-UN91/UN71/UN51



BB-CS21/CS11/LP30/LP20

8mm x 200mm Hexagon Wrench key

TL-WR38

For Low Profile Crank
Code No. 1300917



Cotterless Crank Extractor

TL-FC10

Code No. 1300901



Three Spanners Set

TL-FC30

For removing and installing bottom brackets, headsets, and pedals.
Code No. 1309001



Cone Adjusting Tool Set

TL-PD73

For PD-M735/PD-M650 Pedal.
Code No. 4609850



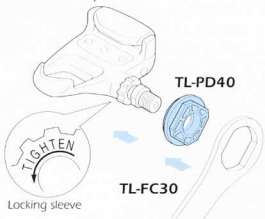
Pedal Axle Unit Removal Tool

TL-PD40

For PD-1056, PD-1055, PD-A550 and SPD Pedal.
Code No. 42A0900



Place the tool over the locking sleeve and use BB wrench TL-FC30 to remove the cartridge bearing unit. Be careful to note the tightening direction marked on the locking sleeve as pedals use right and left hand threads. Loosen accordingly. The PD-7410 Dura-Ace pedal has no tightening direction marked on the locking sleeve. If in doubt about the tightening or loosening direction, loosen the sleeve by turning it forward (toward the front of the bicycle) with the pedals oriented in their on-bike positions.



Lock Ring Tool for HG Sprockets

TL-HG15

Code No. 1200918



Shimano Cycling Footwear

Creating a better foot-pedal interface

The cycling shoe is one of the bicycle's most important components. It forms the critical interface where the cyclist's energy is transformed into mechanical power. Cycling comfort, stamina, and power transfer efficiency are largely determined by the shoe. A good shoe enhances performance and makes cycling more fun. Shimano cycling shoes were developed from a wealth of advanced biomechanical technology with the goal of increasing the cyclist's performance and making the sport more enjoyable.

Shimano now offers a wide range of shoes for every cycling style. There's a Shimano shoe for professional and amateur competition on or off the road; sport and fitness cycling, training, touring and recreational cycling. A snug and comfortable fit is provided by design features that make the shoe conform better to the natural contours of the foot. The use of advanced materials realizes an exceptionally lightweight and durable shoe that stands up to years of hard use. And fashionable design makes Shimano cycling shoes look as good as they perform.

SHIMANO SHOES FOR ROAD CYCLING

Shimano road shoes are designed to deliver top performance for racing and fitness cycling. The SH-R210 is the top line SPD road racing shoe. The new SH-R120 and SH-T120 models offer SPD versatility for racing, fitness riding, or performance cycling.

Shimano also offers SPD shoes for on-the-road sport and recreational cycling. Any cyclist will appreciate the light weight, comfortable fit, and efficient pedaling made possible by the SH-A100 and SH-A050 shoes. These shoes feature color treatments that make them highly fashionable as well.

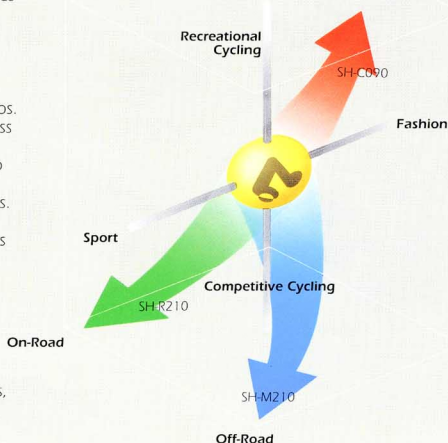
SHIMANO SHOES FOR OFF-ROAD CYCLING

Shimano offers a full line of off-road cycling shoes that respond to the needs of everyone from beginners to pros. All Shimano MTB shoes feature the SPD system for clipless pedaling efficiency and off-bike mobility.

The new top-line SH-M210 was designed to stand up to the rigors of pro-level off-road racing. The SH-M110 responds to the demands of hard-riding MTB enthusiasts. The SH-M051 and SH-M030 offer excellent value for touring and recreational cyclists or occasional off-riders who want a quality SPD shoe at reasonable cost.

SH-C090

The SH-C090 is a new type of shoe aimed at the cyclist whose interests extend to other sports as well. It's a high-quality shoe offering the stylish appearance of top line sport shoe plus the added advantage of SPD compatibility. Lightweight construction, quality materials, and up-to-date design make it a great off-bike shoe as well. It's the first SPD shoe that puts the accent on total versatility.





A shoe-pedal interface that enhances the cycling experience.

FEATURES:

Shimano Pedaling Dynamics (SPD) is part of the Ride Light concept that makes the bicycle feel lighter, more responsive and enjoyable to ride. The recessed SPD shoe cleat locks into the SPD pedal for greater pedaling stability and efficiency, and yet lets you walk or hike with complete comfort and safety. New for 1994 is the SH-C090 shoe. It's a fashionable high-quality sport shoe that stresses style and comfort and provides excellent performance off the bike.

DESIGN

Simply step into the SPD pedal and push your foot down to engage the pedal. Rotate your ankle outward and the SPD binding releases quickly and easily.

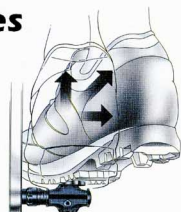
The SPD system is especially beneficial for off-road cycling because it delivers the power, stability, and efficiency of a cleated cycling shoe, yet lets you walk comfortably and safely without any cleat-ground interference. SPD pedals were designed to repel mud and dirt so even the worst environments won't interfere with the operation of the binding system.

The compact SPD binding mechanism reduces the size and weight of SPD road racing pedals - an important factor in competition. SPD also provides racers with the convenience of being able to walk comfortably before and after races without bothering to change shoes. Side pontoons protect the cleat from damage and abrasion when walking. And with 36° of ground clearance, the SPD road racing pedal can take on the steepest turns.

ADVANTAGES

The advantage of the SPD system is that it fulfills two roles - the stability and efficiency of clipless pedaling from a rugged lightweight shoe that's both comfortable and safe to walk in.

The quick-release binding lets off-road racers dismount fast and easily. When the going gets rough, you can release quickly and easily to help keep balance. You can also walk or carry your bike on trails without worrying about slipping on cleats thanks to the recessed cleat and the excellent traction provided by the treaded rubber sole.



Twist out to release.



Cleated cycling shoes you can walk in.



Step in to engage the SPD binding.



36° of ground clearance.

SPD shoes for off-road racing, touring, and recreational cycling.

SPD Racing Shoe SH-M210

This is the top-line SPD shoe aimed at off-road competition and performance cycling. Quality materials and rugged design stand up to the rigors of the hardest off-road riding. The SPD shoe for anybody who wants the best.

Weight 770g (pair, size 44 w/o cleats)
Material Upper: Hytrel plastic, synthetic leather, polyester mesh
 Inner Sole: Cup molded cambrelle w/ EVA backing
 Mid Sole: Fiberglass reinforced nylon
 Outer Sole: Rubber tread

Options Sole spike
Sizes 36, 37-47 (including half sizes), 48
Color 1-style: Black

Recommended Pedal
 PD-M737/PD-M525/PD-M323 SPD pedals
 U.S. PAT 5,125,173

NEW



PD-M737

SPD Racing/Performance Shoe SH-M110

A quality full-featured SPD shoe for off-road racing, touring, or any type of mountain biking. Versatile performance and durability.

Weight 795g (pair, size 43, w/o cleats)
Material Upper: High-Strength nylon mesh, PU coated split leather
 Inner Sole: Cup molded cambrelle w/ EVA backing
 Mid Sole: Fiberglass reinforced nylon
 Outer Sole: Rubber tread

Sizes 36, 37-47 (including half sizes), 48, 49
Color 1-style: Blue

Recommended Pedal
 PD-M737/PD-M525/PD-M323 SPD pedals
 U.S. PAT 5,125,173



PD-M737

SPD Off-Road/Touring Shoe SH-M051

A great all-purpose SPD shoe for off-road riding, touring, or virtually any cycling style. Laces and strap closures insure a comfortable and secure fit.

Weight 872g (pair, size 43, w/o cleats)
Material Upper: High-Strength nylon mesh, split leather
 Inner Sole: Cambrelle w/ EVA backing
 Mid Sole: Fiberglass reinforced nylon
 Outer Sole: Rubber (hiking tread design)

Sizes 36, 37-47 (including half sizes), 48
Color 1-style: Blue

Recommended Pedal
 PD-M737/PD-M525/PD-M323/PD-A525 SPD pedals
 U.S. PAT 5,125,173



PD-M525

SPD Off-Road/Touring/Recreational Shoe SH-M030

An excellent cost-performance value in an SPD sport shoe. Low-cut rubber outer sole for more comfortable walking. Great performance both on and off the bike.

Weight 810g (pair, size 43, w/o cleats)
Material Upper: Split leather & breathable nylon mesh
 Inner Sole: Cambrelle w/ EVA backing
 Mid Sole: Fiberglass reinforced nylon
 Outer Sole: Rubber (hiking tread design)

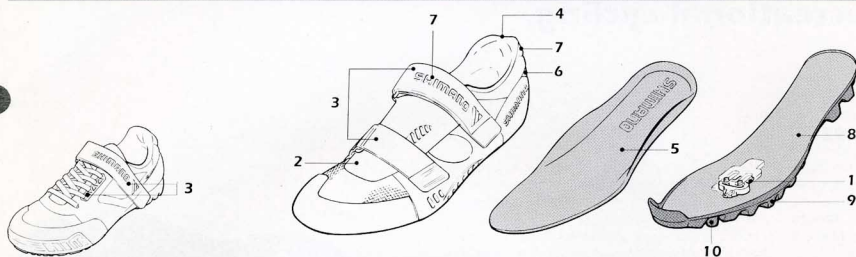
Sizes 36-48 (whole size only)
Color 1-style: Gray

Recommended Pedal
 PD-M737/PD-M525/PD-M323/PD-A525 SPD pedals
 U.S. PAT 5,125,173



PD-M323

SPD Off-Road Shoe Features



Feature	Benefit	SH-M210	SH-M110	SH-M051	SH-M030
1. SPD Compatible Cleat Mounting	Sole patch can be easily removed to install SPD cleats for clipless pedaling performance with SPD pedals. Pre-drilled mounting allows 20mm fore/aft and 5mm lateral cleat positioning.	●	●	●	●
2. Shoe Upper	Flexible super-strong Hytrel plastic upper, heel, and side panels increase strength and comfort and resist the highest pedaling stresses without stretching. The flexibility of Hytrel also enhances walkability. Polyester mesh won't stretch for water.	●			
	Nylon mesh and polyurethane form a high-strength upper that allows plenty of ventilation to cool the foot and reduce fatigue.		●	nylon mesh	nylon mesh
3. Closures	Extra-long hook-and-loop type strap closures enhance comfort by allowing the shoe to conform better to the shape of the foot. Straps can be easily adjusted with one hand while riding.	●	●	●	
	Aluminum strap rings reduce weight and provide a strong and durable anchor for the strap closures. Black coating enhances shoe appearance.	●	●		
	Hook-and-loop strap and laces provides a double security closure system. Strap also holds tied laces in place to prevent them from untying or getting caught in the crank.			●	
	High-strength resin eyelets protect the shoe upper. They allow the laces to slide easier and be tied tighter.			●	
4. Ankle Panels	Anatomical fit padded ankle panel provides firm support for ankle and heel. Provides excellent shock absorption.	●	●		
5. Cup Molded Cambrelle & EVA Inner Sole	Combination Cambrelle & EVA cup molded inner sole matches foot contours and provides a smooth transition between upper panels and inner sole. The result is a more natural anatomical fit that increases comfort and reduces fatigue. Cambrelle & EVA absorbs moisture to help keep feet dry.	●	●	cambrelle & EVA inner sole	cambrelle & EVA inner sole
6. Anatomical Construction Heel	Heel section cups and supports for a better fit to reduce foot movement in the shoe. Pedaling efficiency and comfort are both increased. Reinforcing strap panel hugs the heel and helps prevent side movement.	●	●	●	
7. ReflectORIZING	ReflectORIZED sections at heel and straps provide better night visibility. Movement of reflectors while pedaling makes cyclist exceptionally visible.	●	●	●	heel only
8. Fiberglass Reinforced Nylon mid Sole	Fiberglass reinforced mid sole protects feet against localized pressure points and distributes pedaling loads. The result is more comfortable pedaling with less fatigue.	●	●	●	●
9. Outer Sole	High-traction outer sole with aggressive tread pattern provides an excellent grip on all kinds of surfaces. Hard toe block protects against shocks and penetrations.	●	●		
	Low-cut rubber tread pattern makes the shoe more comfortable to walk in. Shoes can be worn for a wider range of activities.			●	●
10. Optional Spike Mounting	Optional spikes can be mounted on the outer sole to provide more grip in loose sand and mud, an advantage for off-road competition.	●			

SPD shoes for road racing, touring, and recreational cycling.

SPD Pro Road Racing Shoe

SH-R210

The professional-level SPD road racing shoe that delivers on-bike performance with the convenience of off-bike mobility. The latest in lightweight high-strength materials, anatomic design, and triple-strap closures assure top performance.

Weight	538g (pair, size 43, w/o cleats)
Material	Upper: Vectran mesh, synthetic leather Inner Sole: Cup molded cambrelle w/ EVA backing Outer Sole: Carbon fiber
Sizes	39-47 (including half-sizes), 48
Color	1-style: Silver

Recommended Pedal

PD-7410/PD-6500 SPD pedals
U.S. PAT 5,125,173

Compatibility

Shimano (Look) PD-7401, 6402, 1056 pedals
Normal cleat (SM-SH31)



SPD Road Racing/Performance Shoe

SH-R120

High-tech design, light weight, and the latest materials make this a high-performance SPD road racing shoe for racers and performance-oriented cyclists.

Weight	640g (pair, size 43, w/o cleats)
Material	Upper: Synthetic Leather, nylon mesh, Inner Sole: Cup molded cambrelle w/ EVA backing Outer Sole: Fiberglass reinforced nylon
Sizes	36, 37-47 (including half-sizes), 48, 49
Color	1-style: Dark gray

Recommended Pedal

PD-7410/PD-6500 SPD pedals
U.S. PAT 5,125,173

Compatibility

Shimano (Look) PD-7401, 6402, 1056 pedals
Normal cleat (SM-SH31)



SPD Road Racing/Sport Shoe

SH-T120

An excellent cost-performance value in a real racing shoe. The SH-T120 is a great shoe for amateur racers, performance and fitness cyclists ... anybody who demands quality equipment and value.

Weight	630g (pair, size 43, w/o cleats)
Material	Upper: Nylon mesh, PU coated split leather Inner Sole: Cambrelle w/ EVA backing Outer Sole: Fiberglass reinforced nylon
Sizes	36, 37-47 (including half-sizes), 48
Color	1-style: Black

Recommended Pedal

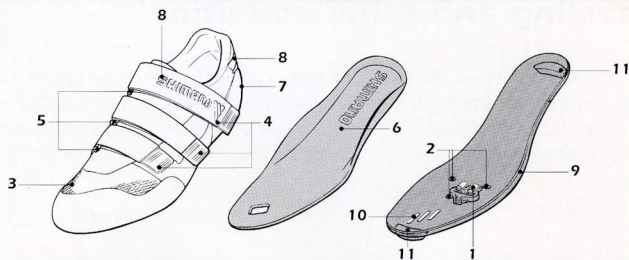
PD-7410/PD-6500 SPD pedals
U.S. PAT 5,125,173

Compatibility

Shimano (Look) PD-7401, 6402, 1056 pedals
Normal cleat (SM-SH31)



SPD Road Racing Shoe Features



Feature	Benefit	SH-R210	SH-R120	SH-T120
1. Adjustable SPD Cleats	SPD cleat position can be set to rider preference. SPD cleat mounting allows 15mm of fore and aft adjustment and 5mm of lateral adjustment.	●	●	●
2. SPD and Look® Compatibility	SPD performance comes to the road. Soles are predrilled for SPD or Look® cleats. Two types of SPD cleats allow fixed or rotational binding depending on rider preference.	●	●	●
3. Upper Panels	Vectran Upper panels of high-strength Vectran (polyallylate) mesh provide excellent ventilation and resist the highest pedaling loads without stretching.	●		
	Synthetic Leather High-grade synthetic leather is more durable, stretch and water-resistant than natural leathers.		●	
4. Extra-Long Triple Strap Closures	Three extra-long hook-and-loop closures assure a snug fit for any foot shape. Three straps help reduce foot movement in the shoe for greater pedaling efficiency. Straps can be easily adjusted with one hand while riding. (SH-T120 uses two straps.)	●	●	double
5. Aluminum Strap Rings	Aluminum rings provide a strong, reliable and lightweight strap anchor that won't weaken.	●	●	●
6. Cup Molded Cambrelle & EVA Inner Sole	Combination Cambrelle & EVA inner sole is cup to better match foot contours and to provides a smooth transition between upper panels and inner sole. The result is a more snug, comfortable fit that reduces fatigue. Cambrelle & EVA composition absorbs moisture to help keep feet dry.	●	●	cambrelle & EVA inner sole
7. New Construction Heel	Heel section cups and supports for a better fit to reduce foot movement in the shoe. Pedaling efficiency and comfort are both increased. Reinforcing strap panel hugs the heel and helps prevent side movement.	●	●	●
8. Reflectorizing	Reflectorized sections at heel and straps provide better night visibility. Movement of reflectors while pedaling makes cyclist exceptionally visible. (SH-T120 has heel reflector only.)	●	●	●
9. Full Carbon Fiber Sole	Full carbon fiber sole is light, rigid, and super-strong to maximum pedaling efficiency.	●		
10. Air Vents	Air vents at the front of the shoe allow air in to cool the feet and help keep them dry.	●	●	●
11. Polyurethane Pads	Polyurethane pads on the outer sole protect the cleat and provide a non-slip surface for walking.	●	Rubber	Rubber

A fashionable all-purpose SPD sport shoe for cycling and other activities.

The SH-C090 is a new SPD sport shoe that works just as well off the bike as it does on. A new expression in cycling footwear, the SH-C090 delivers the clipless pedaling efficiency of SPD system in a stylish shoe that can be worn for other activities as well. It was designed for cyclists who want a high-quality cycling shoe that's fashionable, functional, and flexible. It's a great SPD cycling shoe and a whole lot more.

SPD Sport Shoe

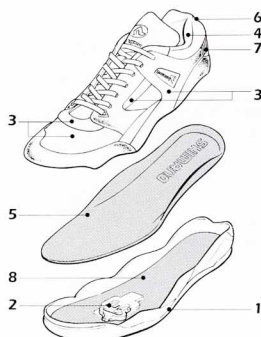
SH-C090

Weight 812g (pair/size 42 w/o cleats)
Material Upper: Nylon mesh, split leather, synthetic leather
 Inner Sole: Cup molded cambrelle w/ EVA backing
 Mid Sole: Hytrel Plastic
 Outer Sole: EVA, high traction rubber with sport tread pattern
Sizes 36-48 (whole sizes only)
Color 1-style: Gray
Recommended Pedal
 PD-M737/PD-M525/PD-M323/PD-A525 SPD pedals
 U.S. PAT 5,125,173

NEW



New SH-C090 SPD Sport Shoe Feature



US	Europe	US	Europe
4	36	9	43
5	37	10	44
5-1/2	38	11	45
6-1/2	39	11-1/2	46
7	40	12	47
8	41	13	48
8-1/2	42		

Feature	Benefit
1. A Great Sport Shoe	Rubber outer sole uses an aggressive tread pattern made from an advanced long-wearing tire rubber formula. A layer of EVA under the rubber provides a cushioning effect for more comfortable walking, running, or hiking.
2. Adjustable SPD Cleat Mounting	20mm of fore-aft adjustment and 5mm of lateral adjustment allow precise cleat positioning to match personal preferences.
3. Synthetic Leather Upper	Tough synthetic leather upper won't stretch out of shape. And because it's water-resistant, the shoe maintains its fit in any cycling environment.
4. Ankle Panels	The rear side panels cradle the ankle are for increased support, cushioning, and shock protection.
5. Molded Cambrelle-EVA Inner Sole	Cup molded inner sole matches the natural contours of the sole of the foot and provides a smooth transition between the inner sole and upper panels. Cambrelle-EVA composition helps absorb moisture to keep feet fresh and cool.
6. Three-Quarter Heel	Three-quarter heel cut provides better ankle support and makes for a more fashionable appearance.
7. Reflectors	ReflectORIZED panel on the heel provides greater safety by making the cyclist more visible at night.
8. Hytrel Mid-Sole	Mid-sole of tough Hytrel plastic provides the flexibility needed for comfortable walking yet eliminates pressure points and distributes pedaling loads.

SPD Sport Shoes for Cycling and a Whole Lot More

SPD Sport/Fitness Shoe SH-A100

Touring, fitness cycling, recreational riding ... the SH-A100 is an all-around cycling shoe for active cycling lifestyles. Low-cut rubber sole provides excellent traction and walking comfort.

Weight 780g (pair, size 43, w/o cleats)
Material Upper: Nylon mesh, PU coated split leather
 Inner Sole: Cup molded cambrelle w/ EVA backing
 Mid Sole: Fiberglass reinforced nylon
 Outer Sole: Rubber
Sizes 36, 37-47 (including half-sizes), 48
Color 2-style:n Black, White
Recommended Pedal PD-M737/PD-M525/PD-M323/PD-A525 SPD pedals
 U.S. PAT 5,125,173



SPD Sport/Recreational Shoe SH-A051

This all-purpose SPD shoe is an excellent cost-performance value. Low-cut rubber sole makes the SH-A051 a comfortable sport shoe for off-bike activities.

Weight 730g (pair, size 43, w/o cleats)
Material Upper: Nylon mesh, PU coated split leather, PVC
 Inner Sole: Cup molded cambrelle w/ EVA backing
 Mid Sole: Fiberglass reinforced nylon
 Outer Sole: Rubber
Sizes 36-48 (whole sizes only)
Color 1-style: Blue
Recommended Pedal PD-M737/PD-M525/PD-M323/PD-A525 SPD pedals
 U.S. PAT 5,125,173



SPD Sport/Fitness Shoe Features

Feature	Benefit	SH-A100	SH-A051
SPD Cleat Compatibility	Shoes are pre-drilled for SPD cleat mounting. Just remove the sole patch and install cleats for clipless pedaling performance with SPD pedals. 20mm of fore/aft adjustment, 5mm of lateral adjustment.	●	●
Nylon Mesh Upper Panels	Nylon mesh upper panels resist stretching and provide plenty of ventilation to help keep feet cool and dry.	●	●
Split Leather Upper	Split leather upper panels resist stretching and are impervious to water.	●	●
Reflectorizing	Reflectors on heel and side panels make the cyclist more visible at night. Pedaling movement enhances visibility.	●	●
Extra Long Hook & Loop Strap Closures	Extra-long hook-and-loop strap closures assure a snug and comfortable fit for any foot shape. Straps can be easily adjusted with one hand while riding. (SH-A100 has two straps, SH-A051 has one strap.)	●	●
Anatomical Construction Heel	Anatomical construction heel reduces pressure points and provides for a more comfortable fit that reduces energy losses. Integral reinforcement strap stabilizes heel in the shoe.		●
Cup Molded Cambrelle & EVA Inner Sole	Cambrelle & EVA composition absorbs moisture to help keep feet dry. Cup molding assures a better fit because it matches the contour of the sole of the foot. It also forms a smooth transition between the inner sole and upper panels. (Cup molding on SH-A100 only.)	●	●
Rubber Outer Sole	Low-cut rubber outer sole makes walking more comfortable.	●	●

FOOTWEAR ACCESSORIES AND REPLACEMENT PARTS

SM-SH50 (black)

Black SPD cleat set with mounting hardware. Single position release type. Code No. 4249801



SM-SH55 (silver)

Silver SPD cleat set with mounting hardware. Multiple position release type. Code No. 4249805

Spike for SH-M210 Shoe

Removable spikes can be attached to the SH-M210 shoe for better traction in mud and loose dirt.



SM-SH74

Cleat adaptor set for use only with Shimano racing shoes (models SH-R200, SH-R110, SH-T110) and Shimano SPD racing pedals. Code No. 34269807



SM-SH70

Fixed binding type SPD cleat set for SH-R210/R120/T120 shoe. Includes mounting hardware and cleat protector pontoons. One pair. Code No. 4269804



SM-SH71

Rotational binding type SPD cleat set for SH-R210/R120/T120 shoe. Includes mounting hardware and cleat protector pontoons. One pair. Code No. 4269805



SM-SH24

Shimano design Look®-compatible cleat set with mounting hardware. Code No. 40B9811



SM-SH31

Shimano design standard cleat set with mounting hardware. Code No. 40B9802

SH-CV20

Rugged high-top neoprene shoe covers shut out water and mud. Hook and loop straps assure snug fit.

SIZE Shimano shoe size

S	36 - 38 1/2
M	39 - 41 1/2
L	42 - 44 1/2
XL	45 - 48



SH-SD10

Shimano sandals give your feet a gentle massage off the bike. Hook and loop straps for adjustable fit. Odor-resistant sole.

SIZES

S	39
M	41
L	43
XL	46



Shimano Shoe Inserts

Shoe inserts provide a greater cushioning effect and enhance comfort.

SIZES

36-38 1/2	39-40 1/2
41-41 1/2	43-44 1/2
45-46 1/2	47-48



SM-PD51

Reflector set for PD-7410 and PD-6500 pedals.



SM-PD20

Reflector set for PD-M737 and PD-M525 pedals. Code No. 41A9804



SM-PD30

Reflector set for PD-A525 pedals. Code No. 4259801



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To obtain service under this warranty, you must send your Shimano product, together with the retail seller's original bill, your charge of credit receipt, or other satisfactory proof of the date of purchase of the product in the United States or Canada to Shimano American Corporation, One Shimano Drive P.O. Box 19615 Irvine, CA 92713-9615. Any postage, insurance or shipping costs incurred in sending your Shimano product for service are your responsibility.

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2. Damage occurring during shipment of the products (such claims must be presented directly to the carrier).
3. Damage to products resulting from improper assembly or repair.
4. Damage resulting from causes other than defects in materials and workmanship, including but not limited to, lack of technical skill, competence, or experience of the user.
5. Damage or deterioration to the surface finish, aesthetics or appearance of the product.
6. The labor required to remove and/or re-fit and re-adjust the product within the bicycle assembly.
7. Normal wear to the product.

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For countries other than the United States or Canada please contact your distributor or agent.

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